



**Be bold.  
Be brave.**

# RAISE YOUR HAND

When Girl Scout Junior Alice noticed that boys were aggressively participating in activities at a school fair, she started to worry that girls were fading into the background. Now, Alice has a message for girls everywhere to help them have more confidence, step up and become leaders: Girl Scouts Raise Your Hand. Here's how you can get involved:

- 1** Visit [gscnc.org/raiseyourhand](http://gscnc.org/raiseyourhand) to sign our online pledge and commit to raising your hand in class.
- 2** **Recruit three girls** (they don't have to be Girl Scouts!) to take the pledge.
- 3** Tell us how raising your hand **made you feel**. Take a picture showing us how you raise your hand, and email it to [raiseyourhand@gscnc.org](mailto:raiseyourhand@gscnc.org).
- 4** Visit our Girl Scout shop and purchase a **Raise Your Hand participation patch**.

Girls are typically called on less in class than boys—so it's important to teach them to get their hands up!

*American Association of University Women 1992*

The confidence gap starts between elementary school and high school, girls' self-esteem drops 3.4 times more than boys'.

*American Association of University Women 1991*



## How do I incorporate Raise Your Hand into my troop meeting?

The Raise Your Hand campaign can be a great way to help your girls empower themselves to succeed in school and in life. Try using the following discussion questions to start a conversation on confidence, and close by having your girls read out loud and sign the Raise Your Hand pledge on the back of this flyer. And, there is a participation patch available in the Girl Scout shop.

- 6** Do you think girls tend to be more quiet than boys in school? If so, why do you think that is?
- 6** Has there been a time when you were afraid to raise your hand in class because you weren't sure you had the right answer?
- 6** Did you know that in co-ed learning environments, boys receive more praise than girls when they call out in class? How does this make you feel?
- 6** What are some ways we can work on feeling confident in school?

I pledge...

\_\_\_\_\_ to be \_\_\_\_\_

**BOLD**

*to be brave*

and to

**RAISE MY**

**HAND**

..... ***in class*** .....



*sign here*