Girls the World Needs

Featuring the Gold Award Class of 2023

2023
Dear Girl Scout Family,

Welcome to the 2023 In Your Honor Yearbook! We are thrilled to extend our warmest congratulations to all the Girl Scouts in our Council who have earned their Gold Award, Silver Trefoil Award, and Silver Award!

The Gold Award is the highest award in Girl Scouting and is a testament to your hard work, passion, and dedication to making the world a better place. This year we are honoring 164 Girl Scouts from 25 counties in Maryland, Virginia, West Virginia, and the District of Columbia who earned their Gold Award. Congratulations Gold Award Girl Scouts!

We’re equally proud to recognize 163 Girl Scouts who earned their Silver Trefoil Award, an award unique to Girl Scouts Nation’s Capital. These recipients have completed more than 100 hours of service in three categories: Girl Scout community hours, national service hours, and global service hours. If we multiply the number of girls by the 100 hours of service, it means our communities have benefited from 16,400 hours of volunteer work. Well done, Silver Trefoil Girl Scouts!

Lastly, I would like to recognize and celebrate the 628 Girl Scouts, each investing over 50 hours to earn the Girl Scout Silver Award. Much like the Gold Award, it’s a rewarding process that helps improve the world. As these Girl Scouts complete their journeys and take on projects in their community they care about, they are also preparing to achieve their Gold Award. Congratulations Silver Award Girl Scouts!

I am incredibly humbled by all the hard work you’ve put into earning your higher award achievement! I’d like to also take a moment to express my sincere appreciation to all the troop leaders, advisors, mentors, and parents who worked alongside their Girl Scouts and helped make their achievement a reality. Your mentorship and dedication to our mission continues to help build girls of courage, confidence, and character. Making every Girl Scout featured in this yearbook a Girl the World Needs!

Yours in Girl Scouting,

Colleen K. Cibula
Acting Chief Executive Officer
The Girl Scout Promise

On my honor, I will try:
To serve God* and my country,
To help people at all times,
And to live by the Girl Scout Law.

*Members may substitute wording appropriate to their own spiritual beliefs for the word “God.”

The Girl Scout Law

I will do my best to be
honest and fair,
friendly and helpful,
considerate and caring,
courageous and strong, and
responsible for what I say and do,
And to
respect myself and others,
respect authority,
use resources wisely,
make the world a better place, and
be a sister to every Girl Scout.

Girl Scouts Nation's Capital

Barbara Krumsieck, President of the Board
Colleen Cibula, Acting Chief Executive Officer
Stacey Johnson, Program Services Manager
Raven Murphy, Teen Program Specialist
Emily Winchester, Program Services Coordinator
Gabriela Alvarado, Marketing & Communications Manager
Dottie Ballmann, Marketing & Communications Specialist
Lizzy Watts, Marketing & Communications Specialist

It's time to brag about your Gold Award Girl Scout

We know that you're proud of your Gold Award Girl Scout's achievement.

Spread your joy and powerful stories on social media!

#GirlsTheWorldNeeds
Proclamation
Girl Scouts who earned their First Class, Curved Bar, Golden Eaglet, or Golden Eagle of Merit, are a part of the Gold Award Girl Scout family. To request your Gold Award Pin and digital credentials, visit our website!

Official Gold Award Status
WHEREAS, since 1916, Girl Scouts have accepted the challenge of earning the Movement’s highest award, thereby demonstrating a commitment to bettering themselves, their communities, and the world; and
WHEREAS, this highest award has had different names over the years, including the Golden Eaglet (1916–39), the Curved Bar (1940–63), First Class (1938–40, 1963–80), and, since 1980, the Girl Scout Gold Award; and
WHEREAS, those who have earned it have shown the same outstanding leadership skills, determination, and resilience that have made Girl Scouts’ highest award a unique rite of passage for young women across the Movement;
THEREFORE, Girl Scouts of the USA proclaimed that all who have earned the highest award in Girl Scouts can, beginning January 15, 2019, and henceforth are recognized as Gold Award Girl Scouts, united by their similarities and their ideals, with all rights and privileges therein.

Through the Years
Throughout the history of the Girl Scouts Movement, the highest honor of a Girl Scout can receive has had numerous requirements and titles. Although the awards changed, the girls who have earned them throughout history made lasting impressions on their local and global communities.
The Gold Award is Girl Scouting’s highest honor. This prestigious award is earned by a select group of Girl Scouts who have demonstrated a high commitment to improving their communities and advocating lasting change. From March 2022 to March 2023, 164 Girl Scouts from 25 counties in Maryland, Virginia, West Virginia, and the District of Columbia earned their Gold Award.

The road to the Gold Award begins with discovery. Each Girl Scout uses their own values and skills to identify a community issue they are passionate about and then determines the topic and audience for their project. Before proceeding, each Girl Scout submits a project proposal to the Gold Award Panel. The Panel welcomes all projects for which there is a demonstrated need. The Panel works with Girl Scouts to support the development of their projects and acts as mentors along the way.

While working on their project, each Girl Scout dedicates themselves to advancing their cause and accomplishing their goals. All of the projects completed this year will have a lasting and positive impact on our region and beyond. From protecting the environment to teaching financial literacy, these Girl Scouts have exhibited outstanding leadership, exceptional organizational skills, and a sincere commitment to improving their communities. The following pages feature this year’s Gold Award Girl Scouts and descriptions of their projects. By necessity, the descriptions are brief and may not fully describe the scope of the project.

Congratulations to all of our Gold Award Girl Scouts!
Gold Award Girl Scouts

**Pollinator Learning Garden**
Adia planted a pollinator garden at Hidden Pond Nature Center and then held educational outreach events for children at the nature center.

**Preschool Beyond the Classroom**
Paige created an at-home program to guide parents on how to assist their children with learning outside of the classroom.

**Maternal Mental Health Awareness**
Lucy created a bilingual and interactive social media campaign to raise awareness about perinatal mood and anxiety disorders.

**Community Beach Toy Library**
Betsy built a beach toy library at a local beach. She educated children and gave online resources about pollution in the ocean by a series of story times.

**POC Representation in English Curriculum**
Andrea formed a club at her school to research books by persons of color authors and created a database of books to be used by her school’s English department.

**The Earth & Mind Compost Cycle**
Avani created a composting campaign for local residents, including interviews and a virtual speaker event conducted with professionals in the community.

**Training Videos for Great & Small Riding Center**
Zoe created training videos for volunteers at Great and Small Therapeutic Riding. Her project taught people to help disabled individuals live a full life.

**Emergency Preparedness for Young Mothers**
Dia led 1-5-hour lessons to young mothers about emergency preparedness to give a better understanding of how they can raise a child.
Gold Award Girl Scouts

**Jamestown Kindness Week**
Caroline led a week of activities & videos about diverse types of kindness for an elementary school. Ending the end of the week with kindness awards for the students.

*Caroline Bailey*
Arlington, VA

**Girls United: Adopted Teen Workshop**
Irina a two-day workshop to educate adopted teenage girls on mental health through a series of workshops and created an adopted peer-to-peer support group.

*Irina Bakke*
Arlington, VA

**Weaving Together a Community**
Hope led 6 weaving workshops where underserved teens in Washington D.C learned the history and how to weave using paper, yarn, and fabric.

*Hope Barringer*
Chevy Chase, MD

**STEM Program for ESOL Girls**
Olivia created a STEM program for girls in an English as a second language program, including a binder with curriculum so the program can be continued.

*Olivia Bell*
Vienna, VA

**Project Stop the Splash**
Mridhula developed an educational website and training guide and participated in government-advocacy in order to fight against Acid Attacks in India.

*Mridhula Bharathwaj*
Clarksburg, MD

**Healthy Living for Healthy Kids**
Debika worked with teachers to teach first graders about healthy eating, exercise, and friendships through a series of interactive activities.

*Debika Biswas*
Clarksburg, MD

**Double Tap: Social Media & Mental Health**
Josephine worked with Kilmer, improving social media use. She hosted workshops, created a lesson, built a website, and started a 24 social media detox day.

*Josephine Blanton*
Falls Church, VA

**US Naval Sea Cadet Corps New Recruit Handbook**
Bethany worked with the national Sea Cadet Headquarters to create a handbook for 10-17 year olds new to the United States Naval Sea Cadet Corps (USNSCC).

*Bethany Bluestein*
West Springfield, VA
Gold Award Girl Scouts

Adriana Mae Borromeo
Bowie, MD

Alternative Paths to College
Adriana Mae hosted workshops for students showcasing alternative paths to college such as entrepreneurship, military careers, and trade schools.

Madison Boyd
Goodyear, AZ

Enhancing Multicultural Education
Madison aimed to address the lack of representation of positive minority girl characters in children’s literature and libraries in her community.

Lauren Boyett
Fairfax, VA

Grandma’s Birdhouses
Lauren installed 15 birdhouses at a Hospice Center. Lauren prepared an anticipatory grief presentation and shared it with her community and on YouTube.

Elizabeth Bradshaw
West Lafayette, IN

Your Place in Space
Elizabeth wrote a book about careers in aerospace with profiles of women in the industry. She designed curriculum, led workshops, and shared her book with libraries.

Rhea Chatterjee
Vienna, VA

Docs Orders
Rhea created a podcast where she interviewed medical professionals to help fight misinformation amongst teenagers.

Ella Chen
Potomac, MD

Empowering Athletes
Ella developed a system and social media systems to help athletes to empower themselves to eat healthily and have positive body images.

Sarah Chintala
Aldie, VA

The College Ambassador Program (CAP)
Sarah created the College Ambassador Program (CAP), a website that helps high school students in their college search communicate with recent alumni.

Arielle Chretien
Rockville, MD

Kindness Rock Garden for Soldiers
Arielle built a rock garden for soldiers at the Operation Second Chance facility. The rocks were painted by children who were educated on mental health issues.
Gold Award Girl Scouts

Women's Health
Ryleigh led a workshop for young girls about issues young women may encounter during their teenage years and how to tackle them with positive reinforcement.

Ryleigh Clark
Chesapeake Beach, MD

Poverty: Educate to Eradicate
Hailie hosted an informational session and created a website to educate her community about the causes and effects of poverty.

Hailie Clarke
Silver Spring, MD

Because of the Brave
Kylee designed a website to document the stories of veterans in her community and shared the site with her school's club to continue documenting veteran's stories.

Kylee Coleman
Round Hill, VA

Loving Your Natural Hair
Alyssa led an online workshop to instill confidence and educate middle school aged black girls about the history and maintenance with their natural hair.

Alyssa Cooper
Silver Spring, MD

Native and Edible Plant Seed Library
Isabel worked to strengthen locally-adapted native plants and local food sustainability by launching a native and edible seed library in her neighborhood.

Isabel Costa
Falls Church, VA

Get Out!
Margaret created an educational video to help teens recognize the warning signs of an unhealthy relationship and resources on how to "Get Out"

Margaret Crishock
Fairfax, VA

Theatre for All
Emilie designed a curriculum for a virtual theater program for children across the country in grades 3-6 demystifying acting, auditions, and technical theatre.

Emilie Dajc
Alexandria, VA

Political Participation Among Youth: Get Involved!
Anastasia hosted a free voter registration workshop and created a website with accessible information on voting locations and resources by state.

Anastasia Del Roio
Boyds, MD
Gold Award Girl Scouts

Love to a Tee
Daryn’s project advocated for those underrepresented in golf, teaching them the basics through games. Ultimately, getting them involved in a youth program.

Elizabeth Doble
Ashburn, VA

Improving the Lives of Animals at the Pet Shelter
Elizabeth worked with Loudon County Animal Services to host workshops & created brochures on proper ways to care for rabbits to improve adoption retention rates.

Rebecca Elliff
Burke, VA

Student-2-Student Support Network
Victoria’s project was to bring awareness of how kids may be living with food insecurities and the opportunity for her school’s student body to support them.

Daryn Dickens
Alexandria, VA

Project Conserves: Protecting Nature Together
Masha built a website for K-12th graders encouraging global collaboration and conservation practices, and also led activities for campers in local state parks.

Jessica Drennan
Alexandria, VA

Friendly Faces
Jessica started a club at school to address seniors’ needs at living facilities including making crafts, helping with technology, and companionship.

Rebecca Elliff
Burke, VA

Camping Basics for Families
Rebecca equipped families in her community with camping skills by hosting workshops and creating a website with resources.

Josephine Ellis
Chantilly, VA

Upcycling Fashion Show
Josephine led workshops and made videos for students about upcycling and sewing. Her videos are now used in Home Economics classes in her local middle schools.

Masha Dixon
Boyds, VA

Composting Construction and Education
Sophia built compost bins for her local elementary school’s food scraps to be used in their gardens and included the compost into their environmental curriculum.

Victoria Felder
Chantilly, VA

Sophia Fernandez
Middletown, MD
Gold Award Girl Scouts

Moving for Teen Mental Health
Jillian strived to break the stigma by creating a focused movement room at her school, sharing an informational PowerPoint, and hosting a community Color Run.

Jillian Fortney
Berkeley Springs, WV

Mind Your Mentality
Camille’s project “Mind Your Mentality” aimed to educate young girls on the causes and symptoms of anxiety and provide resources to alleviate it.

Camille Francis
Bowie, MD

Packages for a Purpose
Nia created care packages for female high school and college students. The goal was to help young girls transition into college.

Nia Frederick
Silver Spring, MD

Backyard Invasive Plants: IMPACT on Biodiversity
Anika created an understanding of invasive plant species in local habitats through an interactive, invasive plant booklet with information, activities & videos.

Anika Geibel
Rockville, MD

EveryBODY Can Wrestle
Sophia made a program guide and invited an Olympic female wrestler to educate girls on the basic of wrestling in a four day camp.

Sophia Gerstman
Waldorf, MD

Anxiety and Depression Workshop
hosted a workshop for older teenagers to highlight the issue of mental health, its impacts, and provide resources for self-care.

Yasmin Gorham
Bethesda, MD

Bon Air Park Bluebird Trail
Cassidy established a new Bluebird trail in Bon Air Park and educated over 200 children about the importance of safe habitats for native bird species.

Cassidy Greenwalt
Arlington, VA

A New Generation of Math
Mandy created a unique math curriculum to inspire young students' interest in math by teaching in a fun way. The curriculum can be used by future teachers.

Mandy Guo
North Potomac, MD
Gold Award Girl Scouts

**Computer Science for Girls Workshops**
Sanya inspired young girls to get into STEM through Java, Python, Scratch, & Artificial Intelligence workshops, and creating a website with tutorials.

*Sanya Gupta*
Sterling, VA

**Hydrocephalus Education Website for Kids**
Eli partnered with the Hydrocephalus Association and developed a website with online resources and a pen pal program for children with hydrocephalus.

*Eli Herman*
Bethesda, MD

**Virtual Women’s History March of Falls Church, VA**
Greta created a video of the 2021 Falls Church Women’s History walk to be used as an educational resource and a historical archive.

*Greta Hermann*
Falls Church, VA

**Scoliosis Screening Video**
Camilla created a video demonstrating how to screen for scoliosis at home. Working with her local school district to distribute the video and raise awareness.

*Camilla Hill*
Falls Church, VA

**STEM Careers A-Z: A Book to Inspire Young Girls**
Peyton wrote, illustrated, and published a children’s A-Z book featuring 26 women in varied STEM careers to encourage girls’ passion for STEM.

*Peyton Hoffman*
Arlington, VA

**Hands on the Wheel, No Big Deal**
Reagan created a curriculum to teach new drivers about safe traffic stop procedure. The program was adopted by Alexandria Police Department and Driver’s Ed courses.

*Reagan Houser*
Alexandria, VA

**Plastic & Podcasts: Let’s Prevent Water Pollution**
Nathalie, along with her cities Environmental Management Division, created a podcast and lead a community park cleaning day to raise awareness about pollution.

*Nathalie Hubbard*
Rockville, MD

**Dance for All**
Danielle led a workshop combining the art of dance with American Sign Language to promote communication, empathy, and inclusivity.

*Danielle Hunter*
Falls Church, VA
Healthy Mind Healthy Life
Aaliyah brought awareness to stress and anxiety in teenage girls and educated them on stress management activities and techniques.

Aaliyah Hussey
Bowie, MD

Operation H.E.A.L.T.H
Zara led 14 workshops where she taught 200 kids about community service, made 500 first aid kits, 100 blankets and scarves, and 200 cards for the elderly.

Zara Javeri
Vienna, VA

We Speak: Public Speaking Workshop
Abigail organized a free 5-week public speaking workshop for rising 6th through 9th graders to aid students in improving their speaking skills and confidence.

Abigail Joseph
Oakton, VA

Staying Safe on the World Wide Web
Asmita developed a sustainable lesson and activity plan, teaching coding and cybersecurity to kids at a low-income, title-one elementary school.

Asmita Karandikar
Lorton, VA

Mary’s Playroom
Julianna renovated a multi-purpose room at her local women and children’s homeless shelter to include a better play area.

Julianna Janke
Walkersville, MD

Increasing Literacy in Second Language English Learners
Sarah worked to address the lack of literacy in her community by donating 30 books and leading a weekly book club for 4-5th grade second-language English learners.

Sarah Jones
Herndon, VA

Outlets for Mental Health
Catherine raised awareness for mental health in early puberty youth, then lead a mural project with students to educate them on the benefits of art for stress.

Catherine Kang
Falls Church, VA

Successful Sleep and Why You Are Not Achieving It
Christine raised awareness and educated teens in her community on the harmful effects of irregular sleep and provided corrective tips in a video project.

Christine Katsapis
Falls Church, VA
Maeve Kelly-Mavretic
Washington, DC

Conversations Across Generations
Maeve developed a program to help kids and teens hold meaningful conversations in light of America’s generational disconnect and the effects of the pandemic.

Catherine-Marie Kinslow
Leonardtown, MD

Stations of the Cross Meditation Trail
Catherine-Marie installed 14 stations representing the Stations of the Cross along a prayer and meditation trail that she cleared and maintained in her community.

Natalie Korzuch
Woodbridge, VA

Opening Eyes to Animal Safety: Pets and Wildlife
Natalie partnered with a local animal non-profit to create brochures, a patch program, school curriculum, and a guided workshop on animal safety.

Jensen Kugler
Springfield, VA

Artful Recovery and Care
Jensen provided 555 art kits to Children’s National Hospital sites and collected over $3,000 in donations to provide diverse enrichment for teens in their care.

Nikita Khare
Ashburn, VA

Voices to Words Initiative
Nikita created a public speaking club for middle school students to learn to speak freely and confidently with their peers.

Aurelia Klunder
Lorton, VA

Beautify, Empower, Inspire: Quotes to Uplift Our School
Aurelia addressed poor mental health by beautifying her high school with paintings and quotes to boost happiness and instill students with confidence.

Meg Krause
Markham, VA

Puppy Procedure 101
Meg’s Gold Award project “Puppy Procedure 101” is a public event focused on educating her community about canine welfare.

Lindsey Lamb
Fort Washington, MD

M.O.N.S.T.E.R
Lindsey created a podcast focusing on Mental Health and Self Care where she had guests come discuss related topics and provide self-care tips.
GOLD AWARD GIRL SCOUTS

Giving Bats A "Home Sweet Home"

Rosalyn educated an organization on the extinction of bats and built eight bat boxes to be donated and distributed in her community.

Rosalyn Lavallee
Charles Town, WV

School for Strings

Miranda created videos to teach beginner musicians about the violin, viola, & cello as a resource for those who cannot afford private lessons or need extra help.

Miranda Lenihan
Vienna, VA

Brochure of Historical Places

Sara worked with her local Heritage Museum to share the history of her town by creating a brochure and digital map highlighting the town’s historical places.

Sara Lieberson
Damascus, MD

Women’s Wikipedia Edit-a-Thon

Katy held a Wikipedia edit-a-thon so contributions of women and underrepresented minorities to the history of our country can easily be referenced within Wikipedia.

Katy Layton
Nokesville, VA

Mindfulness Mentors

Stephanie started a mindfulness club at her school and created a program that trained mentors to lead meditations for stressed students.

Stephanie Levy
Alexandria, VA

It’s Just Government

Katie created a podcast about the U.S government to better explain its workings and encourage understanding in her listeners.

Katie Littlejohn
Oakton, VA

Busy Bees

Sophia built nesting structures for declining solitary bees. She educated the public with an interpretive sign and elementary school lesson plans.

Sophia Long
Hume, VA

Reducing Food Waste in Local McDonald’s

Niveda partnered her local McDonalds with Food Donation Connection to donate surplus food hygienically to a homeless shelter, reducing food wastage.

Niveda Mahesh
Woodbridge, VA
Gold Award Girl Scouts

Fostering Post-High School Dreams
Saniya led workshops and provided resources to help students navigate and pave their path to success post-high school.

Saniya Malhotra
Germantown, MD

Technology Help for Senior Citizens
Pallavi held weekly lessons and created a tech help website and pamphlet for a local senior home to help residents improve their technology skills.

Pallavi Mamillapalli
Vienna, VA

We Live Here
Clara created a children’s book featuring the notable lives of 5 black people from DC. She also donated copies to local schools in Washington D.C and McLean, VA.

Clara Marks
McLean, VA

Animal Welfare Awareness
Ashley worked with an animal rescue to educate children on pet care, promote adoption of animals from kill shelters, and make pet toys to be donated.

Ashley Marshall
Clifton, VA

Feral Cat Colony Assistance
Maura made feral cat shelters along with resources on how to build shelters for the feeders of feral cat colonies and their communities.

Maura Martin
Sandy Spring, MD

R.A.C.E to Read
Cassidy hosted reading sessions, activities, and field trips throughout the school year to inspire and challenge students to read about cultural experiences.

Cassidy Mazyck
Mason Neck, VA

Toys for Paws
Ava created an after school club to produce hand-made dog and cat toys and blankets. Nearly 400 items were made and donated to local and international shelters.

Ava McCracken
Burke, VA

Mobile Sensory Cart
Allie created a mobile Sensory Cart to provide needed resources for teachers to aid special education students.

Allie McGuire
Fairfax, VA
Gold Award Girl Scouts

All the Buzz
Emma planted a garden and created a children's book to educate local elementary schoolers in her community about the importance of pollinators.

Emma Meehan
Potomac Falls, VA

Confidence in Your CROWN
Namara's project was developed to inspire confidence through workshops educating girls and women about the CROWN Act and sustainable natural hair care.

Namara Mugamba
Silver Spring, MD

Body Positivity In A Not So Positive World
Mary with the help of a professional dietitian and body positive TikToker taught her peers about body positivity, intuitive eating, and eating disorders.

Mary Murphy
Alexandria, VA

Stop Asian Hate Through Awareness
Huyen founded an Asian Student Alliance at her high school where she hosted workshops to educate others about Asian cultures as a step in preventing stereotypes.

Huyen Nguyen
Annandale, VA

Planting for the Future
Christine partnered with a local tree nursery and her school's environmental club to create a seminar that planted 12 native Virginian trees on school grounds.

Christine Nguyen
Annandale, VA

Increasing Neurodiversity in Computer Science
Trisha started a project to encourage kids with autism to pursue computer science by teaching them Python in a way that catered toward their individual needs.

Trisha Nittala
Fairfax, VA

Beat Your Feet
Margaret hosted a tennis workshop at the community tennis court focusing on the importance of heart health.

Margaret Nkafu
Silver Spring, MD

The Power of Communication
Meika created and led five workshops to aid girls ages 12-18 in improving communication skills to help them in the next stage in their life.

Meika Olsen
Manassas, VA
Gold Award Girl Scouts

Emma O'Reailly
Arlington, VA

Fight Like A Girl
Emma designed a workshop to help educate high school girls about the prevalence of sexual violence in the U.S. and advise them on the best ways to stay safe.

Mia Palk
McLean, VA

Resources for Rescuers
Mia partnered with an animal rescue to provide educational outreach aiming increase pet adoption and reduce animal homelessness or euthanizing.

Kara Park
Fairfax, VA

Stories to Inspire: Stories from the Older Generation
Kara collected 15 detailed generational stories ranging from WWII to 9/11 to be donated as a digital resource for Oakton High School AP US History Classes.

Anya Passino
Leesburg, VA

The Period Taboo
Anya made a website and hosted workshops revolving around normalizing menstruation, educating young menstruators, and encouraging period positivity.

Roshni Pawar
Beltsville, MD

Going for Goal: Ground Balling with Lacrosse
Roshni's Gold Award was about teaching the sport of lacrosse with children in her community, aiming to change the lack of racial diversity within the sport.

Avery Peters
Alexandria, VA

Improving Bat Habitats
Avery educated her community on the importance of increasing the number of local bats to keep mosquito populations down.

Teresa Petrillo
Gainesville, VA

Always Aware
Teresa raised awareness in her community about the rise of human trafficking, teaching others to keep the cell phones down, heads up, and be “Always Aware”.

Danika Pfleghardt
Vienna, VA

Fitness for Kids
Danika taught nineteen live virtual fitness classes and posted them on YouTube to show kids the benefits and enjoyment of exercise.
Trinity NEST
Amy’s project consisted of older students tutoring younger students to provide the extra practice needed for building basic math, reading, and writing skills.

Amy Phillips
Oak Hill, VA

Mental Health Through Mindfulness
Diya led workshops in her community to teach a variety of techniques to improve mindfulness and promote mental health and wellness.

Diya Pradhan
Ashburn, VA

Sustainably Built Contemplative Space
Theresa built a bench using “ecobricks” filled with collected non-recyclable plastics, and created a website with information about sustainable construction.

Theresa Provasnik
Arlington, VA

Menstrual Health Education and Advocacy
Siena supplied her community with free menstrual products and provided educational resources on menstrual health.

Siena Quinn
Poolesville, MD

Self-Guided Tour of Claude Moore Park
Calista made a self-guided tour pamphlet for Claude Moore Park, detailing the park’s ecology, information on pollution, and how to care for the park’s environment.

Calista Quirk
Sterling, VA

Kids Give Back Teen Volunteer Program
Zahra developed a program for teens through a local non-profit aiming to expand their mission in fostering the next generation of youth volunteer leaders.

Zahra Ramakdawala
Annandale, VA

Little Scientists
Samhita created a hands-on science curriculum for 5th graders to help build connections and develop critical thinking skills for middle school.

Samhita Reddivalam
Lorton, VA

Effective Study Habits
Ally created a website to present studying methods and tips to local middle school students, aiming to prepare them for high school.

Ally Rice
New Market, MD
Gold Award Girl Scouts

Emma Rice
Alexandria, VA

Project Bobby
Emma led a car wash, managed a construction site, and conducted research to deliver a 7-foot puppet theater and puppetry curriculum to a local senior center.

Eleanor Roed
Broadlands, VA

Medication Lock Up
Eleanor taught her community the importance of locking up over-the-counter and prescription medication at home to keep children safe.

Kelsea Roper
Springfield, VA

Community Involvement in Blood/Marrow Donation
Kelsea worked with Inova Blood Services to organize a blood drive and served as an ambassador for Be the Match to educate the community on blood transfusions.

Gabriela Ros
Alexandria, VA

Too Good to Waste
Gabriela created a blog with information on composting at home and founded a club at her school to educate students on composting.

Alexandra Roselle
Herndon, VA

The Physical and Mental Benefits of Sports
Alexandra led a lacrosse camp for girls in grades kindergarten-6th grade to teach the importance of the mental & physical benefits that sports have on your body.

Gavriella Ross
Bowie, MD

Know The Type Before You Hike
Gavriella designed a website listing tree species on Prince George's County trails and created an allergy care kit for hikers with environmental allergies.

Devon Rudolph
Burke, VA

Journalism Workshops
Devon led journalism workshops for sixth graders. The students learned how to interview, research, write, and create page designs to publish factual articles.

Allison Saadah
Ashburn, VA

Students Partnering with Students
Allison founded the Falcon Friends Club at her highschool to work with Special Education students and help them feel more included in their school community.
Gold Award Girl Scouts

**A Butterfly Sanctuary for Conservation & Education**

Megan made a Butterfly Sanctuary at her local elementary school with pollinator supporting plants, butterfly houses, and a QR code to her educational website.

*Megan Sartori*
Arlington, VA

**Recycle vs. Refuse**

Madalyn led information sessions to educate her community about proper sustainable recycling, along with trash pickups in her neighborhood.

*Madalyn Schmidt*
Gainesville, VA

**Safe Spaces and Resources for Neurodiverse Youth**

Piya spread awareness for Neurodiversity in schools through educational workshops, safe spaces, and a comprehensive resource toolkit for students across the US.

*Piya Scielzo*
Chevy Chase, MD

**Aquatic Ecosystem of Cabin John Creek Program**

Jenna partnered with the Montgomery County Parks Service to remove invasive weeds and plant native plants while leading informational sessions for volunteers.

*Jenna Seibert*
Gaithersburg, MD

**Breaking Bias**

Hailey led workshops to educate 4th-5th graders on the topic of unconscious bias that we all have towards those who may be different than us.

*Hailey Sepulvado*
Olney, MD

**Auburn Mental Wellness Room**

Lindsay raised $5,000 from her community to build a Mental Wellness Room at Auburn Middle School and help with reduction of stress levels among its occupants.

*Lindsay Sherman*
Warrenton, VA

**Champ House Pollinator Garden**

Lauren built a pollinator garden at a local recovery center with a bench and native plants for residents to enjoy nature and find peace in their worries.

*Lauren Shieh*
Bowie, MD

**The Lost Art of Cursive Handwriting**

Anderson hosted a workshop to teach kids how to read and write in cursive, the history of cursive, and the importance of cursive as a skill in everyday life.

*Anderson Sims*
Burtonsville, MD
Gold Award Girl Scouts

Future STEM Career Possibilities
Ava created a website, conducted interviews, and held workshops with guest speakers to educate middle school students about possible STEM careers.

Ava Smialowicz
Arlington, VA

Little Leaps Reading
Samantha worked to create Little Leaps Reading, a program targeting reading comprehension for students struggling from the effects of online learning.

Samantha Smith
Fairfax, VA

Reaching Economic Security by Financial Literacy
Nyla created a boot camp series where she invited finance professionals to teach teens about topics that will improve their financial journeys.

Nyla Smith
Bowie, MD

Children for Science
Laurel created and ran a program that combats science illiteracy in kids ages 5-13 through relatable, fun science experiments with high school volunteers.

Laurel Snow
Gaithersburg, MD

Guide to 3rd Grade Mathematics
Victoria wrote a guide to 3rd grade mathematics that emphasizes pictorial learning for ESL learners. It is currently at Ferdinand T. Day Elementary.

Victoria Spencer
Lorton, VA

The Stress Less Project
Courtney started the club "Stress Less" at her school, created a website all about stress, ran social media accounts, and hosted workshops for young kids.

Courtney Stark
Germantown, MD

Social Media Safety & Hygiene
Kylie collaborated with elementary schools and led a social media safety workshop for young teens about how to practice online safety on social media.

Kylie Steinfadt
Vienna, VA

Getting Recycling Right in My Community
Alex worked with the Chief of the Arlington Solid Waste Bureau to make videos educating teens in Arlington County on the "Do's and Dont's of Recycling."

Alex Stevenson
Arlington, VA
Gold Award Girl Scouts

Nykole Steward
Accokeek, MD

The Sweet Sound of Nothing
Nykole taught ASL and deaf culture awareness to high school theatre students to promote inclusivity and create an ASL bilingual theatre performance.

Margaret Sussmann
Washington, DC

Making a Difference: It’s in the Bag!
Margaret organized monthly community service projects for school aged children to show the importance of community service at a young age.

Jahnaiya Sutherland
Bowie, MD

Manifesting Financial Success: Financial Literacy & Investing
Jahnaiya educated young women of color about the importance of financial education and investing, especially while they are young.

Sebastian Sylvester
Rockville, MD

Making Hats for Cancer Fighters
Sebastian coordinated and lead a project crocheting hats over the course of three months for people fighting cancer, each hat had encouraging messages.

Danielle Thomas
Burke, VA

Military Student Awareness Project
Danielle created an awareness campaign to educate teachers and staff about the social and emotional struggles of military-connected students in her community.

Annika Tibbetts
Fairfax Station, VA

Pandemic Pets: Back in the Doghouse
Annika partnered with an animal rescue to educate her community on the influx of new pets surrendered to shelters post-covid, and its negative impact.

Caitlin Tran
Annandale, VA

Clean Teeth Save Lives
Caitlin created a program providing low-income preschoolers with supplies and fun interactive lessons on why dental hygiene is so vital.

Madyclene Triplett
Bowie, MD

Building Blocks of Robotics
Madyclene led hands-on projects about the 4 Building Blocks of Robotics for teenagers at her local church.
Gold Award Girl Scouts

**Insight into Art as Therapy**
Tariana held a workshop to showcase ways adolescents can deal with stress and anxiety through art therapy.

**Tariana Tucker**
Silver Spring, MD

**Steadfast Clothing Closet**
Rachel partnered with Steadfast organization to collect donations and develop shelving systems to store donations for a local homeless youth shelter.

**Rachel Ullman**
Frederick, MD

**Growing Relationships with Grandparents, Aunts & Uncles**
Eliza Grace created a guidebook for Girl Scout troops and led peers through the process of actively engaging with grandparents, aunts, uncles, and the elderly.

**Eliza Grace Ulmer**
Arlington, VA

**The OCD Project**
Mary developed a website with resources to help those with obsessive-compulsive disorder and anxiety by creating awareness of the conditions.

**Mary Wade**
Olney, MD

**Signage for Trail Sustainability**
Allyson worked with the Maryland Department of Natural Resources to expand signage and awareness about “Leave No Trace” to promote trail sustainability.

**Allyson Wallace**
Washington, DC

**Literacy for All Languages**
Micaela led read-aloud sessions with non-English speaking children at her local elementary school that included literacy games.

**Micaela Walsh**
Vienna, VA

**Loudon Homeless Shelter Library**
Ashley collected books from her community to create a library in the Loudoun County Homeless Shelter, where she read books to children after it opened.

**Ashley Walters**
South Riding, VA

**Bridging Diversity Through Lacrosse**
Sevyn created a series of lacrosse clinics, including activities to promote diversity and inclusion with positive role models in underserved communities.

**Sevyn Waltom**
Clinton, MD
Lilian Wang  
Boyd's, MD  
HopeFull  
Lillian created online resources to educate others about pediatric cancer, along with 200 positivity jars with fun activities for the Children’s National Hospital.

Havishka Wansapura  
Chantilly, VA  
emPOWER: Self-Defense & Confidence Workshop  
Havishka led a self-defense workshop for her Gold Award. Using her taekwondo background, she directed activities to empower young adults and women.

Lindsey Weeter  
Arlington, VA  
Build A Business Workshops  
Lindsey led business workshops for young female entrepreneurs. They learned about women in business, developed business plans, and earned entrepreneurship badges.

Claire Weiss  
Sterling, VA  
Creative Writing for Confidence  
Claire developed an online creative writing workshop for 4th-5th graders with self-guided or workshop options.

Natalie Wike  
Potomac Falls, VA  
Make Your Voice Count  
Natalie created an app for people to easily access the Virginia Department of Elections website to emphasize the importance for teenagers to vote.

Meckenzie Wilson-Lowery  
Waldorf, MD  
Inhumane Treatment in Puppy Mills  
Meckenzie addressed puppy mills’ inhumane treatment of dogs by conducting an awareness event and invited an expert in anti-puppy mills to present.

Sarina Winters  
Falls Church, VA  
Ready? Set...Save!  
Sarina led workshops teaching Hands-Only CPR and AED machines. She then donated an AED machine to the Falls Church City Homeless Shelter.

Kathryn Wolfe  
Alexandria, VA  
Keeping It Real With Stress & Anxiety  
Kathryn demonstrated techniques to lower stress and anxiety to various groups transitioning from elementary to middle school and middle to high school.
Gold Award Girl Scouts

Saving Butterflies and Bees
Kaia created brochures on butterflies and bees’ plight and collected seed packets to distribute at her township’s annual festival.

Kaia Wynne
Middletown, MD

Sustainable Monarch Waystations
Melissa educated her community on the importance of Monarch Butterflies to our ecosystem by creating a way station in people’s own backyards.

Melissa Yarbrough
Ashburn, VA

A Cleaner Dog Park: Scoop the Poop!
Kathryn worked with her local county parks to build and install a pet waste septic system. This was to educate the public on ground water contamination dangers.

Kathryn Zaglifa
Charles Town, WV

Rejuvenating Nature
Sofia educated kids on the importance of composting and built a compost area at Cardinal Forest Elementary school to be used in their garden.

Sofia Zaidi
Springfield, VA

Once a Girl Scout, Always a Girl Scout.

Register today to become a Lifetime Member

Honor your graduating Girl Scout with a lifetime membership and not only will she remain connected to Girl Scouts for life, but she’ll also be a champion for the next generation of changemakers! Your contribution will support Girl Scouts, which gives girls a place to prepare for a lifetime of leadership. And, by becoming a lifetime member, she’ll join a group of like-minded supporters and contribute to Girl Scouts’ mission.
Gold Award Girl Scouts are the dreamers and the doers who make the world a better place.

Help us promote the Gold Award by sharing your stories on social media.

#GirlsTheWorldNeeds
The Gold Award Panel

The Gold Award Panel is comprised of seven regional groups of committed volunteers who meet every month to help guide Girl Scouts through the Gold Award Process. Our Gold Award Panel reviews proposals and provides constructive feedback to potential Gold Award Girl Scouts. The Panel members are essential to Girl Scouts earning the Gold Award through Girl Scout Nation's Capital.

Brandywine, MD
Bridget Arnold
Ebony Belt
H. Christel Brokenborough
Ethel Lowery
Melodi McNeil
Catie Palmer
Tonya Penebaker-Brown
Liz Prouty
Marvena Simmonds
Rochelle Smallwood
Sandra Stewart
Diane Traweek
Liz Wainger

Washington, DC
Lauren Cross
Hannah Davis
Dena Grant
Carol Jacobson
Sue Kohn
Lauren Lawson-Zilai
Patricia Marshall
Marietta Robinson
Cheryle Thorne-Harris
Sara Tyler
Mandi Wedin

South Fairfax, VA
Serena Aurora
Kelli Garcia
Carin Gendell
Sue Hansen
Eileen Kurucz
Amy Mitchem
Diana Shannon
Barbara Skog
Hillary Tabor
Theresa Ziemba

Frederick, MD
Serena Bell
Shukla Biswas
Camille D'Annunzio-Szymczak
Harper Everett
Lisa Jackson
Stan Myles
Cathy Romano
Angela Romano Papillo

Camp Crowell, VA
McGlensey Antonucci
Sharon Cantrall
Patty Coote
Kara Coxe
Natalie Gilbert
Shelby Lee
Maureen Mallette
Sarah McCue
Maria Rojtmant
Jenn Topscher
Sandy Trumbull
Stephanie Tsacoumis
Rhea Wanchoo

Shenandoah Region
Novella Anderson
Darolyn Johnson
Brian Kearney
Kristoria (Tori) Mayes
Robin Reed
Paige Sherman
Medha Tare

Loudoun, VA
Lisa Collins
Lori Ann Duvall-Jones
Lindsay Horikoshi
Terri Hotaling
Stuthi Iyer
Laura Kannengieszer
William Perry
The Gold Award Scholarship Panel 2023

Nedra Agnew  
The Agnew Group

Susan Ducey  
Community Volunteer

Denise Hart  
Community Volunteer

Kate Perrin  
Smithsonian Women's Committee

Suzanne Amsbaugh  
Community Volunteer

Leslie Furst  
Blackfin Real Estate Investors, LLC

Sree Mitra  
Ernst & Young

Kathleen Purtill  
Deloitte Consulting LLP

Kathy Carl  
Nestlé USA

Elizabeth Gere  
Community Volunteer

Janet Osborne  
Aon Corporation

Margie Siegel  
MAS Consulting

Morion Bell-Izzard  
Pepco Holdings

Charlotte Hart  
Community Volunteer

Karen Penn  
Elastic

Stephanie Tsacoumis  
Pebble Beach Associates, LLC

Ethel G. Lowery President's Award

The President’s Award in Honor of Ethel G. Harvey is the only Girl Scouts Nation’s Capital honorary award for girls. It is named in honor of Ethel Harvey, Girl Scouts Nation’s Capital President from 1972-1978. The award is unique in that selection is made by girls who choose from among nominees the Girl Scout they feel best exemplifies the criteria.

Congratulations to the 2023 Ethel G. Lowery President’s Award Recipient Natalie Korzuch!

GOLD AWARD SCHOLARSHIP OPPORTUNITIES 2023

Many colleges and universities offer scholarships to Girl Scouts who have earned the Gold Award, because they recognize the leadership skills required to earn this award.

Our Council offers Gold Award scholarships to graduating high school seniors valued $1,000 each to attend the college of her choice. The Gold Award Scholarship Panel is comprised of members of the business community with a commitment to Girl Scouting. The Panel reviewed written applications and identified semifinalists to be interviewed at the Council office. Based on the interviews, committee members selected the scholarship recipients. Our Council also offers a Young Woman of Distinction award to a Gold Award recipient, valued $2,000.

The Council’s scholarships for Gold Award recipients are funded through generous gifts from Sara Phillips, a lifetime Girl Scout volunteer, in support of the Sarah and Lawrence Phillips Scholarships; a gift from an anonymous donor in honor of Marilyn Carr; from Elizabeth Sarah Gere in Memory of Gold Award Girl Scout Rachel Deitch; and Shenandoah Region scholarships supported through an endowment from lifetime Girl Scouts Eva L. Woolridge and Lynne Seibert-Steptoe.
The Silver Trefoil Award is unique to Girl Scouts Nation's Capital. This award originated in the 1970s as the Little Flower Award in memory of Senior Girl Scout Linda Curtis. Today, the award honors Girl Scout Seniors and Ambassadors who make the world a better place through service in three communities: Girl Scout Community, National, and Global.

Congratulation to the following Silver Trefoil Award Girl Scouts;
The Girl Scout Silver Award is the highest honor a Girl Scout Cadette can achieve. This award recognizes girls who participated in a range of Take Action projects benefiting their communities. Through their projects, the Girl Scouts listed in this yearbook learned leadership and organizational skills, explored potential career paths and improved their neighborhoods.

_Congratulations to the following Silver Award Girl Scouts:_

Sama Abbas
Iris Abedi
Clara Abercrombie
Lucy Adair
Juliet Adams-Lambert
Leila Alam
Avalon Allard
Lauren Allen
Isabella Altamirano
Ananya Amin
Alana Anantham
Isabella Anastas
Alana Applebaum
Victoria Archer
Zarina Aronson
Navya Arora
Yordanos Assefa
Hannah Au
Calista Ausema
Shealyn Ayala
Kiersten Bacon
Celia Bailey
Annabelle Bailey
Elizabeth Balogh
Sophie Balourdos
Tara Bansal
Shireen Barekzai
Ja’Nya Barnes
Zoe Barth

Samantha Bartoli
Caroline Beard
Cadence Behen
Jayda Bello
Sophia Benjamin
Audrey Bevans
Lydia Bevans
Grey Bevington
Saisanketha Bharatula
Anjali Bhatnagar
Isabella Biglete
Serena Binkowski
Aleah Biscombe
Alyssa Biscombe
Corinne Blachere
Elizabeth Blackwood
Shilah Blanc
Alex Boba
Maire Bockey
Alex Boda
Anastasia Bortchevsky
Jennifer Boston
Roya Bowers
Hadley Bowlin
Devyn Bowman
Rajvi Brahmbhatt
Makenzie Brewster
Eleanor Bright
Katie Broadbent

Hannah Bronson
Rylee Brooks
Olivia Brown
Natalya Bryant
Grace Buchanan
Catherine Buchholz
Isabel Buescher
Georgia Burke
Kara Burleson
Erin Butler
Alexis Buxo
Sophia Caballero
Caroline Campana
Kathryn Campillo
Sophia Caperton
Megan Carranza
Makenzie Catoe
Pauline Chailleux
Sunny Chen
Kylie Chedester
Kaitlyn Meimei Chen
Sarah Chery
Sunaina Chibber
Jane Choi
Isabella Choudhary
Allison Christensen
Madlyn Christian
Moira Clark
Eve Clarke
Ella Clarke
Eva Colella
Sarah Collins
Riley Collins
Hailey Conn-Burdette
Emma Conrad
Zoe Conroy
Ellie Cooney
Aurora Copeland
Chrstelle Cortes
Julia Costello
Mary Kate Costello
Jillian Couch
Beatrice Couchman
Nicole Cousins
Fiona Cox
Savanna Cox
Juliet Craig
Isabel Craine
Kelly Cullins
Remy Cunningham
Eleanor Dagan
Talia Dahncke
Elleanna Dalton
Lillian Dao
Jacqueline Daphnis
Laura Daugherty
Layla Davis
Anastasia de la Cerda
Isabella Deaso
Aimee Deeb
Evelyn deForest
Aurelia Del Bagno
Isabella Delaney
Sophia Delk
Camille Dell’Erba
Bunmi Desalu
Riley Devereaux
Lilly Didytch
Eleanor Dixon
Gabi Dmuchowski
Aleesia Duffin
Amy Dugan
Aubrey Durant
Nora Durcan
Allison DuVal
Juliet Dwyer
Annabelle Eggers
Via'Shalaine (Vai) Eisenberg
Yasmeen Elbash
Samantha Eldred
Marisol Emerson
Lauren Eng
Jayden Eversole
Claire Ewing
Azaria Fabyan
Lana Fakhro
Ariyana Farooq
Simone Feil
Rachel Ferbrache
Kaitlyn Ferguson
Sage Ferrari
Jolee Ficalora
Emma Filson
Rowen Firor
Aliyah Fischer
Jillian Fishman
Melany Flores Ayala
Virginia Fontana
Kathleen Foote
Aleksandra Foss
Courtney Francis
Emily Franz
Reagan Fried
Jocelyn Fryer
Eliza Fuller
Malaya Gage
Zayna Galaria
Isabella Galiatsatos
Sharvi Gandhi
Ramona Gappa
Gianna Gavilan
Iris Gaycken
Ariyanna Ghala
Aribah Ghazi
Anum Ghor
Jamie Gibson
Bella Giron
Virginia Glander
Anna Glassman
Abigail Gleason
Elizabeta Godaire
Ava Godlove
Anna Goldenberg
Mikayla Goldstein
Campbell Goldston
Daniela Gomez
Zuri Gorham
Grace Gould
Tabitha Greer
Meghan Greimel
Sophia Grimes
Lily Grof-Tisz
Annika Gross
Madeline Gruber
Hailey Gruneiro
Avishi Gupta
Fallon Gyapong
Aida Haberreiter
Maggie Hagner
Aliya Haleed
Faith Hammet
Ava Hanlin
Makayla Hansen
Esther Harbin  Delanie Jones  Caroline Lee
Samanvi Hari  Madison Jones  Krista Lee
Jayda Harris  Nalini Jones  Abby Leiber
Nyeilah Harrod  Emma Jordan  Abigail Leiber
Elle Hauns  Isabel Joseph  Grace Lemmon
Jannat Hbabla  Sophie Jumbercotta  Sophia Leon
Ella Heltzer  Sam Jurado  Seren Lerusse
Eva Hernandez  Amelia Kaib  Zoe Lester
Amilia Hernandez-Toro  Aarushi Kanigicherla  Madeline Levorson
Olivia Hill  Madeline Kee  Ella Lipscomb
Hayden Hill  Christie Keiser  Naomi Love-Miller
Amel Holland  Annabelle Kemp  Jada Loving
Javonni Holly  Katie Kenney  Hannah Lozon
Sophie Holmes  Michelle N. Kersey  Cease Lucero
Kaylee Hopkins  Angeline Kersey  Zoe Luong
Natalie Horowitz  Mayme Killeen  Paige Lynch
Cecilia Howton  Abigail Killian  Aliyah Lynch
Addie Hsiung  Sophia Kim  Helen Maag
Lily Hudson  Nari Kim  Rhianna Mack
Georgia Hudson  Kierra King  Kaitlin Madison
Nyla Hughes  Kathryn King  Anuva Maloo
Morgan Huheey  Liahana King Cull  Zella Mantler
Katie Huynh  Cassandra Koh  Ava Manzolina
Evie Hwang  Kendall Kovarik  Max Marshall
Gabriella Iannarelli  Rithika Krishna  Sajale Marshall
Chloe Iveson  Cara Krot  Sahana Marthar
Fahey James  Katherine Krueger  Lillian Martin
Linnea Jenkins  Alayna Krynicki  Sana Masood
Renee Jenkins  Alexa Krystopolki  Annika Matsko
Annamarie Jenkins  Erin Kyle  Roshan Mawji-Ragland
Mack Joffe  Tova (Tea) LaCroix  Tara McCormick
Victoria John  Divya Laddha  Elisa McCoy
Makenzie Johnson  Zara Lakhanpal  Maddie McDermott
Allison Johnson  Tess Lasut  Sibyl McDonell-Leslie
Elizabeth Johnson  Micah Lavere  Addison McGaffin
Harper Johnson  Breeze Lawless  Kyra McGinn
Victoria Johnson  Nicolette Le  Ellie McGrath
Anya Jolly  Skye Leavy  Taylor McGregor
Olive McNamara
Emily McNicholas
Haven Mead
Lucy Meder
Luci Medovoy
Kathleen Meehan
Sibel Mehmed
Anjali Mehta
Rachel Melvin
Elise Mengason
Susana Menjivar
Brooke Miller
Julia Miller
Victoria Miller
Mallory Mills
Riley Mitchell
Rahmah Mohamed
Penelope Mollen
Emlyn Monti
Alivia Moody
Caroline Moore
Charlotte Moore
Elena Morell
Taylor Morrison
Mairéad Morrow
Ludie Mouvi
Maggie Muirhead
Meera Mullick
Saanvi Mupparthi
McKenna Murphy
Katie Musick
Katie Myshrall
Sahasra Nadimpalli
Rushmitha Nadipally
Mia Nash
Olivia Naughton
Khanh Nguyen
Namtran Nguyen
Anna Nguyen
Camryn Niel
Rhea Nirmal
Malaiki Nkafu
Lauren Nocerito
Kaitlyn Nowinks
Confidence Obioha
Sophie Ochiai
Kai Ocloo
Alayna O'Connell
Lily O'Connor
Aleeeke Odujebe
Melat Ojiaku
Samantha Olivia
Ula Olson
Olivia Osterhout
Rebecca Ostrowski
Stella Otto
Caitlin Owlett
Bellana Pachon
Serena Pallan
Medha Pappula
Maren Paquette
Mahee Parekh
Isabel Parra
Casuarina Pascarella
Sophia Pascuzzo
Avani Patel
Ireland Paugh
Lilly Payne
Isabella Pazos
Claire Penland
Lilia Pereanu
Sophia Perreault
Maren Petersen
Arabella Peterson
Maddie Petru
Magdalena Phalen
Sydney Pham
Vivi Phan
Cathryn Phan
Lily Phillips
Annalina Pickens
Olivia Pierre
Trinity Pierre
Faith Pierre
Caolainn Pilkerton
Gauri Pillai
McKenzie Pisarcik
Carter Pleasants
Vivian Poe
Lorelei Pointer
Arabella Pointer
Maggie Polak
Margaret Pomeroy
Samantha Poston
Rithika Potluri
Clare Potter
Harini Prabhu
Arley Pratt
Shelby Querry
Olivia Quinn
Alexis Quinn
Madeline Racine
Inaya Raja
Zahra Rasuli
Mira Ray
Maria Razzak
Sylvia Rearick
Thalia Redmond
Sejal Regmi
Julia Reitman
Kally Renfrew
Micah Resti
Danielle Antonella Revilla
Estela Reyes-Maldonado
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<thead>
<tr>
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<td>Esme Spokas</td>
<td>Priya Udeshi</td>
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<td>Sita Valado</td>
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Madeleine Van Valkenburg
Sophia Vanderhuff
Saara Vanguri
Ria Vasanthan
Mili Vazquez
Isabelle Velasquez
Amira Vij
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Peyton Virt
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