



First Four Meetings: Daisies

**A STEP-BY-STEP GUIDE
FOR THE FIRST FOUR
MEETINGS OF YOUR
DAISY TROOP**

Week One



1 Pre-Meeting Activity: Daisy's Footsteps

Pick 10 to 15 events from the life of Juliette Gordon Low, such as "I was born in Savannah, Georgia" or "I started a club called Helping Hands." Print or type the events on paper "footprints." Hide the footprints around the meeting area.

As the girls come into the meeting, ask them to find the footprints. As each girl finds a footprint, have her tape it to a blackboard or on a large piece of paper or newsprint, with the words "Who Am I?" printed on it. Under the construction paper, have a picture of Juliette "Daisy" Low or her name in large letters.

After all the footprints have been taped to the blackboard or paper, read them aloud and have one girl uncover the mystery person.

2 Opening Activity

After saying the Girl Scout Promise, discuss the meaning of the three parts of the Promise. Then practice the Girl Scout sign and handshake.

3 Planning Activity

Referring to the first activity, talk with the girls about following in Daisy Low's footsteps. Make a list of the girls' suggestions and place them along with other "footprints" on the blackboard or paper. Incorporate their ideas into activities over the next several weeks.

4 Major Activity

Have the girls draw pictures of what activities they can do in order to live by the Promise (also in Daisy Activity Book, p. 11). It might be fun to do it as a mural on a large section of butcher block paper.

Then, have the girls play "Pile Up." The girls sit in a circle on chairs. They follow the directions that the leader calls out and move in the direction she tells them, such as, "If you have an older brother, move to the left," or, "If you have brown eyes, move to the right." If someone is sitting on the chair you are supposed to sit on, you sit on top of them and move with them. The girls get to know each other better and practice following directions!

5 Closing

Try the Friendship Circle (Daisy Leader's Guide, p. 41) and make an effort to say goodbye to each girl individually as they leave.

Week Two



1 Pre-Meeting Activity: Giggling Gertie

The girls form a circle and one girl stands in the center. The girl in the center laughs and tosses a handkerchief or rag in the air. The group starts to laugh and all the players continue to laugh as long as the handkerchief is in the air. The instant the handkerchief touches the floor, all faces become expressionless. The first person caught smiling or laughing is “it” and replaces the girl in the center.

2 Opening Activity

Learn a part of the Girl Scout Law: “To make the world a better place.” Discuss what this means and have the girls share their ideas.

3 Major Activity

Make a simple bird feeder by rolling pine cones covered with peanut butter in bird seeds (check the girls’ health histories for allergies). To hang, tie a piece of yarn around the top of the pine cone. Place the bird feeder in a sandwich bag to carry home. Hang the “feeder” from a tree limb. Relate this activity to Daisy Low’s first troop and how they did bird watching and kept bird books. You may also want to relate this to the Opening Activity, as one of the many ways Girl Scouts makes the world a better place.

4 Closing

Learn “Make New Friends,” a traditional Girl Scout song. Consider singing it in a round if the girls master it.



Check In Questions :

Do you know all of the girls’ names yet? Are the girls mixing with other girls whom they don’t already know?

Week Three



1 Pre-Meeting Activity: Name Game

Girls and Leader all sit in a circle. The Leader starts the game, saying her first name and choosing something she likes to do for her last name (like Julie Swimming or Sally Reading, and so on). Then the girls continue around the circle, saying their names until the circle is complete. At the end, challenge the girls to remember the special names of others in the circle. The objective of this game is for the girls to learn more about their fellow Daisies. They can think about what they have in common with the other girls and what makes them different and special from the other girls. If you wish, you can substitute favorite colors (Julie Purple or Sally Red, etc) or favorite foods (Julie Pizza or Sally Ice Cream, etc) for the last name.

2 Opening Activity

Learn a part of the Girl Scout Law: "To respect myself and others." Have girls share ideas about what this means.



3 Major Activity

Daisy loved sculpting. Have girls model clay or try other kinds of sculpture. If you wish, you can guide the girls in making a two-dimensional daisy flower, with colors corresponding to the petals that the girls can earn. This would be a good opportunity to talk about the girls' special Daisy uniforms and the badges they can add to them.

4 Closing

Consider repeating a closing from Week One or Week Two, whichever was more popular with the girls.

Week Four



1 Pre-Meeting Activity: Balance Ball

Spread a sheet or blanket out on the floor. Have the girls stand around the sheet on all four sides. Each side could be a team. Then, place a soft ball (or, if possible, an inflatable or stuffed globe ball) in the center of the sheet. Have the girls pick up the sheet by the edges and pull it taut, lifting it up to under their chins while keeping the ball from slipping off the sheet. Have the girls tilt the sides of the sheet, making the ball roll around, without dropping the ball. See how long you can keep the ball on the sheet. The objective of the game is acquiring teamwork skills and learning how to work together with fellow Girl Scouts. You can also check out the "Parachute and Games" Program Kit. Find out more at: www.gscnc.org/files/pdf/program/programkits411.pdf.

2 Opening Activity

Learn a part of the Girl Scout Law: "Use resources wisely." Discuss what this means and have girls share their ideas. Think of how you can use resources wisely at Girl Scouts, at school, and at home.



3 Major Activity

Tell the story of how Daisy formed the "Helping Hands" club and although she could not sew, she decided to be the sewing teacher.

Try the Sock Puppets activity (Daisy Leader's Guide, p. 57), the Popsicle Puppet activity (Daisy Activity Book, p. 38), or a simple sewing activity. It could be fun to teach the girls how to sew buttons while decorating their troop shirts or a simple bandanna.

4 Closing

Learn the "D-A-I-S-Y" song (found in 102 handout provided in training).



Supplies

Week One

- Pre-prepared "footprints" (1)
- Blackboard, large sheet of butcher paper, or newspaper (1 & 3)
- Poster with Girl Scout Promise (2)
- Blank "footprints" (3)
- Paper and crayons or markers (4)

Week Two

- Handkerchief or rag (1)
- Optional poster for brainstorming (2)
- Pinecones, peanut butter, disposable knives, newspaper or tablecloth for table, bird seed, yarn, scissors, plastic bags (3)
- Poster of "Make New Friends" lyrics (4)

Week Three

- Optional poster for brainstorming (2)
- Clay, butcher paper or plastic tablecloth for table (3)
- Optional material for closing (4)

Week Four

- Sheet or blanket, ball or globe (1)
- Optional poster for brainstorming (2)
- Assorted materials for sewing (3)
- Poster of "D-A-I-S-Y" lyrics (4)



Extra Resources

@ www.gscnc.org

- Program Kits: www.gscnc.org/kits.html
- Activity Guides: www.gscnc.org/activities.html
- Meeting and Events Guides: www.gscnc.org/meeting_event_guides.html
- Patch Programs: www.gscnc.org/patches.html
- Service Project Planning Guides: www.gscnc.org/files/pdf/program/serviceprojectplanningguide.pdf