



*For Members of Girl Scouts Nation's Capital
April 29, 2021*

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Council Programs

Take Action vs Community Service

Who: Juniors, Seniors, Cadettes, and Ambassadors

When: May 11, 2021 7:00pm - 8:00pm

Where: Virtual

What: Taking action is at the heart of being a Girl Scout. We see a need in our community and we take action to address it. We do this through Journeys, Higher Awards, mentor awards, and sometimes just because. But, how do we make our actions sustainable so that more people down the road benefit? This is a big question when girls are deciding on their take action projects to complete a Journey or earn a Higher Award.

Join us as we explore the difference between a Take Action project and a

Community Service project. Girls will become familiar with the different types of projects and be able to choose the right project for the situation. Girls will also evaluate their “initiative” which will show them how ready they are to start a take action project. After discovering their current skill set and identifying the skills they wish to improve upon, there will be a discussion of the Bronze, Silver, and Gold Awards. We want girls to be as prepared as possible before starting their Take Action projects.

Registration closes May 6th.

Fee: Free

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Endangered Species Day for Cadettes

Who: Cadettes (Seniors and Ambassadors are welcome to join)

When: May 21, 2021 4:00pm - 5:15pm

Where: Virtual

What: Do you want to protect wildlife, our environment, and make the world a better place? Now is your chance to join an exciting webinar and start on the Endangered Species Patch! This event is for Cadettes, (Seniors and Ambassadors are welcome to join). The guest speakers are from NOAA Fisheries and Fish and Wildlife Service, we have amazing scientist who work to protect and conserve endangered species. They'll share their career stories about how they protect Endangered Species.

The presentation will be 1 hour with 15 minutes for questions. Girls bring your STEM Career questions to ask! As I cannot wait to hear what inspired these scientists to work with Endangered Species.

Fee: Free

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Save the DATE! Cyber SUMMER with Palo Alto Network!

Who: All Levels

When: Saturday, June 12, 2021

Where: Virtual

What: Join us for a grant-funded program by Palo Alto Network! There will be an activity for all levels, join our virtual program and lets be Cyberheroes!

Registration will open May 18th for all Girl Scout levels.

Fee: Free



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Save the DATE! Bee a Friend to Pollinators and STEM Careers for Juniors and Cadettes

Who: Juniors and Cadettes

When: Jun 23, 5:00 PM - 6:00 PM

Where: Virtual

What: Do you want to learn all about Bees in our area. Join us for an exciting adventure about pollinators, types of pollinators and ways we can help. Focus on how to create habitat for local pollinators by planting native plants and other habitat practices. Ms. Wixted will dissect a flower and talk about the parts and pollination. You can follow along with your own flower at home or focus on the dissection. Let's discuss pollinator syndromes.

Girls bring your STEM Career questions to ask! As I cannot wait to hear what inspired Ms. Wixted to work at Maryland Department of Natural Resources. We will complete Step #3 of the STEM Career Exploration Badge!

Fee: Free

Registration link coming late May.

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NEW Global Action Award 2021 Facilitator Guide on gsLearn

Looking to engage your Girl Scouts about Climate Action? Check out 204 Global Action Award 2021 Facilitator Guide on gsLearn. Our program follows the Global Action Award booklet for both DBJ and CSA, with a PowerPoint presentation including a script to help guide the meeting.

There are two Global Award booklets one for our DBJs and the other CSAs.

Both have activities in this booklet that are appropriate for their age range. Make it your own, virtual, hybrid or in-person meetings.

Access gsLearn through your MYGS account.

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NEW resources for teen Girl Scouts!

gsLearn now has online modules for girls working towards their Girl Scout Gold Award, as well as short tutorials about programs, journeys, awards and other activities for Seniors and Ambassadors.

Teen Girl Scouts can get a head start learning about each of the activities available to them, as well as learn about the Gold Award process. Beginning October 1, 2021 all Girl Scout Seniors and Ambassadors must complete the Gold Award for Teens tutorial on gsLearn prior to submitting a Gold Award proposal.

How to get started: To opt in to participate in the teen courses, girls must complete the short survey linked below.

Note: girls must fill out the survey with their OWN email address. Parent and troop leader emails are already linked to gsLearn accounts designed for adult

volunteers.

Questions? Please email goldaward@gscnc.org

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Program Partners

Spy Girls Fancy Girl Tea Parties

Who: All Levels

When: May 2, 2021 4:30pm - 5:30pm

Where: Virtual

What: Need ideas to spend your cookie money, end of year party of just something super fun for the girls? This fast paced, hand's on fun for the young detective, future spy, soon to be college girl or world traveler. Recommended for older girls or younger girls with an adult.

We'll cover:

- Hiding in plain sight, blending in, disguises
- Observation skills, gathering information
- Conveying information with codes
- Gadgets to help hide messages, money and valuables
- Girls will learn how to make a Book Safe, Rock with hidden container, Personal Care products with secret hiding spots and Reversible Hat. Limited Space.

Hosted by Fancy Girl Tea Parties.

Fee: \$12-\$40



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Trailblazing Badge

Who: Cadettes

When: May 8, 2021 11:00am - 1:00pm

Where: Lake Accotink Park Springfield, VA

What: Satisfies most of the requirements to earn the badge. See site's website for details. This title allows online group registration.

Fee: \$16

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Farm to Table

Who: Brownies, Juniors, and Cadette

When: May 15, 2021 11:00am - 12:00pm

Where: Olney Farmers Market Olney, MD

What: We will learn how to shop at Farmers Markets for fresh fruits and veggies.

We will review how to prepare your recipe for the Veggie Cakes Boutique

Contest using the fresh fruit & veggies that you chose at the market. We will

learn about reading labels, pairing 100% whole grains w fruits & veggies /

sustainability.

*Please bring your Veggie Cakes Boutique Mix with you to the market if we are

lucky we may be able to make a few whole grain blueberry pancakes at market!

You may purchase Veggie Cakes 100% Whole Grain Baking Mix / \$12.99 on our

web site at: Pouches – Veggie Cakes Boutique which will lead you to our

Amazon store at: www.amazon.com/shops/veggiecakesmix.

Healthy Baking Contest www.veggiecakes.us You will be submitting the recipe

you used with fresh raw fruit and veggies, on the “Kids PG” and pictures with

your finished product. “Sustainability!”

Recipes – Veggie Cakes Boutique (Code to obtain recipes is 0930)

Winner will receive a \$25.00 Amazon Gift Certificate at the end of April for participation and can share their baked treats with friends and family!

Introducing Dr. Robert Post Dr. Robert Post a PhD- A former USDA official who helped oversee the transition from food pyramid to my plate- as a senior director for nutrition and regulatory affairs... Dr. Post – who has also served as nutrition advisor to First Lady Michelle Obama and collaborator on the Healthy Hungry Kids Act and White House Lets Move! Dr Post is on our advisory Board Team with CEO, Lowry Martin of Veggie Cakes Boutique, to offer the Girl Scouts workshops that focus on, “Living Your Best Healthier Life, Mind and Body

Fee: Free

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Every Girl Can Conference - Girls Soaring in STEM

Who: Brownies, Juniors, and Cadettes

When: May 22, 2021 10:00am - 2:30pm

Where: Virtual

What: Connect with us for a half-day of #STEMtastic fun & learning to help girls soar and shine. Be inspired by phenomenal women in #STEM. Learn from their stories of success and challenges, hands-on activities, discussion/Q &A forums, a STEM Pep Talk & school/career success tips.

Fee: Free

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Bugs Badge

Who: Brownies

When: May 29, 2021 1:00pm - 2:00pm

Where: Virtual

What: Creepy crawlies are not so creepy once you get to know them.

Fee: \$15

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Creek Exploration

Who: Daisies, Brownies, Juniors, and Cadettes

When: June 5, 2021 1:00pm - 3:00pm

Where: Hope Valley Farm Knoxville, MD

What: Splash and explore Hope Valley's creeks and ponds to discover all the life in and around water. This hands-on, interactive, engaging experience will allow girls to be scientists for a day and investigate the stream ecosystem. Fun patch included, space limited for social distancing.

Fee: \$15

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Beach Sarong, Beach Sunhat & Flip Flop Sewing Camp

Who: Juniors, Cadettes, Seniors, and Ambassadors

When: June 16, 2021 10:00am - 3:00pm

Where: Cupcakes and Lace Sewing Studio Aldie, VA

What: Have blast making all things beach and pool themed! Sew your own beach sarong skirt/coverup, paint and decorate your own sunhat and embellish your own brand new pair of flip flops! Drop off/pick up camp. Class size is limited to 6 kids. Wear a mask to class. Pack a nut free bag lunch. We are

reader voted TOP summer camps in Nova Magazine for 2021!

Fee: \$72

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Live Virtual Program: In Fabergé's Workshop

Who: Daisies, Brownies, Juniors, and Cadettes

When: Contact to Schedule

Where: Virtual

What: Hillwood's most popular Girl Scout program goes virtual!

Our virtual version of In Fabergé's Workshop brings a dynamic and engaging experience directly to your Girl Scouts through live video chat, led by a trained museum educator.

Girl Scouts actively participate in playful games and create their own drawings, as they explore Hillwood's sumptuous jewelry, glittering treasures, and magnificent art from the comfort of their own homes.

This program meets most of the requirements for the Junior Jeweler badge and the program activities are age appropriate and engaging for Daisy, Brownie, Junior, and Cadette girls.

Fee: \$10

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Annearrundell County Free School Museum

Who: Juniors

When: Contact to Schedule

Where: Davidsonville, Maryland

What: A tour can be designed to meet requirements for the "Playing the Past" Girl Scout Badge especially information on women, period costumes, toys and

games, and experiences learning as children did in 1723 without books, paper, or writing tools and as children did in the 1800's with McGuffey Readers and slates. At this time during the pandemic only small numbers are permitted in the schoolhouse at one time because of its limited square footage.

Fee: Free

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Volunteer Opportunities

[National Service Project: Citizen Science](#)

Who: All Levels

What: How can you play a part in solving some of the biggest problems facing our planet? Enter citizen science, where volunteers help scientists collect data for their studies and experiments. Anyone can be a citizen scientist—all you need is curiosity and a willingness to help!

This summer, your troop can contribute to important scientific research by participating in one of our Girl Scouts Give Back citizen science projects. We've partnered with SciStarter, an online citizen science community, to help get you going!

Here's how your troop can make a difference:

- Choose either the Great Sunflower Project (for girls of all ages) or the Globe at Night project (for Cadettes, Seniors, and Ambassadors) to create an account for your troop on SciStarter.
- Read the project's instructions on your SciStarter dashboard and gather the

needed tools and materials.

- Collect data for the project using the recommended tools and materials, and log the data using your SciStarter dashboard.

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Upcoming Events

Taste the World — Puerto Rico

Who: All Levels

When: May 22, 2021 9:00am – 10:30am

Where: Virtual

What: Join USA Girl Scouts Overseas for another delicious cooking class in our Taste the World program series! At least once a month, we will feature a Chef or Home Cook, teaching us how to create a dish from their country. The host will share stories about their country and their culture as they guide you through how to prepare the dish du jour.

During this session, Willmarie, Puerto Rican Staff Member with Girl Scouts, Hornets' Nest Council and Evelyn, owner of Punto Rico, a food truck in Charlotte, North Carolina (US) will teach us how to make Sorullitos de Maiz (appetizer), Tembleque (dessert), and time permitting, Coquito (drink). Our mouths are already watering just thinking about it!

Here's what to expect after you sign up:

- A list of ingredients and supplies needed to prepare the course will be sent 1-2 weeks prior to the event to the email address provided during registration.
- A confirmation email with Zoom connection details will be sent 1-2 days prior to the event to the email address provided during registration.
- We will record the class. The recording and recipe will be sent within 1-week after the program so that you will always be able to recreate the dish!
- If you would like a patch or apron (medium or long length), those can be purchased separately from our Overseas Girl Scout World Shop.

Fee: Instead of charging a set fee for these programs, we are asking for donations to support USA Girl Scouts Overseas. The suggested minimum is \$5.00 per participant. However, any amount is acceptable and appreciated.

