Girl Scouts Nation’s Capital strives for all Girl Scouts, volunteers, and families to feel included and safe throughout their Girl Scout experience.

Centers for Disease Control identifies three primary contributors to transmission of COVID-19 – contact with others, confinement or limited air circulation and crowds – more people, more risk. The Council’s safety precautions minimize these risk factors for our girls, families, volunteers, and our communities. We encourage everyone to review the precautions, talk with your troop leader about the meeting or activity and weigh your family’s health and life circumstances when making a choice to attend.

Adapted from How to Navigate Your Community Reopening? Remember the Four C’s, by Roni Caryn Rabin, June 6 2020, NY Times.

REQUIRED SAFETY PRECAUTIONS

All Girl Scouts and adults must follow all precautions below when attending an in-person Girl Scout gathering. There are many opportunities to participate in Girl Scouts virtually if your family is unable or unwilling to follow these precautions.

MEET HEALTH REQUIREMENTS

Everyone attending a Girl Scout gathering completes a Girl Scout COVID-19 pre-screen health form the day of a gathering. It verifies the following:

1. **Symptom-free** of fever, cough, shortness of breath or difficulty breathing, chills, muscle pain, headache, sore throat, new loss of taste or smell, nausea, diarrhea, and vomiting

2. **No fever** over 100 degrees within the last 24 hours without the use of fever-reducing medications.

3. **Decreased risk** of exposure within last 10 days:
   - Have not had a known exposure to COVID-19 or been in close contact with anyone that has tested positive.
   - Have not travelled outside Delaware, District of Columbia, Maryland, Pennsylvania, Virginia, or West Virginia state lines.

WEAR FACE COVERING

Everyone is **required** to provide and wear a face mask or cloth face covering. It should be two or more layers of breathable fabric and cover the nose, mouth, and chin. This includes caregivers dropping off and picking up girls from a gathering.

WASH HANDS

Everyone is expected to wash hands often with soap and water. If not available, use hand sanitizer with at least 60% alcohol.

USE SOCIAL DISTANCING

Everyone is expected to social distance 6 feet from others.
Help Girls Plan a Great Girl Scout Year

Girl Scout activities with the support of caregivers can be both safe and FUN during COVID-19. Girls are anxious to spend time with their Girl Scout sisters this year. A troop can gather two, three, even four times a month for troop meetings, cook outs and camping, field trips, and money earning activities to finance it all. So caregivers, meet to discuss how your Girl Scouts will gather – in-person, virtually or both!

TROOP COMMITTEE

Even if a troop is meeting virtually, the troop volunteer committee is important. As a caregiver, volunteering is a great way to be involved in your Girl Scout’s troop and help the girls plan a year that is fulfilling and fun. Positions include Troop Leaders, Troop Money Manager, Troop Cookie Manager, Troop Fall Product Chair, Troop First Aider, Cookout or Cookout & Campout Volunteer, Troop SHARE Leader and Troop Driver and Chaperone.

GIRL SCOUT LEADERSHIP EXPERIENCE

The Girl Scout program is designed to build girls of courage, confidence and character who make the work a better place. With the support of caring adults, girls plan and make decisions, learn by doing, and even by experiencing failure. They explore the Outdoors, STEM, Entrepreneurship, and Life Skills. During the year, girls are encouraged to:

- Meet two to four times a month.
- Earn at least 4 skill-building badges or at least one Higher Award or Leadership Journey.
- Participate in Product Program.
- Complete at least one community service or Take Action project.
- Take part in at least one outdoor activity.
- Experience at least one field trip or Girl Scout event.
- Participate in Girl Scout traditions (e.g. uniform, Promise & Law, GS songs, ceremonies).

TROOP CAMPING

Girl Scouts Nation’s Capital has eight beautiful camps that offer the healing power of nature. Glen shelters, platform tents, and hammock units on seven of our eight camp properties are open to troop camping. If camping seems like a big undertaking, start at a local park with a hike or gather in a backyard for a cookout.

PRODUCT PROGRAM

The Girl Scout Leadership Experience offers a unique opportunity for girls to finance their dreams, as they gain critical skills! Both Girl Scout Product Programs -- Fall Product and Cookies -- offer an ideal social distancing solution for taking orders by using the digital platform. Although orders and payment may be online, supporters can choose the option of “girl delivery”. Girls then become “Porch Pixies” with a drop-and-go deliver plan. Girls can remain safe by minimizing exposure using this digital entrepreneurial platform.