



Girl Scout Council of the Nation's Capital  
 4301 Connecticut Avenue, N.W.  
 Washington, D.C. 20008  
 Phone: 202-534-3776 Fax: 202-274-2161  
 EMAIL: adelavega@gscnc.org

**B225**

**APPLICATION FOR  
 225 LIGHTWEIGHT  
 REQUALIFICATION or TRANSFER QUALIFICATION**

In the Girl Scout Council of the Nation's Capital, Outdoor Camping skills must be requalified every three years. Your application must be sent by email, mail or fax to 4301 Connecticut Ave, N.W. Washington, D.C. 20008, Attn: April Dela Vega. If you have any questions, please contact April at adelavega@gscnc.org or by calling 202-534-3776. **YOU MUST** be as specific as possible with dates and locations and **YOU MUST** bring a copy of your training card

**2. Do you qualify to take a 225 Requalification Skills Test?**

To qualify:

- You have taken 250 Lightweight Camping not more than three years ago (a grace period of 6 months past expiration is allowed);

**OR**

- You have equivalent and CURRENT (within past three years) camp qualification gained with another youth group or council but have not taken outdoor training in this council.\*\*

**If you meet these requirements:**

A 225 Requalification Skills Test will requalify you for 250 Lightweight Camping. Alternatively, you may choose to take 260 Backpacking.

**If you are transferring from another youth group or council, before taking 225 you must take:**

\*\*101 Basic Leadership Training

Please type or print in black ink. Illegible applications may be returned to you.

**1. PERSONAL INFORMATION**

NAME: \_\_\_\_\_ \_ASSOC./S.U.: \_\_\_\_\_

ADDRESS:

CITY: \_\_\_\_\_ ST: \_\_\_\_\_ ZIP: \_\_\_\_\_

E-MAIL ADDRESS: \_\_\_\_\_

PHONE HOME (     ) \_\_\_\_\_

WORK (     ) \_\_\_\_\_

Best time to reach me: \_\_\_\_\_

**2. PREVIOUS CAMPING QUALIFICATION (Outdoor Courses, only)**

(No longer limited to most recent courses.)

Course Name (GSCNC)/ Course Description (non-GSCNC)	Date	Trainer / Organization
<b>** 101 or 100A/B Basic Leadership (Prerequisite)</b>		

**3. TROOP/GIRL SCOUT GROUP CAMPING EXPERIENCES**

Please indicate the approximate number and approximate dates of experiences you have participated in WITH A TROOP OR GIRL SCOUT GROUP ONLY during the last 3 years.

Type of Outdoor Experience	Place	Date(s)
<p style="text-align: center;"><b>TENT CAMPING,</b></p> <hr style="width: 25%; margin: auto;"/> <p style="text-align: center;"><b>NON-PRIMITIVE SITE</b></p>		
<p style="text-align: center;"><b>PRIMITIVE / LIGHTWEIGHT</b></p> <p style="text-align: center;"><b>CAMPING</b></p> <p style="text-align: center;"><b>(SITE LESS THAN 2 MILES FROM CARS)</b></p>		

Type of Outdoor Experience	Place	Date(s)
<b>BACKPACKING / TREKKING</b>		
<b>JAMBOREE / CAMPOREE</b>		
<b>ADDITION CAMPING EXPERIENCES</b>		

#### 4. OUTDOOR SKILLS CHECKLIST

Please check the appropriate box (es) for your skill level

SKILL AREA	NEED REVIEW	CAN DO THIS	CAN TEACH	HAVE DONE LAST 3 YRS	CAN SHARE A TECHNIQUE
1. Selecting a nylon tent	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2. Pitching a nylon tent	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3. Pitching/using tarp shelters	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4. Selecting/minimizing clothes	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5. Selecting and repacking food	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6. Caching food and garbage	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
7. Tripod and chain	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
8. Sterno stoves	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
9. Butane/propane backpacking stove	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
10. Low-impact camping	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

#### 4. OUTDOOR SKILLS CHECKLIST (continued)

Please check the appropriate box (es) for your skill level

SKILL AREA	NEED REVIEW	CAN DO THIS	CAN TEACH	HAVE DONE LAST 3YRS	CAN SHARE A TECHNIQUE
11. Choosing/setting up site	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
12. Backcountry site dishwashing	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
13. Digging, screening and closing a latrine	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
14. Using a cathole	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
15. Camping application procedures	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
16. Equipment rental procedures	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
17. Insurance forms and procedures	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
18. Emergency procedures	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
19. Troop Event Packets	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
20. Campsite security and safety	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
21. Transportation safety	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
22. Camping-certified adult	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
23. First-aid responsibilities	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
24. Girl-Adult planning	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
25. Planning and scheduling for camping overnight	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
26. Camping with girls and/or adults with special needs	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
27. Pre-site inspection	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
28. Using "staying-found" techniques	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
29. Recycling	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
30. Water purification	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
31. Water filtration	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
32. Checking the weather	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

**OUTDOOR SKILLS INVENTORY FOR CERTIFICATION AT LEVEL 225**

**A) SAFETY STANDARDS**

What forms are required to camp at backcountry, council or non-council, campsites?

What factors determine whether an activity is a High Adventure Activity? What resource would you use in making this determination?

What forms are needed for a Backcountry experience?

What considerations would you make if a male accompanies your trip?

Describe a Backcountry First Aid Kit.

When is a Level II First Aider needed?

**B) SITE**

Describe how to setup, maintain and close a latrine at a backcountry site.

Describe how to establish sleeping, cooking and latrine areas.

**C) STOVES**

Describe the various stoves appropriate for the backcountry level (advantages and disadvantages).

What precautions should be taken when assembling, filling or lighting lanterns and stoves?

## **D) WATER**

List and describe three methods of water purification. List the benefits and negative aspects of each method.

Explain how to safely use a water filter.

Explain why neither chlorine nor Brita-type filters for home-use can be used for backcountry water treatment.

## **E) FOOD, TRASH AND DISHWASHING**

Explain backcountry dishwashing procedures, including dish-wash setup.

Describe the procedures for handling garbage and trash.

**F) FIRES**

What factors should be considered when deciding whether to use a camp/cook fire?

List the factors to be considered when choosing the site for a fire.

How do you dispose of ashes?

**G) CONCERNS**

Identify concerns and considerations relevant to a backcountry experience. Among other topics, consider the girls, the site and the equipment.

**H) GIRL-ADULT PARTNERSHIP/LEADERSHIP**

When are the girls in a troop ready for a backcountry experience?

When are the adults in a troop ready for a backcountry experience?

**I) EQUIPMENT**

Describe the appropriate clothing and equipment for a backcountry experience.