



Girl Scouts of all ages can participate in Girl Scouting's Centennial celebration! Look over this list of 100 activities and choose one activity from each of the 10 categories. Once you complete one activity per category, you have earned this special 100th patch, which is available for purchase in the Girl Scout shop.

History

1. Learn a Girl Scout song
2. Ask your family members if they were Girl Scouts. How many of them were?
3. See GSCNC's new traveling exhibit and display cases
(http://www.gscnc.org/100th_traveling_exhibition.html)
4. Learn how the Girl Scout uniform has changed throughout the years
(http://www.girlscouts.org/who_we_are/history/exhibit/)
5. Check out a GSCNC Archives Uniform Sampler or Legacy kit
(<http://www.gscnc.org/files/pdf/leader/c360.pdf>)
6. Find and make the original recipe for Girl Scout Trefoil (shortbread) cookies
(http://www.girlscouts.org/program/gs_cookies/cookie_history/early_years.asp)
7. Visit the Girl Scout National Historic Preservation Center
(http://www.girlscouts.org/who_we_are/history/museum/)
8. Research 10 "famous formers"—women who are Girl Scout Alumnae
(<http://alumnae.girlscouts.org/>)
9. Learn the past incarnations of the Gold Award
(http://www.girlscouts.org/program/highest_awards/gold_award.asp)
10. Visit Juliette Gordon Low's and Girl Scout's birthplace in Savannah, Georgia

Sisterhood

1. Use a Girl Scout songbook and sing "Make New Friends"
2. Write a thank you note to your troop leader
3. Create swaps for Girl Scouts Rock the Mall
4. Do an activity with another troop
5. Attend or put on a Thinking Day event
6. Learn about five faiths that are different from yours
7. Have a sister troop of another faith earn the new "My Promise, My Faith Award" with you
8. Become pen pals with another troop through The Pixie List (www.thepixielist.com)



- Attend the GSCNC Interfaith Service at the National Cathedral on Saturday, April 28, 2012
- Meet girls from 10 other councils

Service



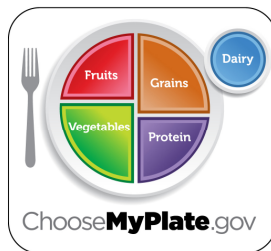
- Make and write cards to service men and women
- Make treats for a local senior or assisted living facility
- Collect 100 pieces of recycling
- Work at, collect or make food for a local soup kitchen/pantry
- Earn the Girl Scout Bronze, Silver or Gold award
- Volunteer at a GSCNC office
- Help a younger troop with a project
- Organize a collection drive for a local charity
- Spend 100 hours doing service for your favorite organization
- Earn the Silver Trefoil (if you are a Senior or Ambassador)

Outdoors

- Go on a color hike
- Make s'mores
- Learn about ways to preserve wildlife
- Visit and hike along the C&O Canal
- Learn about constellations and go star-gazing
- Go on the River Walk at Camp Potomac Woods: (<http://www.gscnc.org/riverwalk.html>)
- Go to a National Wildlife Refuge: (<http://www.fws.gov/refuges/>)
- Go canoeing
- Go camping
- Go on a high adventure field trip: (http://www.gscnc.org/high_adventure.html)



Healthy Living



- Make healthy snacks with your troop
- List 10 ways to make your lifestyle healthier
- Wear sun-safe clothes at Girl Scouts Rock The Mall
- Go grocery shopping at a farmer's market
- List 10 ways to relieve stress
- Learn the benefits of organic foods
- Learn about healthy eating by learning about the new food pyramid (www.choosemyplate.gov/) and the food groups
- Learn about fun ways to stay fit (Zumba Fitness, Yoga, etc)
- Walk 100 miles for the 100th

10. Earn the GSCNC Sun Safety Patch (<http://www.gscnc.org/sunsafety.html>)

Environment

1. Use a Girl Scout reusable grocery bag
2. Take the Girl Scouts Forever Green Pledge (<http://www.girlscouts.org/gforevergreen/GSFG-Pledge.asp>)
3. Plant daisies in honor of Daisy (Juliette Gordon Low)
4. Learn about and participate in Earth Hour : March 31, 2012 at 8:30pm (<http://www.earthhour.org/About.aspx>)
5. Cancel a paper catalog subscription
6. Pick up 100 pieces of trash at a local park
7. Participate in a Forever Green Clean-Up: (www.gscnc.org/forevergreen_troops.html)
8. Visit a "green" building in your community
9. Learn about the advantages of Compact Fluorescent Lights bulbs and change old light bulbs to CFLs
10. Plant a tree



Travel

1. Attend another troop's meeting
2. See the Girl Scout Trefoil carving in the National Cathedral
3. Find Juliette Gordon Low's medallion on The Extra Mile Points of Light Volunteer Pathway in Washington DC: (<http://www.extramile.us/about/>)
4. Visit a GSCNC camp
5. Attend the annual National Cherry Blossom Festival : (<http://www.nationalcherryblossomfestival.org/>)
6. Visit another country's embassy : (<http://www.embassy.org/embassies/>)
7. Visit GSUSA headquarters in New York City: (http://www.girlscouts.org/help/contact_us.asp)
8. Visit Juliette Gordon Low's and Girl Scouts' Birthplace: (<http://www.juliettegordonlowbirthplace.org/>)
9. Earn the "Girl Scouts Global Action Patch" (<http://www.gscnc.org/GlobalGirlScouting.html>)
10. Apply for and go on a Destination: (<http://www.girlscouts.org/forgirls/travel/destinations/>)



Media

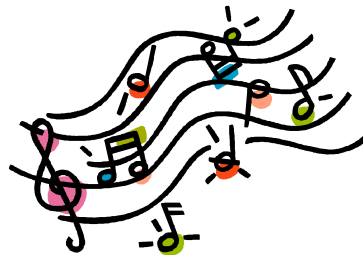


1. Watch or make a podcast for Girl Scout Voices: (www.girlscoutvoices.blogspot.com)

2. Watch the Golden Eaglet film
3. Take pictures of your troop celebrating the Girl Scout Centennial
4. Post a Facebook status or update about Girl Scouting
5. Watch a video on the GSCNC Youtube Channel:
(<http://www.youtube.com/user/GSCNC>)
6. Tweet about Girl Scouts Rock the Mall
7. Start a blog with your troop
8. Contact your local newspaper and see if they will write an article on the Girl Scout Centennial
9. Make a video or Public Service Announcement about Girl Scouting
10. Learn about and practice safe social networking

Arts

1. Make swaps for a Girl Scout event
2. Sing three Girl Scout campfire songs
3. Create artwork on what Girl Scouting means to you
4. Create and perform a play or skit about Girl Scouting
5. Create a drawing or painting about why you love Girl Scouting and enter it in an art contest
6. Make troop T-shirts to wear to Girl Scout's Rock the Mall
7. Visit the National Portrait Gallery to see the portrait of Juliette Gordon Low
8. Visit the Hirshhorn ArtLab: (<http://artlabplus.si.edu/artlabplus/#tp>)
9. Write a song about Girl Scouts and enter it in a YouTube song contest
10. Perform in the DC Step Showcase: (www.gscnc.org/step_showcase.html)



Potpourri



1. Celebrate all the special days in Girl Scouting
(http://www.girlscouts.org/program/gc_central/gc_days/)
2. Play Kim's Game (directions can be found at:
(http://www.girlscoutsnorcal.org/documents/Kims_Game.pdf)
3. Have a rededication ceremony
4. Make a time capsule with your troop
5. Earn five badges in the new Girls Guide to Girl Scouting
6. Sell 100 boxes of cookies
7. Research five women who have a career in STEM (science, technology, engineering and math)
8. Learn how to hold a flag ceremony and then do one in your community
9. Earn the GSCNC *Discover the Nation's Capital* Patch
(<http://www.gscnc.org/files/pdf/program/nacap.pdf>)
10. Visit one of the WAGGGS World Centers
(<http://www.waggs.org/en/world/centres>)