



# Program Kits 411

Nation's Capital Program Kits are available to borrow at minimal cost to leaders and can be delivered to any Council office for pickup (some kits are free). Kits are fun, age-appropriate resources and are available for varied subjects such as the environment, teamwork and healthy living. Many kits support badges from the *Girl's Guide to Girl Scouting*.

Kits are adaptable and can be used once or over a series of meetings or camp days, providing enriching activities for Girl Scouts in a variety of settings. Included leader guides walk you through the activities.

Most kits contain the non-consumable supplies for four to eight 30-45 minute related activities. Descriptions of available kits are listed on the following pages.

Leaders should **request kits at least 3 weeks in advance** of the anticipated pickup date **using the online reservation system** found at [www.gscnc.org](http://www.gscnc.org). Requests are filled on a first-come, first-served basis. Materials may not be available for all dates.

For the most updated information on **kits, patch programs, and other activities**, visit [www.gscnc.org](http://www.gscnc.org).

For further questions, contact the Program Specialist who works with kits by emailing [programkits@gscnc.org](mailto:programkits@gscnc.org) or calling 202-237-1670 ext. 277.

# Program Kits

To reserve a kit, please use the reservation system link found on the Kits and Patches webpage at [www.gscnc.org](http://www.gscnc.org).

Theme	Kit or Resource	Appropriate Level					
		D	B	J	C	S	A
Arts and Crafts	<b>Craft Boards</b> Our craft boards are tri-fold displays that offer step-by-step instructions for a variety of crafts. Girls can choose their craft and complete the activities at their own pace. Boards can be reserved individually or as a set.		✓	✓	✓	✓	✓
	<b>Classic Songbooks</b> Girl Scouts have been singing for many years, from troop meetings to campfires to national sing-alongs celebrating special Girl Scout anniversaries. This collection of songbooks help girls learn Girl Scout songs from as early as the 1920s.	✓	✓	✓	✓	✓	✓
	<b>Girl Scout Games and Dramatics</b> Games can be used many different ways in Girl Scouts – breaking the ice, developing teamwork, learning or reinforcing skills, building stamina, or just blowing off steam after sitting for too long. Get your girls up and moving with a variety of games.		✓	✓			
	<b>Leather-Crafting Kit</b> Learn the basics of using tools for working leather. Great project for troops and families.		✓	✓	✓	✓	✓
	<b>Screen-printing</b> Screen printing allows girls to create a one of a kind piece of art. Use screen printing to make t-shirts for your next event, or make unique items for a money-earning project.		✓	✓	✓	✓	✓
	<b>Sewing Machines</b> Four sewing machines are available for troops to check-out. The machines are (brand) and perform basic functions such as a straight stitch or a zigzag. Girls can create one-of-a-kind designs to sew on t-shirts, handbags, or whatever strikes their imagination.	✓	✓	✓	✓	✓	✓
Environment	<b>Earth Defender</b> This kit teaches girls about the hazards of tobacco manufacturing on the environment. Girls practice Leave No Trace; understand the importance of recycling and not littering; discover the negative impact chemicals can have on our waterways; and more.	✓	✓	✓	✓	✓	✓
	<b>Eco-Box</b> Girls explore current environmental issues and find ways to proactively protect our natural environment. Topics discussed range from water to energy to ecosystems. This kit is a great supplement to the Brownie <b>Wonders of Water</b> Journey, Junior <b>Get Moving!</b> Journey, Cadette <b>Breathe</b> Journey and the Environmental Stewardship badges available at all levels.	✓	✓	✓	✓	✓	✓
	<b>Enviroscape–Coastal</b> The Coastal interactive landscape model shows how pollution damages wetlands, estuaries, the ocean, beaches, coral reefs, and shellfish beds. Brownies working on the Wonders of Water Journey can use this kit as they explore issues relating to water.		✓	✓	✓	✓	✓

Environment Cont.	<b>EnviroScape–Hazardous Materials</b> The Hazardous Materials interactive landscape model helps us to understand hazardous substances, waste, and their effects on the environment. Brownies working on the Wonders of Water Journey can use this kit as they explore issues relating to water.		✓	✓	✓	✓	✓
	<b>EnviroScape–Landfill</b> The Landfill interactive landscape model shows how modern landfill systems differ from the land disposal methods used in the past. Brownies working on the Wonders of Water Journey can use this kit as they explore issues relating to water.		✓	✓	✓	✓	✓
	<b>EnviroScape–Watershed/Non-Point Source</b> The Watershed/Non-Point Source interactive landscape model shows the origins of point and non-point sources of water pollution and how a watershed works. Brownies working on the Wonders of Water Journey can use this kit as they explore issues relating to water.		✓	✓	✓	✓	✓
Financial Literacy	<b>Brownie Money Manager Badge</b> Through hands-on, meaningful activities, girls practice their shopping skills to get an idea of what things cost. Girls also work with a pretend budget to plan a trip.		✓				
	<b>Brownie Philanthropist Badge</b> Through hands-on, meaningful activities, girls identify the difference between a want and a need. Girls also explore ways to help people in their community to get what they need.		✓				
	<b>Junior Business Owner Badge</b> Through hands-on, meaningful activities, girls learn what it takes to be a business owner. Girls investigate ways to provide great customer service and understand the importance of consumer research.			✓			
	<b>Junior Savvy Shopper Badge</b> Through hands-on, meaningful activities, girls identify their needs from wants. Girls explore the reasons they want what they want and set goals and budgets for obtaining these items.			✓			
	<b>Cadette Budgeting Badge</b> Through hands-on, meaningful activities, girls create a budget based on their values. Girls track their spending, explore ways to save money, and decide how they are going to give back to their community.				✓		
	<b>Cadette Financing My Dreams Badge</b> Through hands-on, meaningful activities, girls explore their dream job and the ways in which this job can support the lifestyle they want to live.				✓		
Healthy Living & Teamwork	<b>Brownie Working It Out</b> Brownies explore ways to handle frustrating situations and channel negative feelings without violence, act out problems and possible solutions, and work as a team to discover individual strengths.		✓				
	<b>Car Care</b> This kit provides activities and materials to learn basic car care maintenance, vehicle safety, safe driving practices, how to handle an emergency, and how to drive for a greener world. Senior Girl Scouts can earn their Car Care badge with this kit.					✓	✓

Healthy Living & Teamwork cont.	<b>Cooperative Games 1</b> Girls use co-oper bands in teamwork exercises. The bands allow girls to experiment with trust, caution, risk-taking, and release in a safe and supportive environment.		✓	✓	✓	✓	✓
	<b>Cooperative Games 2</b> Girls focus on skills that make teamwork successful. Communicating clearly and learning to cooperate in a group are important life skills.			✓	✓	✓	✓
	<b>Daisy Respecting Myself and Others</b> Daisies practice respect for others who are talking, learn to express feelings without hurting others, and cooperate and share when it comes to teamwork and games.	✓					
	<b>Emergency Preparedness</b> Always be prepared! Learn how to prep your family and house for any emergency. Use in conjunction with the Emergency Preparedness patch program.	✓	✓	✓	✓	✓	✓
	<b>Grow Strong Daisies</b> The Grow Strong program provides resources and activities that instill in girls the habits that will influence their emotional and physical health for the rest of their lives.	✓					
	<b>Grow Strong Brownies/Juniors</b> The Grow Strong program provides resources and activities that instill in girls the habits that will influence their emotional and physical health for the rest of their lives.		✓	✓			
	<b>Grow Strong Cadettes/Seniors/Ambassadors</b> The Grow Strong program provides resources and activities that instill in girls the habits that will influence their emotional and physical health for the rest of their lives.				✓	✓	✓
	<b>Junior Choice Is Yours</b> Juniors explore ways to handle frustrating situations and channel negative feelings without violence and identify things that cause stress in their lives.			✓			
	<b>Parachute Games</b> Girls focus on communication skills and cooperation within a team by playing games with a parachute.	✓	✓	✓	✓	✓	✓
	<b>Sports Equipment:</b> Basketballs, Foam Paddles, Frisbees, Corn Hole Board Set, Hula Hoops, Jump Ropes, Playground Balls, and Soccer Balls	✓	✓	✓	✓	✓	✓
	<b>Teen Stress and Anger Management Activities</b> Cadettes, Seniors, and Ambassadors explore ways to handle frustrating situations and channel negative feelings without violence, identify things that cause stress in their lives, and try different relaxing techniques such as herbal teas, yoga, deep breathing, and taking time to pamper yourself.				✓	✓	✓
	<b>Yoga Mats</b> Check-out these yoga mats and show your girls some relaxing yoga moves. The mats can be used with any kit in the Healthy Living and Teamwork category. Great to use in a station at a larger event.	✓	✓	✓	✓	✓	✓
<b>Zink the Zebra</b> Zink is a zebra with spots who feels different from other zebras. By learning about Zink, girls gain a sense of awareness and appreciation for individual differences, as well as helping foster compassion and respect for others with perceived or actual differences.	✓	✓	✓	✓	✓	✓	



<b>Naturalist</b>	<p><b>Animal Tracks</b> This kit is a great tool to learn about the animals that live next to us, some seen and others hidden. Girls will use observation skills and hands-on activities to learn about the different wildlife in our area. Many of the activities in this kit can be paired with the Citizen Scientist Journey for each girl level.</p>	✓	✓	✓	✓	✓	✓	
	<p><b>Brownie Bugs Badge</b> Explore the world of bugs and learn about these little creatures through this interactive, fun-filled kit. Take it on your next camping adventure or spend the day in a park observing the bugs that live there.</p>		✓					
	<p><b>Junior Flowers Badge</b> Uncover the science of flowers through this kit designed to help Juniors earn the Flowers badge. This kit is a great addition to a camp weekend or a sunny spring day in the park.</p>			✓				
	<p><b>Cadette Trees Badge</b> From designing a tree house, to discovering what <i>dendrochronology</i> means, you will learn all there is to know about trees! Check out this kit and help your girls earn the Trees badge. Great addition to a camp weekend or a visit to a national forest.</p>				✓			
<b>STEM–Bridging the Gap</b>	<p><b>Goggle Tub</b> Check out some goggles when you check-out any of the science kits. Goggles are made of plastic and are designed to cover the top of the face. Adjustable with a strap so they fit everyone.</p>	✓	✓	✓	✓	✓	✓	
	<p><b>Introductory Robotics Kit</b> The activities in this kit are designed for those wishing to begin their exploration of robotics. It allows girls to explore the different parts of a robot and their function in the overall success in making the robot move.</p>		✓	✓	✓	✓	✓	
	<p><b>Intermediate Robotics Kit</b> The activities in this kit are designed for those wishing to extend their exploration of robotics. It provide girls with an introduction to programming with challenging tasks as girls progress through the activities.</p>			✓	✓	✓	✓	
	<p><b>Advanced Robotics Kit</b> The activities in this kit are designed for those wishing to advance their exploration of robotics. It provides girls with hands-on experience with graphical programming, electronics, and robotics.</p>				✓	✓	✓	
	<p><b>Daisy Color Wonders</b> In this kit, Daisies explore science concepts through hands-on activities. Girls mix primary colors to make new colors. Encourage your girls to explore and experiment in a fun and safe environment.</p>	✓						
	<p><b>Real-World STEM Challenges</b> Girls gain knowledge and experience in the STEM disciplines by working on engaging project-based activities or challenges. From making a raft that will float to fixing a leaking roof, girls will naturally explore, observe, predict, and investigate concepts among the STEM disciplines.</p>	✓						
	<p><b>Brownie Earth and Sky</b> In this kit, Brownies explore the three stages of water, identify different cloud types, practice reading a ruler scale, and explore life as a Paleontologist.</p>		✓					

## STEM—Bridging the Gap Cont.

	<p><b>Brownie My Body</b> In this kit, Brownies explore science concepts through hands-on activities. Girls identify the different parts of the body, learn about the different ways the brain works, and discover the uniqueness of fingerprints.</p>		✓				
	<p><b>Brownie Numbers and Shapes</b> In this kit, Brownies explore math concepts through hands-on activities. Tangram puzzles, origami, and Mobius strips allow girls to develop spatial relationships while having fun.</p>		✓				
	<p><b>Brownie Science in Action</b> In this kit, Brownies explore science, technology, and engineering concepts through hands-on activities. Girls are introduced to physics, learn how to read and make a bar code, and make their own sundial wrist watch.</p>		✓				
	<p><b>Brownie Science Wonders</b> In this kit, Brownies explore science concepts through hands-on activities. Girls discover the properties of magnets, perform simple chemistry experiments, and learn about energy through static electricity.</p>		✓				
	<p><b>Brownie Senses</b> In this kit, Brownies explore science concepts through hands-on activities. Girls identify the five senses (sight, hearing, touch, taste, smell) and learn how to compensate when one or more of their senses is lost.</p>		✓				
	<p><b>Junior Aerospace</b> In this kit, Juniors explore science and engineering concepts through hands-on activities. Girls make paper airplanes and kites to see the difference in engineering designs, and explore many different career options in the aerospace industry.</p>			✓			
	<p><b>Junior Making it Matter</b> In this kit, Juniors explore engineering concepts through hands-on activities. Girls build a bridge, develop spatial visualization skills by drawing objects in 3-D, make electrical gadgets, and identify careers in engineering.</p>			✓			
	<p><b>Junior Rocks Rock</b> In this kit, Juniors explore science and engineering concepts through hands-on activities. Girls act like geologists and identify rocks and minerals, discover how fossils are formed, and study plate tectonics and how they relate to earthquakes.</p>			✓			
	<p><b>Junior Science in Everyday Life</b> In this kit, Juniors explore science, technology, engineering, and math concepts through hands-on activities. Girls make snowflakes, sundials, water clocks, and paper rockets to see how STEM is found everywhere in their lives.</p>			✓			
	<p><b>Junior Science Sleuth</b> In this kit, Juniors explore science through hands-on activities. Girls make crystals, identify fingerprints, and build simple machines to move objects.</p>			✓			
	<p><b>Junior Weather Watch</b> In this kit, Juniors explore science and technology concepts through hands-on activities. Girls act like meteorologists and study the effects of air pressure on weather systems, measure wind speed and direction, temperature, precipitation, and learn about technology used to help monitor weather patterns.</p>			✓			

	<p><b>Design Time: Girls Go Techbridge</b>  Design Time ignites interest in engineering with girls' love of being creative and artistic. Girls will experience the Engineering Design Process, including brainstorming, designing, testing and redesigning, first-hand as they design and create products. They will also explore careers that play a major role in the creation of products in the market today. The materials in this kit help your girls complete the required activities to earn the Junior Product Designer badge. This kit can also be done in conjunction with the Junior aMUSE Journey.</p>			✓	✓		
	<p><b>Teen Science Activities</b>  In this kit, Cadettes, Seniors, and Ambassadors explore science and engineering concepts through hands-on activities. Girls build an electrical device, locate stars and constellations, and design and build a kite.</p>				✓	✓	✓
	<p><b>Teen Build A Better Future</b>  In this kit, Cadettes, Seniors, and Ambassadors explore science and engineering concepts through hands-on activities. Girls explore physics to understand how roller coasters are created, make art from polystyrene plastic, learn about assistive technology, and build electrical gadgets.</p>				✓	✓	✓
	<p><b>Teen Math, Maps and More</b>  In this kit, Cadettes, Seniors, and Ambassadors explore math concepts through hands-on activities. Girls explore the different functions of graphs, use statistics to crack a secret code, and learn about women mathematicians.</p>				✓	✓	✓
	<p><b>Teen Space Exploration</b>  In this kit, Cadettes, Seniors, and Ambassadors explore science and engineering concepts through hands-on activities. Girls build a paper rocket powered by Alka-Seltzer and discover why telescopes in outer space are beneficial to our understanding of space.</p>				✓	✓	✓