



# Program Kits 411

Nation's Capital Program Kits are available to borrow at no cost to leaders and can be delivered to any Council office for pickup. Kits are fun, age-appropriate resources and are available for varied subjects such as the environment, teamwork and healthy living. Many kits support badges from the *Girl's Guide to Girl Scouting*.

Kits are adaptable and can be used once or over a series of meetings or camp days, providing enriching activities for Girl Scouts in a variety of settings. Included facilitator guides walk you through the activities.

Most kits contain the non-consumable supplies for four to eight 30-45 minute related activities. Descriptions of available kits are listed on the following pages.

Leaders should **request kits at least 3 weeks in advance** of the anticipated pickup date **using the online reservation system** found at [www.gscnc.org](http://www.gscnc.org). Requests are filled on a first-come, first-served basis. Materials may not be available for all dates.

For the most updated information on **kits, patch programs, Council's Own badges and other activities**, visit [www.gscnc.org](http://www.gscnc.org).

For further questions, contact the Program Specialist who works with kits by emailing [programkits@gscnc.org](mailto:programkits@gscnc.org) or calling 202-237-1670 ext. 310.

# Program Kits

To reserve a kit, please use the reservation system link found on the Kits and Patches webpage at [www.gscnc.org](http://www.gscnc.org).

Theme	Kit or Resource	Appropriate Level					
		D	B	J	C	S	A
Adventure	<b>Brownie Letterboxer Badge</b> Letterboxing is an outdoor treasure hunt. Use navigational skills to find small weatherproof boxes that contain a unique rubber stamp. Make your own letterbox and one-of-a-kind stamp and leave clues for others to find and enjoy.		✓				
	<b>Junior Geocacher Badge</b> Become a global explorer as you hunt the world for geocache treasures. Girls use handheld GPS devices to locate geocaches and to mark the location of ones they create and leave for others to find.			✓			
Arts and Crafts	<b>Craft Boards</b> Our craft boards are tri-fold displays that offer step-by-step instructions for a variety of crafts. Girls can choose their craft and complete the activities at their own pace. Boards can be reserved individually or as a set.		✓	✓	✓	✓	✓
	<b>Classic Songbooks</b> Girl Scouts have been singing for many years, from troop meetings to campfires to national sing-alongs celebrating special Girl Scout anniversaries. This collection of songbooks help girls learn Girl Scout songs from as early as the 1920s.	✓	✓	✓	✓	✓	✓
	<b>Girl Scout Games and Dramatics</b> Games can be used many different ways in Girl Scouts – breaking the ice, developing teamwork, learning or reinforcing skills, building stamina, or just blowing off steam after sitting for too long. Get your girls up and moving with a variety of games.		✓	✓			
	<b>Screen-printing</b> Screen printing allows girls to create a one of a kind piece of art. Use screen printing to make t-shirts for your next event, or make unique items for a money-earning project.		✓	✓	✓	✓	✓
	<b>Sewing Machines</b> Four sewing machines are available for troops to check-out. The machines are (brand) and perform basic functions such as a straight stitch or a zigzag. Girls can create one-of-a-kind designs to sew on t-shirts, handbags, or whatever strikes their imagination.	✓	✓	✓	✓	✓	✓
Environment	<b>Eco-Box</b> Girls explore current environmental issues and find ways to proactively protect our natural environment. Topics discussed range from water to energy to air quality. This kit is a great supplement to the Brownie <b>Wonders of Water</b> Journey, Junior <b>Get Moving!</b> Journey, and Cadette <b>Breathe</b> Journey.	✓	✓	✓	✓	✓	✓
	<b>Enviroscape–Coastal</b> The Coastal interactive landscape model shows how pollution damages wetlands, estuaries, the ocean, beaches, coral reefs, and shellfish beds. Brownies working on the Wonders of Water Journey can use this kit as they explore issues relating to water.		✓	✓	✓	✓	✓

Environment Cont.	<b>EnviroScape–Drinking Water/Wastewater Treatment</b> The Drinking Water/Wastewater Treatment interactive landscape model shows where our drinking water comes from, what happens to water after we use it, and what biosolids are and how to dispose of them. Brownies working on the Wonders of Water Journey can use this kit as they explore issues relating to water.		✓	✓	✓	✓	✓
	<b>EnviroScape–Hazardous Materials</b> The Hazardous Materials interactive landscape model helps us to understand hazardous substances, waste, and their effects on the environment. Brownies working on the Wonders of Water Journey can use this kit as they explore issues relating to water.		✓	✓	✓	✓	✓
	<b>EnviroScape–Landfill</b> The Landfill interactive landscape model shows how modern landfill systems differ from the land disposal methods used in the past. Brownies working on the Wonders of Water Journey can use this kit as they explore issues relating to water.		✓	✓	✓	✓	✓
	<b>EnviroScape–Watershed/Non-Point Source</b> The Watershed/Non-Point Source interactive landscape model shows the origins of point and non-point sources of water pollution and how a watershed works. Brownies working on the Wonders of Water Journey can use this kit as they explore issues relating to water.		✓	✓	✓	✓	✓
	<b>EnviroScape–Wetlands</b> The Wetlands interactive landscape model shows the basic function and value of wetlands. Brownies working on the Wonders of Water Journey can use this kit as they explore issues relating to water.		✓	✓	✓	✓	✓
Financial Literacy	<b>Brownie Money Manager Badge</b> Through hands-on, meaningful activities, girls practice their shopping skills to get an idea of what things cost. Girls also work with a pretend budget to plan a trip.		✓				
	<b>Brownie Philanthropist Badge</b> Through hands-on, meaningful activities, girls identify the difference between a want and a need. Girls also explore ways to help people in their community to get what they need.		✓				
	<b>Junior Business Owner Badge</b> Through hands-on, meaningful activities, girls learn what it takes to be a business owner. Girls investigate ways to provide great customer service and understand the importance of consumer research.			✓			
	<b>Junior Savvy Shopper Badge</b> Through hands-on, meaningful activities, girls identify their needs from wants. Girls explore the reasons they want what they want and set goals and budgets for obtaining these items.			✓			
	<b>Cadette Budgeting Badge</b> Through hands-on, meaningful activities, girls create a budget based on their values. Girls track their spending, explore ways to save money, and decide how they are going to give back to their community.				✓		
	<b>Cadette Financing My Dreams Badge</b> Through hands-on, meaningful activities, girls explore their dream job and the ways in which this job can support the lifestyle they want to live.				✓		

Girl Scout Legacy	<b>Artist Badge</b> Self-expression has always been a part of Girl Scouts. Try some of the activities in this kit to get an idea of the kinds of art-related activities Girl Scouts have done through the years.	✓	✓	✓	✓	✓	✓
	<b>Athlete Badge</b> Playing games is something that has long been associated with Girl Scouts. Take a look at some of these activities and games to get a better idea of what being an athlete has meant to Girl Scouts through the years.	✓	✓	✓	✓	✓	✓
	<b>Citizen Badge</b> The lessons and experiences that girls learn through Girl Scouts help them become better citizens. Try some of the activities in this kit to see how Girl Scouts gave back to their communities years ago, and get ideas for future take action projects	✓	✓	✓	✓	✓	✓
	<b>Cook Badge</b> Juliette Gordon Low enjoyed cooking and had the talent for choosing the perfect combination of delicious dishes to make up a menu. Try some of the activities in this kit to get an idea of how cooking was like years ago.	✓	✓	✓	✓	✓	✓
	<b>First Aid Badge</b> Girl Scouts have been following their “Be Prepared” motto for many years, and it is still part of being a good Girl Scout today. Try some of the activities in this kit to get an idea of what it may have been like to learn about first aid years ago.	✓	✓	✓	✓	✓	✓
	<b>Girl Scout Way Badge</b> The Girl Scout Way is the foundation of Girl Scouting. As you go through the activities in this kit think about how important it still is to be a sister to every Girl Scout, whether they are near or far.	✓	✓	✓	✓	✓	✓
	<b>Naturalist Badge</b> Being outdoors has always been a big part of Girl Scouting. Take a look at these activities and see how Girl Scouts throughout the years have enjoyed nature.	✓	✓	✓	✓	✓	✓
Healthy Living and Teamwork	<b>Parachute Games</b> Girls focus on communication skills and cooperation within a team by playing games with a parachute.	✓	✓	✓	✓	✓	✓
	<b>Daisy Respecting Myself and Others</b> Daisies practice respect for others who are talking, learn to express feelings without hurting others, and cooperate and share when it comes to teamwork and games.	✓					
	<b>Brownie Working It Out</b> Brownies explore ways to handle frustrating situations and channel negative feelings without violence, act out problems and possible solutions, and work as a team to discover individual strengths.		✓				
	<b>Junior Choice Is Yours</b> Juniors explore ways to handle frustrating situations and channel negative feelings without violence and identify things that cause stress in their lives.			✓			
	<b>Teen Stress and Anger Management Activities</b> Cadettes, Seniors, and Ambassadors explore ways to handle frustrating situations and channel negative feelings without violence, identify things that cause stress in their lives, and try different relaxing techniques such as herbal teas, yoga, deep breathing, and taking time to pamper yourself.				✓	✓	✓

Healthy Living and Teamwork Cont.	<b>Cooperative Games 1</b> Girls use co-oper bands in teamwork exercises. The bands allow girls to experiment with trust, caution, risk-taking, and release in a safe and supportive environment.		✓	✓	✓	✓	✓
	<b>Cooperative Games 2</b> Girls focus on skills that make teamwork successful. Communicating clearly and learning to cooperate in a group are important life skills.			✓	✓	✓	✓
	<b>Zink the Zebra</b> Zink is a zebra with spots who feels different from other zebras. By learning about Zink, girls gain a sense of awareness and appreciation for individual differences, as well as helping foster compassion and respect for others with perceived or actual differences.	✓	✓	✓	✓	✓	✓
	<b>GirlSports Basics</b> Help girls learn basic sport skills with this comprehensive kit. Exercising and taking part in sports can enhance physical and mental health, build greater bone mass, maintain proper weight, improve school performance, and increase self-esteem and self-image. Girls who play sports are more likely to take action to address issues in their community.	✓	✓	✓			
	<b>Grow Strong Daisies</b> The Grow Strong program provides resources and activities that instill in girls the habits that will influence their emotional and physical health for the rest of their lives.	✓					
	<b>Grow Strong Brownies/Juniors</b> The Grow Strong program provides resources and activities that instill in girls the habits that will influence their emotional and physical health for the rest of their lives.		✓	✓			
	<b>Grow Strong Cadettes/Seniors/Ambassadors</b> The Grow Strong program provides resources and activities that instill in girls the habits that will influence their emotional and physical health for the rest of their lives.				✓	✓	✓
<b>Yoga Mats</b> Check-out these yoga mats and show your girls some relaxing yoga moves. The mats can be used with any kit in the Healthy Living and Teamwork category. Great to use in a station at a larger event.	✓	✓	✓	✓	✓	✓	
History	<b>American Flag</b> The American flag is one of the most recognized symbols of our country. This kit provides activities and materials to teach girls about flag history, etiquette and display, symbols of our nation, flag ceremonies, and flag crafts.	✓	✓	✓	✓	✓	✓
	<b>Brownie History Box</b> Check out this kit and learn about the history of the Brownies—from uniforms to pins to the progression of Brownies today. Discover the meals, clothing, and entertainment that were popular back then for Brownies.		✓				
	<b>Brownie Uniforms</b> Curious about the evolution of the Brownie uniform? This kit contains Brownie uniforms and accessories representing each era of Girl Scouting. Great for fashion shows and use in ceremonies.		✓				

History Cont.	<b>Early Girl Scout Skills</b> Step back in time and learn how Girl Scouts in the 1920s and 1930s communicated with each other using flags. While you're at it, learn how to use a bandana 99 different ways. This kit is a wonderful opportunity for girls to see what Girl Scouting was like 'back then.'	✓	✓	✓	✓	✓	✓	
	<b>Junior History Box</b> In 1963, "Junior Girl Scouts" were born. Join in games and activities that show you what it was like to be a Junior in the '60s. Includes a period uniform.			✓				
	<b>Junior Uniforms</b> This kit contains Junior uniforms and accessories representing each era of Girl Scouting. They are great for fashion shows and use in ceremonies.			✓				
	<b>Rockwood History Box</b> Rockwood Manor served as the Girl Scout National Center from 1939-1979. It was a gathering place for Girl Scouts and Girl Guides from all over the world. Learn about this special place with memorabilia and activities.			✓	✓	✓	✓	
	<b>Teen Uniforms</b> This kit contains different teen uniforms and accessories representing different eras of Girl Scouting. They are great for fashion shows and use in ceremonies.				✓	✓	✓	
	<b>Uniforms Through the Years: Uniform Sampler</b> This sampler contains various original and reproduction girl uniforms and accessories issued and/or sanctioned by Girl Scouts, from 1912 to the present.	✓	✓	✓	✓	✓	✓	✓
Journeys	<b>WOW! Wonders of Water Journey</b> This kit includes activities and resources to help girls earn the LOVE Water award. Girls will work together to explore water – the issues surrounding it and ways to protect and conserve it.		✓					
	<b>Get Moving! Journey</b> This kit includes tools and resources to help girls earn the Energize and Investigate awards in the Junior <b>Get Moving!</b> Journey. Girls will work together to learn about energy and explore methods for conserving this valuable resource.			✓				
	<b>Breathe Journey</b> This kit includes tools and resources to help girls earn the Aware award in the Cadette <b>Breathe</b> Journey. Girls will work together to learn about the air around them and explore methods for keeping this valuable resource clean.				✓			
Outdoor Skills	<b>Compass Kit</b> Never get lost again! Cell phones don't always work in the woods, so here's your chance to learn how to navigate using a compass. Practice finding north, east, south, and west with orienteering compasses, a giant teaching compass, and books with instructions.			✓	✓	✓	✓	
	<b>Compass Games Kit</b> The games in this kit are designed to be used at Camp Brighton Woods. Girls have fun as they get their bearings and learn how to navigate with an orienteering compass. This kit does not include any compasses so be sure to check out the Compass Kit, too.			✓	✓	✓	✓	

	<p><b>Knot Board</b> The knot board is a roughly 4 x 3 foot board with examples of tied knots. This board is great for showing girls what certain knots look like. Great for troop meetings and at camp.</p>	✓	✓	✓	✓	✓	✓
	<p><b>PEGS: Leave No Trace</b> This interactive kit allows girls to explore the world around them and learn how they can preserve the natural environment. As cities grow and populations encroach upon wildlands and recreation areas, we must do more than just pick up litter and extinguish campfires; we must learn how to maintain the integrity and character of the outdoors for all living things. Great for troop meetings and camp.</p>	✓	✓	✓	✓	✓	✓
	<p><b>Telescope Kit</b> Check out a telescope and enjoy sharp views of lunar craters and mountains, Jupiter and its moons, and Saturn's rings. This is a fun activity to do while camping where there is less light pollution.</p>			✓	✓	✓	✓
Naturalist	<p><b>Brownie Bugs Badge</b> Explore the world of bugs and learn about these little creatures through this interactive, fun-filled kit. Take it on your next camping adventure or spend the day in a park observing the bugs that live there.</p>		✓				
	<p><b>Junior Flowers Badge</b> Uncover the science of flowers through this kit designed to help Juniors earn the Flowers badge. This kit is a great addition to a camp weekend or a sunny spring day in the park.</p>			✓			
	<p><b>Cadette Trees Badge</b> From designing a tree house, to discovering what <i>dendrochronology</i> means, you will learn all there is to know about trees! Check out this kit and help your girls earn the Trees badge. Great addition to a camp weekend or a visit to a national forest.</p>				✓		
STEM—Bridging the Gap	<p><b>Goggle Tub</b> Check out some goggles when you check-out any of the science kits. Goggles are made of plastic and are designed to cover the top of the face. Adjustable with a strap so they fit everyone.</p>	✓	✓	✓	✓	✓	✓
	<p><b>Daisy Color Wonders</b> In this kit, Daisies explore science concepts through hands-on activities. Girls mix primary colors to make new colors. Encourage your girls to explore and experiment in a fun and safe environment.</p>	✓					
	<p><b>Real-World STEM Challenges</b> Girls gain knowledge and experience in the STEM disciplines by working on engaging project-based activities or challenges. From making a raft that will float to fixing a leaking roof, girls will naturally explore, observe, predict, and investigate concepts among the STEM disciplines.</p>	✓					
	<p><b>Brownie Earth and Sky</b> In this kit, Brownies explore the three stages of water, identify different cloud types, practice reading a ruler scale, and explore life as a Paleontologist.</p>		✓				
	<p><b>Brownie My Body</b> In this kit, Brownies explore science concepts through hands-on activities. Girls identify the different parts of the body, learn about</p>		✓				

## STEM—Bridging the Gap Cont.

	the different ways the brain works, and discover the uniqueness of fingerprints.						
	<b>Brownie Numbers and Shapes</b> In this kit, Brownies explore math concepts through hands-on activities. Tangram puzzles, origami, and Mobius strips allow girls to develop spatial relationships while having fun.		✓				
	<b>Brownie Science in Action</b> In this kit, Brownies explore science, technology, and engineering concepts through hands-on activities. Girls are introduced to physics, learn how to read and make a bar code, and make their own sundial wrist watch.		✓				
	<b>Brownie Science Wonders</b> In this kit, Brownies explore science concepts through hands-on activities. Girls discover the properties of magnets, perform simple chemistry experiments, and learn about energy through static electricity.		✓				
	<b>Brownie Senses</b> In this kit, Brownies explore science concepts through hands-on activities. Girls identify the five senses (sight, hearing, touch, taste, smell) and learn how to compensate when one or more of their senses is lost.		✓				
	<b>Junior Aerospace</b> In this kit, Juniors explore science and engineering concepts through hands-on activities. Girls make paper airplanes and kites to see the difference in engineering designs, and explore many different career options in the aerospace industry.			✓			
	<b>Junior Making it Matter</b> In this kit, Juniors explore engineering concepts through hands-on activities. Girls build a bridge, develop spatial visualization skills by drawing objects in 3-D, make electrical gadgets, and identify careers in engineering.			✓			
	<b>Junior Rocks Rock</b> In this kit, Juniors explore science and engineering concepts through hands-on activities. Girls act like geologists and identify rocks and minerals, discover how fossils are formed, and study plate tectonics and how they relate to earthquakes.			✓			
	<b>Junior Science in Everyday Life</b> In this kit, Juniors explore science, technology, engineering, and math concepts through hands-on activities. Girls make snowflakes, sundials, water clocks, and paper rockets to see how STEM is found everywhere in their lives.			✓			
	<b>Junior Science Sleuth</b> In this kit, Juniors explore science through hands-on activities. Girls make crystals, identify fingerprints, and build simple machines to move objects.			✓			
	<b>Junior Weather Watch</b> In this kit, Juniors explore science and technology concepts through hands-on activities. Girls act like meteorologists and study the effects of air pressure on weather systems, measure wind speed and direction, temperature, precipitation, and learn about technology used to help monitor weather patterns.			✓			
	<b>Design Time: Girls Go Techbridge</b> Design Time ignites interest in engineering with girls' love of being creative and artistic. Girls will experience the Engineering Design Process, including brainstorming, designing, testing and redesigning, first-hand as they design and create products. They						



	<p>will also explore careers that play a major role in the creation of products in the market today. The materials in this kit help your girls complete the required activities to earn the Junior Product Designer badge. This kit can also be done in conjunction with the Junior aMUSE Journey.</p>			✓	✓		
	<p><b>Teen Science Activities</b>  In this kit, Cadettes, Seniors, and Ambassadors explore science and engineering concepts through hands-on activities. Girls build an electrical device, locate stars and constellations, and design and build a kite</p>				✓	✓	✓
	<p><b>Teen Build A Better Future</b>  In this kit, Cadettes, Seniors, and Ambassadors explore science and engineering concepts through hands-on activities. Girls explore physics to understand how roller coasters are created, make art from polystyrene plastic, learn about assistive technology, and build electrical gadgets.</p>				✓	✓	✓
	<p><b>Teen Eco-Action</b>  In this kit, Cadettes, Seniors, and Ambassadors explore science concepts through hands-on activities. Girls use a solar cell to generate electricity, identify different plastics by testing their melting point and density, and compare natural and manufactured fibers for clothing.</p>				✓	✓	✓
	<p><b>Teen Math, Maps and More</b>  In this kit, Cadettes, Seniors, and Ambassadors explore math concepts through hands-on activities. Girls explore the different functions of graphs, use statistics to crack a secret code, and learn about women mathematicians.</p>				✓	✓	✓
	<p><b>Teen Space Exploration</b>  In this kit, Cadettes, Seniors, and Ambassadors explore science and engineering concepts through hands-on activities. Girls build a paper rocket powered by Alka-Seltzer and discover why telescopes in outer space are beneficial to our understanding of space.</p>				✓	✓	✓
	<p><b>Robotics</b>  Master the science behind tomorrow’s technology and build the best Robot the world has seen! Girls learn how radio control and motors works as well as the science behind pulleys. The Robotics kit is sure to instill creativity and imagination while bringing an invaluable science and engineering education without compromising fun!</p>	✓	✓	✓	✓	✓	✓