

APPLICATION FOR 226 BACKPACKING REQUALIFICATION OR TRANSFER OF QUALIFICATION

In the Girl Scout Council of the Nation's Capital, outdoor camping skills must be requalified every three years. This form can be used for two purposes: (1) an application for consideration for 226-I, Immediate Requalification, or (2) a registration form for a 226 Requalification course. See details below for requirements.

1. Do you qualify for consideration for 226-Immediate Requalification?

To qualify for consideration for 226-I:

- You have taken 226 Requalification (in this council) within the past 3 years

AND

- You have backpacked actively with girls in the last three years.

If you do not meet these requirements, skip to #2 below.

If you do meet these requirements:

Your application must be sent by mail to a trainer on the 226 Trainer Resource List. This list IS NOT available on the website. The list may be obtained by requesting it either via e-mail to: kstevenson@gscnc.org or by calling extension #250. The volunteer trainer will review your application and will notify you if you qualify for an Immediate Requalification or if you should attend a 226 class. You must be as specific as possible with dates and locations and YOU MUST submit your training card. Remember: 226-I is granted based on activity within the past 3 years.

2. Do you qualify to take a 226 Requalification Course?

To qualify for a 226 Requalification Course:

- You have taken 216 Campout not more than three years ago (a grace period of 6 months past expiration is allowed, but you may not act in the capacity of Camp Qualified person during the grace period);

OR

- You have equivalent and CURRENT (within past three years) camp qualification gained with another youth group or council but have not taken outdoor training in this council.

****Scout training as a youth, extensive backcountry experience with family, or informal camping with youth does not qualify you to take 226.****

If you meet these requirements:

A 226 Requalification course will allow you to requalify your 216 Backcountry Camping certification.

If you are transferring from another youth group or council, before taking 226 you must take:

****101 Basic Leadership Training**

To register:

1. Consult the current Training Calendar or Update to find out when the next 226 class is being held.
2. Complete this application and send or fax it to GSCNC Training Registration (address & fax listed above).

This application serves serves as your registration for the specific 226 course(s) you request.

****Make sure you fill out the course ID# (page 1) for the class you are registering for.**

3. **Applications must be received by the "Please register by " date for your course listed in the Training Calendar.** Since the registrants teach portions of the course, this date allows enough time for the trainers to contact registrants, and for registrants to prepare.

226 REQUALIFICATION OR TRANSFER OF QUALIFICATION APPLICATION

Please print or type in black ink. Illegible applications may be returned to you.

**I AM APPLYING FOR: ____ 226-IMMEDIATE REQUALIFICATION ____ TO TAKE A 226 CLASS
IF APPLYING FOR 226-I, SEND COMPLETED FORM TO A RESOURCE TRAINER ON ENCLOSED LIST.**

IF REGISTERING TO TAKE A 226 CLASS:

1ST CHOICE ID# ■ ■ 2ND CHOICE ID# ■ ■

**IF REGISTERING TO TAKE A 226 CLASS, SEND OR FAX COMPLETED FORM TO
GSCNC TRAINING REGISTRATION (ADDRESS & FAX ON COVER PAGE).**

1. PERSONAL INFORMATION

NAME: _____ ASSOC./S.U.: _____

ADDRESS: _____

CITY: _____ ST: _____ ZIP: _____

E-MAIL ADDRESS: _____

PHONE: HOME (_____) _____ WORK (_____) _____

Best times to reach me: _____

2. PREVIOUS CAMPING QUALIFICATION (Outdoor Courses, only)

(No longer limited to most recent courses; continue on back if necessary)

Course Name (GSCNC)/ Course Description (non-GSCNC)	Date	Trainer/Organization
**001 Orientation (Prerequisite)		
**002 Nuts and Bolts (Prerequisite)		
**101 Basic Leadership Training		

3. TROOP/GIRL SCOUT GROUP CAMPING EXPERIENCES

Please indicate the approximate number and approximate dates of experiences you have participated in WITH A TROOP OR GIRL SCOUT GROUP ONLY during the last 3 years. If you are transferring qualification, include only those camping experiences with youth from certifying group (for example, camping trips with Boy Scouts if transferring Boy Scout training).

Type of Outdoor Experience	Place	Date(s)
<p style="text-align: center;">TENT CAMPING, NON-PRIMITIVE SITE</p>		
<p style="text-align: center;">PRIMITIVE/ BACKCOUNTRY CAMPING (SITE LESS THAN 2 MILES FROM CARS)</p>		
<p style="text-align: center;">BACKPACKING/TREKKING</p>		
<p style="text-align: center;">JAMBOREE/CAMPOREE</p>		
<p style="text-align: center;">ADDITIONAL CAMPING EXPERIENCES</p>		

4. OUTDOOR SKILLS CHECKLIST

(Please check the appropriate box(es) for your skill level)

SKILL AREA	CAN DO THIS	CAN TEACH GIRLS	HAVE DONE IN LAST 3 YEARS	NEED REVIEW	CAN SHARE A TEACHING TECHNIQUE
1. Selecting boots for hiking terrain					
2. Selecting backpack					
3. Lightweight packing					
4. Sleep system based on pack weight & weather					
5. Selecting/layering clothes					
6. Nutritional planning					
7. Food drop-off or mailing for extended hikes					
8. Caching food and garbage					
9. Advanced stick cooking					
10. Vagabond Stove					
11. Tripod and chain					
12. Sterno stoves					
13. Butane/propane backpacking stove					
14. Low-impact camping					
15. Choosing/setting up site					
16. Primitive site dishwashing					
17. Lashing					
18. Digging and screening a latrine					
19. Following compass directions in the field					
20. Plotting compass readings on a topographical map					
21. Parental permissions					
22. Camping application procedures					
23. Equipment rental procedures					
24. Insurance forms and procedures					
25. Health and safety issues					
26. Emergency procedures					
27. Troop event packets					

SKILL AREA	CAN DO THIS	CAN TEACH GIRLS	HAVE DONE IN LAST 3 YEARS	NEED REVIEW	CAN SHARE A TEACHING TECHNIQUE
28. Campsite security and safety					
29. Transportation safety					
30. Outdoor-certified adult responsibilities					
31. First aider responsibilities					
32. Girl-Adult planning					
33. Physical preparation for longer hikes					
34. Camping with girls or adults with special needs					
35. Pre-site Inspection					
36. Using "staying found" techniques					
37. Recycling					
38. Water purification					
39. Checking the weather					

5 OUTDOOR SKILLS INVENTORY FOR CERTIFICATION AT LEVEL 226

1. SAFETY STANDARDS

a. What form or forms are required to camp at a non-council campsite?

b. What are the GSUSA/GSCNC High Adventure Activities requirements? What source would you use to determine whether an activity is High Adventure?

c. Describe the arrangements made when males are camping with a troop.

d. Explain how to handle other campers near your site.

e. When planning for an extended trip, you may not be able to do a pre-hike inspection. How would you handle this?

e. If someone is injured such that he/she cannot walk, how should the situation be handled?

2. BOOTS

Explain how to select the correct boots for the hiking terrain.

3. BACKPACKS

List the different types of backpacks, along with the benefits and negative aspects of each. Explain how to ensure that the pack fits properly.

4. STOVES

List fuels that may be used in stoves in this council. List benefits and negative aspects of each, particularly with regard to pack weight and cooking methods used in backpacking.

5. ORIENTEERING

a. What compass skills or games can you teach?

b. On a topographical map:

1. What do contour lines represent?

2. How do you know the difference in distance between contour lines?

3. What do these 5 colors on a Topo map mean:

COLOR	MEANING
Green	
White	
Blue	
Brown	
Red	

c. If you are facing South, looking at a map with North at the top, how would you orient the map?

6. COOKING

List 4 different types of foods that might be brought on a backpacking trips and the benefits and negative aspects of each, particularly with regard to pack weight.

7. GIRL-ADULT PARTNERSHIP

How do you determine when girls are ready for a backpacking experience?