

2021 Sleep Away Camp Quick Reference Guide

UPDATED PARENT INFORMATION BOOK!

Please review this document with your camper prior to your camp session.

Get Connected!

Join our closed parent Facebook pages for updates and to view limited photos of camp this summer.

- [Camp May Flather](#)
- [Camp Potomac Woods](#)
- www.gscnc.org - Camps

<p>Camp Potomac Woods (CPW) 13932 Potomac Woods Ln Leesburg, VA 20176</p> <p>camppotomacwoods@gscnc.org Camp Office: 703.777.1354</p>	<p>Camp May Flather (CMF) 23 May Flather Ln Mt Solon, VA 22843</p> <p>campmayflather@gscnc.org Camp Office: 540.350.2112</p>
<p>CPW Full Week Programs Drop off Sunday, 2-5p Pick up on Friday 3-6p</p>	<p>CMF Car to Camp Drop off Sunday, 2-4p Pick up on Friday 3-5p</p>
<p>CPW Half-Week Programs (Sun-Tues) Check-in: Sunday, 2:00- 5:00p Pick-up: Tuesday, 1:00-2:00p</p> <p>(Wed-Fri) Check-in: Wednesday, 1:00-2:00p Pick-up: Friday, 3:00 - 6:00p</p>	<p>CMF Bus to Camp MD - Cresthaven Elementary Check-in: Sunday, 10-10:45a Pick-up: Friday, arrive by 7:30p</p> <p>VA - Centreville Elementary Check-in: Sunday, 10-10:45a Pick-up: Friday, arrive by 7p</p>

*** Pick-up Procedures The person picking up your camper must have a photo ID and be listed on the Authorized Pick-up Form (including parents/guardians).

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Check Your Balance!

Please ensure any remaining balance has been paid ([eBiz](#)), especially if you have added transportation.

Mail at Camp!

Camper mail can be dropped off at check-in at May Flather, Potomac Woods, and both of our bus stops. We highly recommend camper mail, as this serves as a great warm and fuzzy connection to home throughout the week. [For more info, please reference pages 10 - 11 in the Parent Info Book.](#)

Health Forms!

All health forms should be completed/uploaded through [CampDoc](#).

- Health Form
 - Bringing Medication to Camp
 - Specialized Medical Care Form
 - Physician Signature Required
 - Negative PCR COVID-19 Test
- OR-
- COVID-19 Vaccination Record
 - Individuals are considered fully vaccinated 14-days after their final vaccine.
 - All other individuals are required to provide a negative molecular test.

[Meet My Camper Survey!](#)

Please complete this form fully to ensure your camper is cared for in the best way possible and staff understand and anticipate her needs.

Packing for Camp!

Our packing information can be located on pages 32-35 of the [Parent Information Book](#). The packing list starts on page 34. Please note, campers will need to pack two masks per day in clearly labeled ziploc bags. Campers

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attending two-week programs will have an opportunity to machine wash their masks, mid-session. These campers should bring a mesh laundry bag.

Camp and COVID-19!

In order to keep our campers and staff safe, Girl Scouts Nation's Capital camps are staying on top of the latest information and introducing new procedures at our camps. Camp staff will be utilizing non-pharmaceutical interventions (NPIs), such as handwashing, health screening, masks, and social distancing, to mitigate COVID-19 cases. Updates will be posted to www.gscnc.org/sleepawaycamp at the bottom of the page under COVID-19.

Before Arriving at Camp

All campers will need to meet the following health requirements to come to camp:

1. Negative molecular PCR COVID test results within 7 days, or camper vaccination card, may be uploaded to CampDoc five days prior to camper check-in.
 - a. Campers attending two consecutive weeks at Girl Scouts Nation's Capital Sleep Away camps do NOT need to be retested.
2. Symptom-free of fever, cough, shortness of breath or difficulty breathing, chills, muscle pain, headache, sore throat, new loss of taste or smell, nausea, diarrhea, and vomiting.
3. No fever over 100 degrees within the last 48 hours without the use of fever-reducing medications.
4. Decreased risk of exposure within last 14 days
 - a. Have no known exposure to COVID-19 or been in close contact with anyone that has tested positive.

*** Pre-Camp Out of state travel restrictions have been lifted. ***

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During Camp

Upon arriving at camp or the bus stop, campers will have a health screening. They'll do a shorter health screening each day at camp with their counselors. Campers will wear masks, wash hands regularly, and social distance. Large group activities such as an opening campfire or camp-wide games will be modified to allow groups to social distance. Campers and staff will practice social distancing during meals and groups may eat outside as the weather allows. High touch areas will be frequently cleaned. Any campers showing symptoms or who learn of COVID-19 exposure after their session starts will be quarantined until they can be picked up from camp. Staff showing symptoms or who have been exposed will also be quarantined.

Where can I find a testing center?

The links below have been provided as a resource for our camper families. You are not required to use a testing site on this list, the only requirement is that the test takes place no more than seven calendar days prior to your campers' arrival and that it be a PCR/Molecular test. There are also several FREE testing sites listed. However, if acquiring a COVID test creates a financial hardship for your family, and you are unable to locate a free testing site, please contact our Customer Care Department at customercare@gscnc.org. It is advisable that you identify your testing location early.

Maryland: <https://coronavirus.maryland.gov/>

Virginia: <https://www.vdh.virginia.gov/coronavirus/covid-19-testing-sites/>

West Virginia: <https://dhhr.wv.gov/COVID-19/pages/testing.aspx>

District of Columbia: <https://coronavirus.dc.gov/testing>

In addition to requiring a negative COVID test, we are also implementing several additional COVID mitigation practices. Please refer to our website at [Summer Sleep-Away Camps | GSCNC](#) for a complete list of ongoing updates.