



ZINK THE ZEBRA PATCH PROGRAM

The Girl Scout Council of the Nation's Capital (GSCNC) is pleased that you are interested in Zink the Zebra. Zink the Zebra is able to visit your troop meeting through a patch program found in a borrowable Zink Kit. Thank you again for your interest!

The program is designed to give girls an ongoing sense of awareness and appreciation for individual differences, foster compassion and respect for others; as well as a basic understanding of acceptance of others with perceived or actual differences.

In 1990, 8 year-old Kelly Weil was diagnosed with cancer. She found that because her appearance was changing, as a result of her therapy, classmates, friends, relatives and even her teachers treated her differently. To help deal with her feelings, she wrote a story about a zebra named Zink who was also treated differently because she had spots instead of stripes like the other zebras. Zink represents all children and adults. Like Zink, we all need understanding, respect, compassion and above all, acceptance.

The Zink the Zebra patch program can be completed in one, two, or more troop meetings. This allows the troop leader flexibility in presenting the activities over a period of time that is appropriate for the individual troop. It provides Girl Scouts with activities that demonstrate positive strategies to assist girls in seeing the importance of understanding and acceptance of themselves and others. In addition, this program can raise a girl's self-esteem by helping them to accept themselves for who they are.

GSCNC is excited to offer this fun and easy program as a step toward emphasizing the Girl Scout goals of understanding and appreciating differences. By encouraging positive character development, Girl Scouts and the Zink the Zebra Foundation strives to influence a better life for our children. Zink is brought to you in part by a generous donation by Comcast Cable to the Girl Scout Council of the Nation's Capital.

Patch program: Each girl who participates in the troop patch program has the option to purchase the program patch from the council's Program department. There are two patch programs—one for Daisy, Brownies and Juniors and the other for Cadette, Senior, and Teens. These patch programs include activities that are appropriate for the specified program levels. Zink is not a typical patch program where girls complete some activities and then move on. Thinking Zink should become a way of life. The Zink the Zebra patch program is available by checking out the program kit.

Evaluations and Patches: Before starting the program, please have girls fill out the preliminary survey to gauge their ideas and to assist us in measuring the affects of the program. When the troop finishes the Zink program, please have each girl fill out the same survey evaluation, which is returned to the Council at the time the patches are ordered. When purchasing patches, turn in girl surveys and leader evaluation form. These forms are included in the kit in the Leader Activity Guide.

Zink Kits: Zink the Zebra program kits can be checked out to troops, to introduce girls to positive strategies and activities that focus on the importance of understanding and accepting themselves and others, based on the story of Zink, a spotted zebra. The program kits include a copy of the Zink the Zebra book and animated video, a Zink puppet and beanie and a leader guide. The program kits gives troops flexibility in presenting the activities over a period of time that is appropriate to meet the needs of the troop. The kit also provides suggestions for passing on the lessons learned from the program. By checking out the kit, the troop agrees to return the kit in four weeks or less and also to be financially responsible for any and all damage done or loss of supplies to or from the equipment. You can fill out the attached Zink Kit Request form or contact programkits@gscnc.org for a copy of the kit request form.

Zink for Adults: Volunteers that are interested in learning more about the Zink the Zebra program are invited to attend a Zink the Zebra Training.

Interested in upcoming Zink Training Dates? Do you have questions about the Zink the Zebra Program? Are you interested in holding a Zink the Zebra event, in your area? Please contact Jenny Robertson at 202/237-1670 or 800/523-7898, ext. 310.

Girl Scout Council of the Nation's Capital

ZINK THE ZEBRA



Daisy, Brownie, Junior Patch Program
Zink the Zebra teaches Girl Scouts respect, compassion and acceptance of others while building self-esteem and understanding about themselves. This patch program is compatible for Daisy, Brownie, and Junior Girl Scout program levels.

The Zink the Zebra program is designed to give girls an ongoing sense of awareness and appreciation for individual differences, foster compassion and respect for others; as well as a basic understanding of acceptance of others with perceived or actual differences. GSCNC is excited to offer this fun and easy program as a step toward emphasizing the Girl Scout goals of understanding and appreciating differences.

In 1990, 8 year-old Kelly Weil was diagnosed with cancer. She found that because her appearance was changing, as a result of her therapy, classmates, friends, relatives and even her teachers treated her differently. To help deal with her feelings, she wrote a story about a zebra named Zink who was also treated differently because she had spots instead of stripes like the other zebras. Our council recognizes that each troop is dynamic and unique; you, the leader, know the maturity of your girls better than we do. If you feel that your troop will benefit from a discussion about cancer and other serious illnesses you will need each girl's parent/guardian to fill out a sensitive issues form.

We hope that your troop will benefit from the Zink activities that demonstrate positive strategies to assist girls in seeing the importance of understanding and acceptance of themselves and others. This patch program can be completed in one, two, three or more troop meetings. This program is designed to allow the troop leader flexibility in presenting the activities over a period of time that is appropriate for the individual troop.

After you have completed the program, turn in your girl and/or leader evaluation form and purchase a patch for \$1.50 ea. from the Nation's Capital Girl Scout Shop. There is also an option to purchase a warm, friendly, and stuffed zebras as a tangible reminder of the program, from the program department. To purchase a patch and/or zebra, please turn in an evaluation. Don't forget to pass on the ideals that you have learned from the program.

If you have ideas to share or questions, please contact the Program Department at 202-237-1670 ext 310 or e-mail your request to programkits@gscnc.org.

In order to receive the program patch each girl must attempt the number of requirements specified for their program levels and participate in each of the required () activities from the seven Zink components: icebreakers, the story, discussions, games, crafts, snacks and service. The activities may be done in any order after # 1 is completed from the discussion section. Daisy Girl Scouts are to complete each of the stated activities. Brownies and juniors are to complete each stated activity and two additional activities, from any of the seven components.*

Requirements

Icebreakers:

Icebreakers: All program levels should partake in one icebreaker. Icebreakers will open the group up to being comfortable to discussions.

***1. Last Detail**

Everyone gets a buddy! Stand in front of your buddy. Take 1 minute to study your buddy from head to toe. Turn around. Now you and your buddy are to change five (5) things about your appearance (untie shoelaces, change watch wrists, etc) Again face your buddy and take turns naming one thing that is different about your buddy until all five of the items are said. Ask the girls, "Did changing items on the outside change the person on the inside?" "In the beginning were the differences hard to find?" "Or did it get harder to see the differences as you tried a second time?"

2. Barnyard Frolic

Give everyone a slip of paper with several different animals listed, chicken, duck, turkey, pig, horse, cow, etc. On signal, each girl begins making the sound of her animal- cluck-cluck, quack-quack, etc. The object is for all the animals of the same species to seek one another out through identifying noises. The first such group to gather in one spot wins the barnyard frolic.

The Story:

Books and videos maybe checked out from the council office. To receive information on other ways to obtain a copy of the book contact programkits@gscnc.org.

***Read the book Zink the Zebra.** Option: View the video "Zink the Zebra- A Special Tale"

After Reading/watching, ask the girls: "What did you think about the story?" "Did you like it?" "Why or Why not?" "What was the story about?" "If you were a striped zebra would you play with a zebra that had spots?" "Why?"

Cancer and related topics that may arise are considered sensitive issues for Girl Scouts. If you feel that you may touch on these topics, please obtain a signed permission slip from parents/guardians prior to beginning the program.

ZINK THE ZEBRA

Daisy, Brownie, Junior Patch Program

Discussion:

Before any discussion begins, you should allow the girls to discuss ground rules.

Examples: Everyone agrees to be considerate and not talk while another is talking. No one has to participate in the discussion if they do not feel comfortable.

1. * About the Author

Kelly Weil was a girl that wrote this book when she was sick with cancer. She found that because her appearance was changing, as a result of her therapy, classmates, friends, relatives and even her teachers treated her differently. To help deal with her sadness, she wrote a story about a zebra named Zink who was also treated differently because she had spots instead of stripes like the other zebras. Zink represents all children and adults. Like Zink, we all need understanding, respect, compassion and above all, acceptance.

3. Alike/ Different

Ask the girls: "How are you the same as your friends?" (*All of them are people, are Daisy Girl Scouts, like ice cream, have arms, legs, eyes, etc.*) Also ask, "How are you different from your friends?" (*Have different likes, one has glasses, colored hair, skin, eyes, etc.*) Solicit a few answers for each question. Write their responses in two columns on newsprint or a chalkboard. Ask them how they feel about people being alike and different. Can being different be good? Help them see that being different is okay.

2. I Like Me Color Wheel

Materials needed: paper, crayons, and several mirrors
Have each girl look in to a mirror. Ask them, "What do you see? How many different colors do you see?" Giving them time to answer, ask, "What colors are your eyes, hair, skin, lips?" "Say out loud two colors that you are wearing today." (If you do not have mirrors, pair up the girls to tell each other the colors they see.) Give each girl a large circle or paper plate. Instruct them to divide it into six wedges. Instruct the girls to color each section according to the colors that they just saw on themselves. Have the girls look at the color wheels that they have just created and compare them to the other girls' wheels. Points out that there are no two exactly alike (if there are two that have the same colors, they most likely do not have them in the same places on the wheel.) Emphasize the large variety of colors. One color wheel is as special as another. Stress how people are all very different and making decisions about someone according to color, shape of eyes, height, weight, etc is wrong. Talk about how those things about each of us makes us special. What we have in common connect us: i.e. being in girl Scouting, being human, caring about others, etc.

Crafts:

Choose the craft that you feel would best help the girls during this program.

1. Zebra Paper Bag Puppets

Materials: paper lunch bags, template of a plain zebra head, yarn, and glue sticks or paste, scissors, crayons, markers, etc. templates included.

Preparation: Cut out enough plain zebra heads for each girl.

- Tell the girls, "I would like for you to make a paper bag puppet of what your own zebra would look like. Zink had spots. What would make your zebra special?" (It could have spots, stripes, and hearts, be green, tall, and short, like soccer, have three sisters, etc.)
- When the girls have finished telling you what they would look like, hand out the zebra patterns. Have the girls decorate their zebras as they described. After the girls have completed decorating their zebra head, have them glue it onto the bottom flap of the paper bags. Once all the puppets are made, have the girls introduce their zebras to each other. Girls can describe what makes their zebras special. They can even name their zebra.
- Ask the girls, "What are you going to tell your parents/ guardian about why you made your zebra special?"

2. Zink Storybook

Materials: Zink the zebra booklet sheets, crayons or colored pencils, pencils

Preparation: Make one storybook for each girl, templates included.

Pass out the Zink storybook sheets. You may pre construct the booklet by stapling all the pages together or you could have the girls do it.

- Tell the girls, "I would like for you to draw a picture of what your own zebra might look like, on the cover of your book. Zink had spots. What would make your zebra special?" (It could have spots, stripes, and hearts, be green, tall, and short, like soccer, have three sisters, etc.)
- When the girls have finished tell them that you would like them to write a story about their zebra. Guide them by reading the sentences and allow time for them to finish the statements.
- My zebra's name is _____.
- My zebra has _____.
- My zebra likes to _____.
- My zebra does not like to _____.
- My zebra's favorite color is _____.
- My zebra is like others because _____.
- My zebra wants everyone to know _____.

After the girls are done writing, ask them, "What are you going to tell your parents/ guardian about why you made your zebra storybook?"

Girl Scout Council of the Nation's Capital

ZINK THE ZEBRA

Daisy, Brownie, Junior Patch Program

Snack:

*All program levels should partake in one snack. Please take into consideration food allergies. Choose the snack that you feel would best help the girls during this program.

Snack 1: Have a variety of fruits, vegetables, cookies, healthy snacks, etc. Let each girl choose one item. Ask them: "Why did you choose that snack?" (*They like the flavor, it is pretty, have allergies, there weren't any others left*) Have the girls sit with only the people with the same type of snack or ask, "What if you could only eat with the people who had the same snack as you?" "What if your best friend chose a different snack?" Should you still be friends?" "When you chose your snack did you do it to be different from others?" "Just because we have different foods, different hair styles, or different shoes on our feet - should we treat everyone with kindness?" (*The answer should be yes.*) Let everyone move to sit where they want. Ask girls to help with clean up.

Snack 2: Give each girl a small baggie of M&Ms. Ask the girls: How are all the M&Ms alike?" (They all are chocolate inside.) "How are they different?" (*Different Colors on the outside*) "If you were to close your eyes would you know which color you were eating/tasting?" (*No*) "Would it matter which M&Ms you had if you could not see them?" (*No*) "Should you choose friends based on what they are on the inside or how they may look on the outside?"

Service:

*1. Pass it on. All program levels should share the Zink the Zebra program with another group of Girl Scouts. Ex: Host a Zink the Zebra event for a younger troop, play a game with other troops at your meeting space, go to another troop meeting and lead a Zink activity. Additional Zink activities may be found in the Zink Leaders Guide, located in the Zink Program Kit. When planning please keep in mind the ways in which you can draw on the talents and abilities of all the girls in the troop.

2. As a continuation of the program and to put into practice the concepts of showing kindness to others, complete a service project that serves members of the community, your school, local hospitals, or other group of people.

Games:

*1. What I like about you!

Begin by pinning a paper plate on everyone's back. Then have the girls go around and write a complement, a positive statement or word on everyone's paper plate. The statements should be what they like about each other. (Leader may need to help girls with the definition of positive or give examples of compliments.) Each girl must find one statement for everyone in the group
OR

Encouragement

Using an beanbag or soft object, play a game of "Hot Potato." When it stops, have the children offer nice qualities that they know the child holding the zebra to have. After three nice comments, move on to the next child.

2. Touch Blue

Partner girls together with members of their troop that they might not know that well. This activity will allow the girls to use their imagination and bond with the girls in their troop. They will gain comfort in being near people that they are normally do not hang out with.

The game begins with partners standing near each other. The game leader will call out, "Touch Blue" and together the pair must touch something that is blue (someone's shorts, piece of shirt, carpet, etc.) Colors can be added or other variations.

3. Zip Zap

Everyone stands in a circle with one person designated as "IT." "IT" then points to another person and says either "zip" or "zap." If they say, "zip" then the person must respond with the name of the person on their right. If they say, "zap" the person must respond with the name of the person on their left. If the girl says the incorrect name, they go into the center of the circle until someone else guesses wrong and then takes a new place in the circle. Girls can also add arm movements or stamping of feet to create a rhythm.

Program Links:

Daisy Learning Petals

Be a Sister to Every Girl Scout
Respect Myself and Others
Considerate and Caring

Brownie Try-Its

Girl Scout Ways
Caring and Sharing
Friends are Fun
Working It Out

Junior Badges

Global Awareness
Human and Habitats
Lead On
World Neighbors
Communication
Being My Best
Healthy Relationships
Celebrating People

ZINK THE ZEBRA

Cadette/Senior/Teen Patch Program

Zink the Zebra teaches Girl Scouts respect, compassion and acceptance of others while building self-esteem and understanding about themselves. This program is compatible for the Cadette, Senior and Teen Girl Scout program levels.



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We hope that your troop will benefit from the Zink activities that demonstrate positive strategies to assist girls in seeing the importance of understanding and acceptance of themselves and others. This patch program can be completed in one, two, three or more troop meetings. This program is designed to allow the troop leader flexibility in presenting the activities over a period of time that is appropriate for the individual troop.

After you have completed the program, turn in your girl and/or leader evaluation form and purchase a patch for \$1.50 ea. from the Nation's Capital Girl Scout Shop. There is also an option to purchase a warm, friendly, and stuffed zebras as a tangible reminder of the program, from the program department. To purchase a patch and/or zebra, please turn in an evaluation. Don't forget to pass on the ideals that you have learned from the program.

If you have ideas to share or questions, please contact the Program Department at 202-237-1670 ext 310 or e-mail your request to programkits@gscnc.org.

In order to receive the program patch each girl must attempt the number of requirements specified for their program levels and participate in each of the required () activities from the seven Zink components: icebreakers, the story, discussions, games, crafts, snacks and service. The activities may be done in any order after the book has been read and # 1 is completed from the discussion section. Cadette girl Scouts are to complete each stated activity and three additional activities, from any of the seven components, and two activities under the service section. Seniors and Teens are to complete all of the stated activities, four activities out of any of the sections, and complete two activities under the service section.*

Icebreakers:

All program levels should partake in one icebreaker. Icebreakers will open the group up to being comfortable to discussions.

***1. Alphabetical Line-up**

Have the girls line up in order of their first names. The only trick is that they cannot talk at all. You'll find that they resort to sign language, nudges, and that a leader always arises that tries to direct the other girls. You might also try by middle names, last names, birthdays, and ages. After the activity ask, "How do you think this activity relates to the Zink the Zebra program?" "Did you find that you were all treated alike by the other group members?" "How did you feel when you couldn't speak?" "Did you feel bonded to the other girls because you all shared in not being able to speak, or did you feel alone?"

2. Omni-Ball

Materials: A giant plastic ball with phrases written on top.

Beforehand: Using a giant plastic ball, write (or have the girls write) with a permanent marker different getting-to-know-you questions/phrases. Such as: favorite color, what would you do if you had a million dollars, your favorite name for a pet, would you rather walk or ride a bike, etc.

Have the girls form a circle. As you take turns tossing the ball around, watch to see where your right hand thumb lands as you catch the ball. You must answer the question that your thumb touches. Then toss the ball to the next person until everyone has had at least one chance to answer the question.

3. Beaded Conversations

Materials needed: Packets of beads of one color per camper, a unique larger bead, and one pipe cleaner.

Give each girl the baggie/packet of one-colored beads, her pip cleaner, and the unique larger bead. Divide the group into two rows and have them sit facing each other with feet touching. Then have each person carry on a conversation with the person facing them. Direct them to tell about themselves, where they have lived, where they are from, birth date, favorite color, etc. Then have the girls exchange a bead with each other and thread it onto their pipe cleaner. After they are done talking, direct one side to move one seat to the right and start gabbing (the person at the end moves to the other end of the line.) After the girls have exchanged beads with all or most of the girls, bend the two ends of the pipe cleaner together and wear as a bracelet or place it on a belt loop or shoelace.

Cancer and related topics that may arise are considered sensitive issues for Girl Scouts. If you feel that you may discuss these matters, please obtain a signed permission slip from parents/guardians prior to beginning the program.

Girl Scout Council of the Nation's Capital

ZINK THE ZEBRA

Cadette/Senior/Teen Patch Program

The Story:

Books and videos maybe checked out from the council office. To receive information on other ways to obtain a copy of the book contact programkits@gscnc.org.

*1. Read the book *Zink the Zebra*.

Option: View the video "Zink the Zebra- A Special Tale"

After Reading/watching, ask the girls: "What did you think about the story?" "Did you like it?" "Why or Why not?" "What was the story about?" "If you were a striped zebra would you play with a zebra that had spots?" "Why?"

2. Book Club

Read the novel, *Zink* by Cherie Bennett and form a troop book club. Discussions prompted by circumstances and characters in the *Zink* book, will allow you to develop your ability to strengthen your worldview, express yourself, explore new concepts and gain confidence. (Ideas: Set aside one meeting a month and designate it as a book club meeting. If there are different reading levels in your troop, form "same level" sub-groups. Book club meetings need minimal structure- sharing and discussion occur naturally.)

Discussion:

Before any discussion begins, you should allow the girls to discuss ground rules.

Examples: Everyone agrees to be considerate and not talk while another is talking. No one has to participate in the discussion if they do not feel comfortable.

*1. About the Author

Kelly Weil was a girl that wrote this book when she was sick with cancer. She found that because her appearance was changing, as a result of her therapy, classmates, friends, relatives and even her teachers treated her differently. To help deal with her sadness, she wrote a story about a zebra named Zink who was also treated differently because she had spots instead of stripes like the other zebras. Zink represents all children and adults. Like Zink, we all need understanding, respect, compassion and above all, acceptance. Does knowing Kelly's story change the way the girls look at the book?

2. Cliques and Differences

Prompt the girls to discuss the following questions as a group or divided into smaller groups: What do you think a perceived difference is? What situations have you observed where people were judged on their differences perceived or real? How did you handle the situation? Did you get involved? Why? or Why not? What is a clique? Do cliques alienate individuals or groups of people? What can a group or clique do to improve their acceptance of another person?

3. Role-Playing

Break into smaller groups to role-play at least 2 of the following situations. You need to be honest about how you really would handle the situations. You shouldn't do what you think the right answer is, but rather act out the situation just as it really would happen. Work through any questions or comments that arise.

(Situations and Discussion Questions are in the next column.)

3. Role-play (cont.)

Situations

- A friend comes to school with no hair or dramatically colored hair.
- A friend wears clothes that represent a TV show or band that is hurtful to some people.
- A girl you don't know has very bad body odor.
- You are placed in a group at school with some one that you don't really know and whom you think is a little "odd."
- A friend cannot play games because of a physical injury.
- A friend has a sibling/parent that has dies.
- An adult that volunteers with your troop said something that wasn't too nice to one of your troop members.
- Come up with other Role-playing situations that would help bring to light an issue that your troop is having.

Going through several of the following discussion questions may help the group to process the issues. Work in the small groups to practice appropriate responses to the situations. Not all of the following questions relate to every Role-play situation.

- How would you react?
- How would what you think be different than what you do/say?
- What would your school friends think/do?
- What would your troop members think/do?
- How would your parents react to you being friends with this person?
- If you were this person, how would you like to be treated?
- How would this whole situation make you feel?
- Do you think the role-play was accurate?
- Could there have been a more appropriate response so that "feelings" were not hurt or someone wasn't left out or picked on? What would that response be?

Games:

*1. Twelve off the ground

The object of the game is to get 12 feet off the ground. (The solution is for the group to gather and lift 12 feet (legs) off the ground.) If you have fewer than 6 girls- change the object of the game to eight feet off the ground, etc.

2. Match my feet

Form a circle of girls with an adult in the middle. Start the group off with a slow clapping rhythm, such as 2 slow claps followed by 3 quick claps. Repeat this over and over. Walk around the inside of the circle to the clapping rhythm while making sure everyone is following the pattern. Stop in front of someone. So a simple step with your feet in time to the beat the person you are standing in front of must then repeat the pattern. If they do not, move around the circle and stop in front of someone else. If they do, you take their place in the circle.

3. I Like

Campers are to form a circle. Going around the circle, each person says something that they like. Examples "I like Zink." Or "I like Peaches." Liking Zink would be correct whereas liking peaches would not. TRICK: is that in order to be correct what they like must have the letter "i" in it. (The object of this game is to figure out the trick or secret to what is being done. Once one figures that out, they are to play along with out telling the secret until everyone has caught on. Sometimes obvious hints are needed before the girls catch on.)

Girl Scout Council of the Nation's Capital

ZINK THE ZEBRA

Cadette/Senior/Teen Patch Program

Craft:

***1. Make something and donate it!**

You could make holiday decorations for a retirement home, scarves or hats for a shelter, activity bags for a children's cancer ward, play toys for animals in a shelter, etc.

2. Page Savers

Materials- large Paper clips, string/yarn, beads/charms, pipe cleaners

Kelly Weil, the creator of Zink the Zebra, loved to read. Design a page saver that will remind you of what you have learned with Zink the Zebra.

a. To make a Bead Bangle, tie a piece of thin yarn/ribbon onto one end of a paper clip. Then string on beads or charms, then double-knot the loose cord end to keep them from slipping off.

b. To make a Fuzzy Braid, begin with three different-colored pipe cleaners. Bend each one in half, and then hook all three over one end of a paper clip. Then pair up the like-colored ends, and braid them together. Lastly, pinch and twist the ends to secure them.

3. Storytelling Pouches

Materials: Fabric Pieces, darning needle, thread, small objects that tell a story.

Many cultures and societies passed down traditions and legends through telling stories. Storytellers often had an item that represented a story like a stone, feather, figurine, etc. These were kept in a pouch and pulled out when the story was told.

To make your own pouch cut a large circle from felt or chamois cloth. Thread a darning needle with a yard long piece of thin yarn or leather cord. Put the needle into the material about one inch from the edge of the circle. Bring the thread through until there is about 4 inches of thread remaining. Begin moving in and out of the material with the needle about one inch from the edge. Continue until you've gone all the way around the circle. Pull both ends of the thread together. A pouch will form to hold the materials. Cut the thread off the needle and tie the two ends of yarn together.

The pouch can be used to store items that would assist in telling the Zink the Zebra with other girls. You could put in a striped rock and one with spots, or a picture of a striped zebra.

Snack:

*All program levels should partake in one snack. Please take into consideration food allergies. Choose the snack that you feel would best help the girls during this program.

Snack 1: Have several varieties of chips, fruit, or cookies dished out. Have some plates with the same combinations and some that are completely different than the other plates. After all the girls have selected a snack plate, tell them that they must sit with the girls that have the same snack plate. Ask them the following questions: "Did you select your plate on what your friends had?" "Does it matter that you like different foods from your friends?" "What if you are the only one with that combination?" "How does it feel to be alienated based on something you had no control over?" "What if there was only one snack option?" "Is it good to have variety and differences?" "Why?"

Snack 2: Give each girl a small baggie of M&Ms. Ask the girls: How are all the M&Ms alike? (They all are chocolate inside.) "How are they different?" (*Different Colors on the outside*) "If you were to close your eyes would you know which color you were eating/tasting?" (*No*) "Would it matter which M&Ms you had if you could not see them?" (*No*) "Should you choose friends based on what they are on the inside or how they may look on the outside?"

Service:

***1. Pass it on.**

All program levels should share the Zink the Zebra program with another group of Girl Scouts. Ex: Host a Zink the Zebra event for a younger troop, play a game with other troops at your meeting space, go to another troop meeting and lead a Zink activity. Additional Zink activities may be found in the Zink Leaders Guide, located in the Zink Program Kit. When planning please keep in mind the ways in which you can draw on the talents and abilities of all the girls in the troop.

2. Community Service

As a continuation of the program and to put into practice the concepts of showing kindness to others, complete a service project that serves members of the community, your school, local hospitals, or other group of people.

3. IP Service Projects

Complete two service projects as detailed in the Service Projects section of an IP of the troop's choice.

Program Links:

Interest Projects

Conflict Resolution
Do you get the Message?
Understanding Yourself and Others

Focus Book

Uniquely Me! The Real Deal