

# Girl Scout Week Activity Resources

March 9th - 16th, 2024

## Sunday March 10th

Girl Scout Sunday

Girl Scout Week is a time when we shout our Girl Scout pride from the rooftops! It's also a time when many troops celebrate the connections between Girl Scouting and their faith, learn more about other faiths, and thank faith partners for their support throughout the year.



### **Monday March 11th**

Make a Difference Monday

Just like generations of Girl Scouts before you, your kindness and compassion make a difference! Girl Scouts have a history of helping out. From selling Treasury Bonds during WWI to donating cookies today, from learning first aid in WWII to making masks during COVID-19, Girl Scouts continue legacy of giving back.



### **Tuesday March 12th**

Girl Scout Birthday

Join us in celebrating and honoring the Girl Scout Movement. We observe Girl Scouts' birthday on March 12th. Girl Scouts' birthday commemorates the day in 1912 when Juliette Gordon Low officially registered the first 18 Girl Scouts in Savannah, Georgia.



### Wednesday March 13th

Wild Wednesday

Girl Scouts are a force of nature! Whether they're swimming in a lake for the first time at summer camp, discovering the wildlife in their own backyards, or being a citizen scientist and observing bees in their local park, every outdoor adventure grows a Girl Scout's "I've got this" attitude.



### **Thursday March 14th**

**Throwback Thursday** 

Celebrate Girl Scout history! Learn more about how Girl Scouts has been blazing trails and redefining what's possible for girls everywhere since 1912, igniting a movement where every girl can unlock her full potential, find lifelong friends, and make the world a better place.



### Friday March 15th

Feel Good Friday

The Girl Scout slogan is "Do a good turn daily." The slogan, which has been used since 1912, is a reminder that Girl Scouts can make a difference in big and small ways. Service can bring a smile and put you in a Feel Good Friday mood!

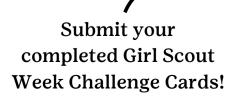


### Saturday March 16th

Girl Scout Sabbath/Shabbat

Everything in Girl Scouting is based on the Girl Scout Promise and Law, which include many principles and values that are common across religions. This week is an opportunity to celebrate faith and learn more about the religious connections that many Girl Scouts hold dear.







# Girl Scout Sunday



Complete one of the three activities' listed to be eligible for the Girl Scout Week 2024 commemorative Patch

### Host a Girl Scouts Celebrate Faith Event to highlight your Troop's faith connections

Girl Scout Week is a time when we shout our Girl Scout pride from the rooftops! It's also a time when many troops celebrate the connections between Girl Scouting and their faith, learn more about other faiths, and thank faith partners for their support throughout the year. Girls can join in the festivities on three specially designated dates (or a day of your choosing): Girl Scout Sunday: Sunday, March 10, 2024
Girl Scout Jummah: Friday, March 15, 2024
Girl Scout Sabbath/Shabbat: Friday, March 15 – Saturday, March 16, 2024

# Invite a friend who is not currently a Girl Scout to your next Girl Scout event

Everything is better with friends, especially Girl Scouts! Invite your friends to attend a Girl Scout with you that they might be interested in. Whether it's a overnight camp out, STEM experiment or service project sharing the fun with friends makes it even better!

# Work towards your My Faith My Promise Pin as you explore the Girl Scout Law and its connection to faith

The My Promise, My Faith pin invites Girl Scouts to experience a faith journey by exploring the connections between the Girl Scout Law and teachings from their faith. This pin can be earned each year. Requirements for this pin are included in The Girl's Guide to Girl Scouting for all levels. Resources are available for both <u>younger</u> and <u>older Girl Scouts</u>.

## Make a Difference Monday



Complete one of the three activities' listed to be eligible for the Girl Scout Week 2024 commemorative Patch

# Write a letter to your elected local official about an issue you care about

Think about something you'd like to see changed. Once you have an idea, you need to identify who can help you make the change! Once you know who can help, write a letter that details the problem and outlines a potential solution. Be specific and explain why this issue is important to you.

## Plan a Take Action or Community Service Project that addresses an issue within your local community

Community service projects make the world a better place right now. Whether your girls engage in a short-term community service project, their work fills an immediate need in the community. Take Action projects—also called service learning—take community service to the next level as a Take Action project addresses the root of an issue and creates a lasting effect.

### Learn more about the United Nation's Global Goals and how to earn your Girl Scout Global Action award

The United Nations has identified 17 important global problems to work on. By learning more about them, connecting with others who care, and then taking action in your community and beyond, you can play an important role in healing our world and creating a better tomorrow for all of us. Plus? You'll earn a special award.

# **Birthday Tuesday**



Complete one of the three activities' listed to be eligible for the Girl Scout Week 2024 commemorative Patch

## Show your Girl Scout Pride by wearing your uniform or Girl Scout shirt to School or work

Take a picture of your Girl Scout Outfit and tag GSCNC on social media. Who knows, maybe you will be chosen to be featured on one of GSCNCs social media channels!



# Gather birthday party supplies, like boxed cake mix and decorations, and donate them to your local food pantry

Everyone enjoys celebrating their birthday but they might not always have what they need to do so. Collect supplies like cake mix, frosting, candles, a disposable cake pan, a tablecloth, plates, cups and utensils, party hats and favors, balloons, a Happy Birthday banner, invitations and thank you cards - so someone in need can have a birthday bash!

# Host a Girl Scout Birthday party and decorate to highlight your favorite things about Girl Scouts

Celebrate with birthday cake, party games, and more. Invite your sister Girl Scouts and friends who are not yet Girl Scouts. Ask guests to bring a birthday gift to donate to a local charity.

# Wild Wednesday

Complete one of the three activities' listed to be eligible for the Girl Scout Week 2024 commemorative Patch

### Learn more about Wildlife and work towards the Endangered Species GSCNC Patch

Do you want to protect wildlife, our environment, and make the world a better place? In 1973, Congress passed the Endangered Species Act (ESA) to recognize the environmental importance of protecting species from extinction. As you explore the importance of the ESA you will discover how to protect an endangered species and the habitat they depend on to survive.

# Collect recyclable materials in your community and deliver them to a drop off center

Reduce, reuse, recycle, as the saying goes. Recycling is often the first thing that comes to mind when people think about going green. However, different localities have different rules for recycling - research the rules in your community and get to work!

# Get Outside and complete an activity from the Girl Scouts Love the Outdoors Challenge

You don't need access to a national park or the woods to enjoy the outdoors! It doesn't matter if you're becoming a rockstar at rock climbing or making a splash in the puddles around your neighborhood - just get outside and have fun!

# Throwback Thursday

Complete one of the three activities' listed to be eligible for the Girl Scout Week 2024 commemorative Patch

### <u>Learn more about the first Girl Scout Troop,</u> <u>formed on this day in 1912 in Savannah Georgia</u>

At a time when women in the United States couldn't yet vote and were expected to stick to strict social norms, encouraging girls to embrace their unique strengths and create their own opportunities was game-changing. That small gathering of girls over 100 years ago ignited a movement across America where every girl could unlock her full potential, find lifelong friends, and make the world a better place.

# Share your favorite Girl Scout Memory on Social Media with the #gsbday2024

Whether it's the very first badge you earned, an epic outdoor adventure or impactful take action project share your favorite Girl Scout memory with others. Be sure to thank the volunteers who made it possible! And don't forget to tag GSCNC on social media @GSCNC

### Research historical Girl Scout Badges utilize the Council's archival and historical resources

Girl Scouts has a rich history and that includes the many badges that Girl Scouts have earned over the years. Learn more about GSCNC's history with the Time Traveler patch or the Girl Scout History Project.

# Feel Good Friday 😊

Complete one of the three activities' listed to be eligible for the Girl Scout Week 2024 commemorative Patch

# Do a good turn and encourage others in your community to do the same

The Girl Scout slogan is "Do a good turn daily." The slogan, which has been used since 1912, is a reminder that Girl Scouts can make a difference in big and small ways. That can be as big as making a sustainable change through a highest award project or as small as keeping a bedroom clean,

# Give a compliment share a smile and say thank you throughout your day

Sounds too simple, right? But sometimes the simple gestures that cost you nothing to give away have the biggest impacts. Simply making it a point to smile is an easy way to pass on a bit of kindness and friendliness in your troop meetings, on field trips, and beyond.

# Pursue the Mental Wellness Patch Program and learn more about mental health

Mental health encompasses emotional and psychological health—it impacts how we think, feel, and act. Everyone has a state of mental health, just as everyone has a state of physical health. Learn how you can stay mentally healthy.

## Girl Scout Sabbath



Complete one of the three activities' listed to be eligible for the Girl Scout Week 2024 commemorative Patch

## Make SWAPs to share (also known as Special Whatchamacallits Affectionately Pinned Somewhere)

These are small tokens of friendship that Girl Scouts exchange with one another, and each SWAP uniquely reflects a fellow Girl Scout, their troop, or a memory of a special event. They're a great way to share stories and get to know Girl Scouts from across the country and the world.

# Learn about the Religious Recognitions offered by different faith communities to Girl Scouts

Created by national religious organizations to encourage the spiritual growth of youth members, religious recognition programs reinforce many of the values integral to Girl Scouting and help girls grow stronger in and learn more about their chosen faith.

# Learn more about other faiths and the traditions within their religious community

Everything in Girl Scouting is based on the Girl Scout Promise and Law, which include many principles and values that are common across religions. Research and learn how others connect their faith with their Girl Scouting activities.

## Resource Links

### Girl Scout Sunday - March 10th

#### **Activity 1**

https://www.girlscouts.org/en/footer/faith/celebrate-faith-event.html

#### Activity 2

 $\frac{https://girlscoutsconnect.sharepoint.com/sites/CouncilSharingCenter/SiteAssets/Forms/AllItems.aspx?}{id=\%2Fsites\%2FCouncilSharingCenter\%2FSiteAssets\%2FSitePages\%2FGirl\%2DScout\%2DSpirit\%2DWeek\%2D\%2DM2DGS\%2DSpirit\%2Dof\%2DNebraska%2F2019\%2DInvite\%2Da%2DFriend%2DMeeting%2DGuide%2Epdf&parent=\%2Fsites%2FCouncilSharingCenter%2FSiteAssets%2FSitePages%2FGirl\%2DScout%2DSpirit%2DWeek%2D%2D%2DGS%2DSpirit%2Dof%2DNebraska}$ 

#### **Activity 3**

 $\frac{https://www.girlscouts.org/content/dam/girlscouts-gsusa/forms-and-documents/about-girlscouts/gs-and-faith/Faith\ Handout\ EnglishDescription.pdf}$ 

https://www.girlscouts.org/content/dam/girlscouts-gsusa/forms-and-documents/about-girlscouts/gs-and-faith/faith\_booklet\_younger.pdf

 $\frac{https://www.girlscouts.org/content/dam/girlscouts-gsusa/forms-and-documents/about-girlscouts/gs-and-faith/faith_booklet_older.pdf$ 

### Make a Difference Monday - March 11th

### **Activity 1**

https://www.gsema.org/content/dam/girlscoutseasternmass-redesign/hidden/letter-to-the-decision-maker.pdf

### **Activity 2**

https://www.girlscouts.org/en/tips-for-troopleaders/programming/community-service-and-take-action-projects.html

### **Activity 3**

https://www.girlscouts.org/en/members/for-girl-scouts/ways-to-participate/global-girl-scouts/global-action-award.html

https://www.girlscouts.org/content/dam/gsusa/forms-and-documents/members/global/documents/GSUSA Global-Action-Award-2023-Activity-Guide-DBJ.pdf

https://www.girlscouts.org/content/dam/gsusa/forms-and-documents/members/global/documents/GSUSA Global-Action-Award-2023-Activity-Guide-CSA.pdf

https://www.girlscouts.org/content/dam/gsusa/forms-and-documents/members/global/GSUSA\_Global-Action-Days-Toolkit.pdf

### Girl Scout Birthday - March 12th

#### Activity 2

https://www.triedandtruebytrista.com/girl-scout-service-project/

https://www.pioneertribune.com/articles/girl-scouts-create-birthday-kit-donations/

https://www.cbsnews.com/colorado/news/girl-scout-troop-birthday-kits-food-pantry/

### Wild Wednesday - March 13th

#### **Activity 1**

https://www.un.org/sustainabledevelopment/development-agenda/

https://www.gscnc.org/content/dam/gscnc-

redesign/documents/Kits%20and%20Patches/ESApatch16june.pdf

#### **Activity 2**

 $\underline{https://www.girlscouts.org/en/our-stories/girl-scouts/gold-award/gold-award-girl-scout-breaking-\underline{the-cycle-of-improper-recycling.html}$ 

https://dpw.dc.gov/sites/default/files/dc/sites/dpw/page\_content/attachments/DC%20Recycling%20Fact%20Sheet.pdf

#### **Activity 3**

https://www.girlscouts.org/en/activities-for-girls/for-every-girl/girl-scouts-love-the-outdoors-challenge.html

https://www.girlscouts.org/content/dam/gsusa/forms-and-documents/activity-zone/all-ages-levels/GSUSA Girl-Scouts-Love-The-Outdoors-Challenge worksheet.pdf

### Throwback Thursday - March 14th

### **Activity 1**

https://www.girlscouts.org/en/discover/about-us/history.html

https://www.girlscouts.org/en/discover/about-us/history/juliette-gordon-low.html

https://www.gscnc.org/content/dam/gscnc-

redesign/documents/Time%20Traveler%20Patch%20Program.pdf

#### **Activity 3**

https://www.gscnc.org/content/dam/gscnc-

redesign/documents/Time%20Traveler%20Patch%20Program.pdf

https://gshistory.com/category/badges/

### Feel Good Friday - March 15th

#### **Activity 1**

https://www.girlscouts.org/en/activity-zone/national-service-projects.html

#### **Activity 2**

 $\frac{https://www.girlscouts.org/en/tips-for-troopleaders/members/5-ways-to-cultivate-kindness.html#:~:text=The%20Girl%20Scout%20slogan%20is,as%20keeping%20a%20bedroom%20clean.}$ 

https://www.girlscouts.org/content/dam/girlscouts-gsusa/forms-and-documents/for-adults/volunteer/21\_Membership\_VolunteerAppreciationMonth-VAM-Older\_cards\_1080x1920.pdf

https://www.girlscouts.org/content/dam/girlscouts-gsusa/forms-and-documents/for-adults/volunteer/21 Membership VolunteerAppreciationMonth-VAM-Younger card 1080x1920.pdf

#### **Activity 3**

https://www.girlscouts.org/en/activities-for-girls/for-every-girl/mental-wellness-patches.html#unlock

https://www.girlscouts.org/content/dam/gsusa/forms-and-documents/activity-zone/all-ages-levels/GSUSA Resilient-Ready-Strong Activity-Guide.pdf

https://www.girlscouts.org/content/dam/gsusa/forms-and-documents/activity-zone/all-ages-levels/23 GSUSA MentalWellness Knowing-My-Emotions-Facilitator-Guide.pdf

https://www.girlscouts.org/content/dam/gsusa/forms-and-documents/activity-zone/all-ages-levels/23\_GSUSA\_MentalWellness\_Finding-My-Voice-Facilitator-Guide.pdf

https://www.girlscouts.org/content/dam/gsusa/forms-and-documents/activity-zone/all-ages-levels/23 GSUSA MentalWellness Showing-Up-For-Me-and-You-Facilitator-Guide.pdf

#### Girl Scout Sabbath - March 16th

### **Activity 1**

https://www.girlscouts.org/en/members/for-volunteers/traditions-and-ceremonies.html

https://www.gscwm.org/content/dam/gscwm-redesign/documents/Simple%20Crafts%20and%20SWAPS.pdf

### **Activity 2**

https://www.girlscouts.org/en/footer/faith.html

 $\underline{https://www.girlscouts.org/content/dam/girlscouts-gsusa/forms-and-documents/about-girl-scouts/gs-and-faith/PRAY\_Chart.pdf}$ 

### **Activity 3**

https://girlscoutsconnect.sharepoint.com/sites/CouncilSharingCenter/SiteAssets/Forms/AllItems.aspx?
id=%2Fsites%2FCouncilSharingCenter%2FSiteAssets%2FSitePages%2FGirl%2DScout%2DSpirit%2DWeek%2D%2D%2D
GS%2DSpirit%2Dof%2DNebraska%2F2019%2DInvite%2Da%2DFriend%2DMeeting%2DGuide%2Epdf&parent=%2Fsites
%2FCouncilSharingCenter%2FSiteAssets%2FSitePages%2FGirl%2DScout%2DSpirit%2DWeek%2D%2D%2DGS%2DSpirit%2Dof%2DNebraska