

girl scouts
nation's capital
Journey Planner



DAISY
GRADES
K-1

Between
EARTH
and
SKY

IT'S YOUR PLANET—LOVE IT!
A Leadership Journey



Between Earth and Sky

Journey Planner for Leaders



This booklet is a guide to help troop leaders complete a Journey while still participating in traditional Girl Scout events and earning petals and leaves. These activities are categorized by:

Traditions—Combine Girl Scout traditions throughout the year with Journey activities.

Earn It!—Earn the Journey awards by completing these activities.

Petal/Leaf Connections—Complement the theme and lessons of the Journey.

Enrichment—Add value to the experience.

Healthy Habits—Use the Healthy Habits Journey companion booklet to help girls lead an active, healthy lifestyle while completing the Journey. Booklets can be downloaded from www.gscnc.org.

This information is divided into seasons to help you plan your year. Read through the entire booklet before you mark your calendars. Some activities may take longer than one meeting, and some activities are to be done outside of the troop meeting. Check with your girls as you get ready for each activity. See if they have already done something similar in school. If they have, encourage them to reflect on it with the troop, count it towards their requirements, and move on to the next part of the Journey.

The best tools for girls and adults on their Journey adventure are *How to Guide Girl Scout Daisies Through Between Earth and Sky** (adult guide) and *It's Your Planet-Love It! A Leadership Journey Between Earth and Sky** (Journey book). The adult guide has prompts to help leaders guide their troop, and the Journey book has stories, activities, and space for girls to add their reflections as they progress along the Journey.

To complete the *Between Earth and Sky* Journey, girls must earn three awards: the Blue Bucket; the Firefly; the Clover. The Blue Bucket and Firefly Awards prepare girls for their Take Action Project, which leads to the Clover Award. The requirements for each award can be found on p. 14-15 in the adult guide.

In this booklet you will find the requirements for each award on the following pages:

Blue Bucket Award—p. 2

Firefly Award—p. 4

Clover Award—p. 5

Be sure to attend your monthly service unit meetings. These meetings are an opportunity to learn how other troops use the Journeys. Consider celebrating Girl Scout traditions together as a service unit.

*Girl Scouts of the USA on an ongoing basis reviews the content of the Journey books. Please check the GSUSA Program Section online (<http://www.girlscouts.org/program/journeys/>) and select the Journey series to see if there are any updates. Corrections or changes will be noted in the "Resource Box." Please note that the majority of Journey books have no corrections.



FALL

Introducing the Journey's Theme

On this Journey, girls take a trip with their flower friends across the country by reading the story "A Road Trip to Remember" found in the Journey book. Through role-playing girls explore their feelings and develop skills to educate and inspire others in their community to join with them to protect local natural treasures through their **Take Action Project**. To start this Journey, refer to p. 43-44 in the adult guide. Daisies spend the year earning petals that represent the Girl Scout Law. Learning the Promise is a big component. Start your first meeting by learning the Girl Scout Promise. Requirements for earning the Promise Center can be found on p. 8 in the *Daisy Girl's Guide to Girl Scouting*. This is a good time to introduce the Girl Scout Law.

At this time, introduce the Healthy Habits booklet that can be used with the Journey. Introduce the girls to the concepts of Energy Balance, Energy In, and Energy Out. A more detailed explanation for these concepts can be found on p. 4 in the Healthy Habits booklet.



How We're Feeling *Earn It!*

This is the first of two activities that must be completed to earn the **Blue Bucket Award**. Directions for this activity can be found on p. 48 and 59-60 in the adult guide. Girls explore all the different feelings they might have and begin to identify when others are feeling a certain way.

Role-Playing *Earn It!*

This is the second activity that must be completed to earn the **Blue Bucket Award**. Directions for this activity can be found on pp. 45-46, 52-53, and 59 in the adult guide. Girls take part in role-playing activities that encourage them to resolve conflicts, negotiate, and be considerate of others. Encourage girls to identify the different feelings that arise in each scenario. To incorporate outdoor activities into role-playing, refer to Activity 2 found on p. 7 in the Healthy Habits booklet.

Considerate and Caring *Petal Connection*

Girls can earn this petal by practicing being considerate and caring towards others. Read Chapter 1 in "A Road Trip to Remember" found on pp. 6-18 in the Journey book and identify ways the characters are being considerate and caring. Girls can role-play different scenarios to demonstrate the best ways to be considerate and caring.



Investiture or Rededication Ceremony *Tradition*

This ceremony, held in October or November, is a time to welcome new members, girls or adults, into the Girl Scout family for the first time, and to allow current members to renew their commitment to the Girl Scout Promise and Law. New members receive their Girl Scout pin at this time.

For the ceremony, consider focusing on the law of being considerate and caring. Girls could role-play ways to be considerate and caring or draw a picture of themselves practicing the law. At this time, girls can earn the Promise Center by reciting the Girl Scout Promise and stating what that means to them. Requirements for earning the Promise Center can be found on p. 8 in the *Daisy Girl's Guide to Girl Scouting*.

Fall Product Sale Program Tradition

The Fall Product Sale program is a Council-sponsored program that combines educational activities with money-earning opportunities for troops. Directed toward family and friends, this program helps troops earn startup money by selling magazine subscriptions, nuts, and candy. The program runs from mid-September to mid-October.

Money Counts Leaf Connection

Girls can earn this badge by identifying coins and paper money and understanding the value of each. Girls can also choose an activity and find out how much it costs, or decide to use the money from Fall Product Sales towards their **Take Action Project**. As girls meet friends and family during the Fall Product Sale program, they can practice counting money and share the story of their Journey and how they are going to use the money they earned.

Founder's Day Tradition

Juliette Gordon Low's Birthday (October 31)

The founder of Girl Scouts, Juliette Gordon Low, was born on October 31. Troops often celebrate her birthday. Read the story about Juliette Gordon Low in the *Daisy Girl's Guide to Girl Scouting* on p. 12. Juliette liked to be outside exploring her world. Girls can role-play their favorite outdoor activity and identify words that describe how they feel when they are doing that activity. If your troop does not have time to make this a standalone event, you could do this during your troop meeting closest to the birthday. Consider having a celebration with other troops in your service unit.



Encampment or Fall Camping Trip

Tradition/Earn It!

Under the leadership of a camp certified adult, a Daisy troop may participate in an occasional overnight camping experience. Check with your fellow leaders or service unit manager to see if an encampment is planned in your area. If not, consider teaming up with other Daisy troops to plan one. Camping trips are a great opportunity to work on Journeys.

If your girls are not ready to camp overnight, consider going to a Girl Scout camp or a local park for an afternoon. This first step in the progression of outdoor skills will prepare girls for longer camping adventures!

This Journey provides many opportunities for Daisies to get outside and explore. The following activities can be found in the adult guide to get girls moving and exploring the environment around them: Taking a Walk, Outdoors or In found on pp. 46-47, Which One Is Mine? found on p. 47, Science Time: The Sweet Smell of Soil found on p. 53, and A Walk in Nature to Find Colors found on pp. 53-54. For additional ideas refer to the Healthy Habits booklet Activity 2 found on p. 5 and Activity 1 and 2 found on p. 6.

Science Time: How Plants Drink and Feast of Plant Parts Enrichment

Directions for this activity can be found on pp. 58-59 in the adult guide. Girls water a plant and discuss how the plant might feel to receive a nice cold drink. Girls also identify the different parts of a plant and think of foods they eat that come from the different parts.



WINTER

Cookie Program Tradition

The Cookie program takes off in the winter and is a wonderful opportunity for girls to make their Journey efforts public. Not only does good customer service mean girls are interacting with new people, it also means that girls develop leadership skills by learning about their products and making decisions about customizing their sale. Cookie booth sales can be a time for girls to share how their cookie proceeds can support their Journey **Take Action Project**.

See if there's a *Cookie College* or *Cookie Rally* event happening in your area. These events are a fun way to get together with other troops in the community to practice sales scenarios and build excitement and confidence.

Count It Up Leaf Connection

To earn this badge, girls find out how much cookies cost, identify the different kinds of cookies, and set a sales goal. As girls meet customers during the Cookie program, they can tell them about their **Take Action Project**, or other Girl Scout activities, and how the money they earn will go back to the community.

Paying Attention to Our Skills Earn It!

As girls continue to read Chapters 2 and 3 in "A Road Trip to Remember," they begin to focus on each character's skills. Girls identify their own skills and begin to recognize the skills of others. To complete the **Firefly Award** girls choose one skill that they can teach, either at home or in their community. Refer to pp. 69, 72-73, and 76-77 in the adult guide for further directions.



DC Step Showcase Tradition

Show off your new skills through the art form of step. Your troop could choreograph a show highlighting new skills your girls have learned through their Journey. The DC Step Showcase is held in late winter or early spring; be sure to sign up and start practicing early. If you would like to learn more about the style of step and get some ideas for routines, check out videos from past years' shows on the Girl Scouts Nation's Capital YouTube page—<https://www.youtube.com/user/GSCNC>.

World Thinking Day (February 22)

Tradition/Petal Connection

Team up with your service unit to celebrate World Thinking Day together. Consider working on the Be a Sister to Every Girl Scout petal. Your troop could create a mural of pictures of girls in other countries. Help your troop learn about the experiences of Girl Guides in one of the countries from Vi's story—what are they called? How do they say the Promise and Law? Consider offering a snack that is common in that country.



SPRING

Healthy Habits and the Journey Spring into some fun and healthy living.

There are many ways to introduce healthy living into your troop meetings and Journey. Providing healthy snacks and playing active games with the girls is already part of *Between Earth and Sky*. Read pp. 76, 80, and 86 in the adult guide and p. 15 in the Healthy Habits booklet for some fun snack ideas.

Thinking Ahead To A Great Clover Project

Earn It!

As your troop finishes the **Firefly Award**, girls begin working towards the **Clover Award**. To earn the Clover Award girls must complete a **Take Action Project**. Finish reading Chapters 4, 5, and 6 in "A Road Trip to Remember" so girls can begin to think about local natural treasures in their community. Refer to pp. 82-83 in the adult guide to help guide girls as they decide how to use their skills to protect a local treasure.



Girl Scout Week

Tradition

Girl Scout Week is celebrated each March, starting with Girl Scout Sunday and ending with Girl Scout Sabbath on Saturday. The week includes the Girl Scout Birthday, March 12. Girl Scout Sunday and Girl Scout Sabbath give girls an opportunity to attend their place of worship and be recognized as Girl Scouts. Girls can host an informational table and talk about Girl Scouts and their Journey. Girls can earn the My Promise, My Faith pin by completing the steps listed on p. 20 in the *Daisy Girl's Guide to Girl Scouting*. Other religious recognitions can be earned through faith-based programs.

Visit http://www.praypub.org/partner_gsusa.htm for a list of programs that correspond with each girls' faith.

A Walk in Nature to Find Textures

Enrichment

This outdoor activity gives girls the opportunity to discover all the different textures that can be found in nature. Directions for this activity can be found on pp. 80-81 in the adult guide. Girls can also use foods to discover different textures. Refer to Activity 1 found on p. 12 in the Healthy Habits booklet for examples of different textured foods.

Bridging Tradition

As your Girl Scout year comes to an end, it is time to celebrate all of your troop's accomplishments. By combining a bridging ceremony with a Journey award ceremony, girls share with friends and family members their Journey experiences from the year. Check with your service unit team to see if other troops would be interested in having a joint awards ceremony.



A bridging ceremony celebrates the progress from one level in Girl Scouts to the next. Daisies who have completed first grade can Bridge to Brownies. Requirements for the Bridge to Girl Scout Brownie award can be found in the *Daisy Girl's Guide to Girl Scouting* on pp. 22-23.

Consider presenting your **Take Action Project** as part of the bridging ceremony. Girls can create posters telling about their project and display words and deeds from their blue bucket. Directions for these ideas, and more, can be found on pp. 87, 94, and 95 in the adult guide.

Take pictures of your celebration. You can post your photos and a short description on Girl Scout Nation's Capital Facebook page: [Facebook.com/GSCNC](https://www.facebook.com/GSCNC).

SUMMER

Sleep-Away Camps and Day Camps Tradition

Our Council offers many opportunities for girls to enjoy sleep-away camp and day camps. Camp registration opens up in January, so let your troop parents know about the option early. Daisies who have completed kindergarten may independently participate at day camp and in sleepaway camp experiences lasting up to three nights. Daisies who have completed first grade may independently participate in sleepaway camp experiences lasting four or more nights.

While at camp, girls can earn petals, learn songs and games, and discover new stories and friends. Find out what girls did at camp to see how they grew as leaders, and compare their completed camp activities with those in the Journey. Have them talk about their experiences at your first troop meeting in the fall.

Getting girls together over the summer can be tricky. But if you are able to meet consider working on a petal and other activities from the Journey.



Use Resources Wisely Petal Connection

Now that girls have experience protecting a local natural treasure, introduce them to using other resources wisely to help protect other natural treasures. Girls will read Clover's story and make something using old things. Girls practice being resourceful and acquire skills that will be sustainable the rest of their lives.

Science Time: Stone Light, Stone Bright!

Enrichment

Directions for this activity can be found on p. 70 in the adult guide. This activity can be done indoors or at a local park with a creek or stream. Girls will use their observation skills to note the difference between wet stones and dry stones.











A Walk in Nature to Find Shapes Enrichment

Directions for this activity can be found on p. 71 in the adult guide. Girls will make a list of shapes and then head outdoors to see if they can find the shapes in nature. This activity can be done as a troop or girls can do this over the summer with their families and friends.

Salt, Water, and You Enrichment

Directions for this activity can be found on p. 61 in the Journey book. This activity is great for the beach, or can be simulated at your troop meeting. Girls discover the power of salt in making things float or sink. Girls can practice their observation and measurement skills.

Community Journey Resources for Between Earth and Sky:

-  **National Cherry Blossom Festival**
<http://www.nationalcherryblossomfestival.org/>
In the spring consider attending the National Cherry Blossom Festival to connect girls with Japanese culture as well as the friendship between Japan and the United States. This is a great opportunity to learn about trees that are not native and how they survive out of their natural habitat.
-  **Smithsonian National Museum of Natural History**
<http://www.mnh.si.edu/>
Girls can explore live butterflies and plants year-round.
-  **United States Botanic Garden**
<http://www.usbg.gov/>
This indoor facility allows girls to observe plants from around the world year-round. Learn about their special properties and their many uses to people.
-  **Fairfax County Park Authority**
<http://www.fairfaxcounty.gov/parks/>
Girls can visit a park for a day hike to explore different plants and their shapes and textures. If you do not live in Fairfax County, check your county's park system for parks and trails near you.
-  **Rock Creek Park**
<http://www.nps.gov/rocr/index.htm>
Rock Creek Park offers many hiking trails and picnic areas for visitors to enjoy the outdoors.
-  **Rock Creek Conservancy**
<http://www.loc.gov/bookfest/>
This organization protects and revitalizes Rock Creek Park. Several times a year they plan volunteer working days to help get rid of invasive plants and clean up trash. Be sure to check their calendar to see when and where the next work day is.
-  **Hillwood Estate, Museum and Gardens**
<http://www.hillwoodmuseum.org/>
Girls can see something growing year-round at Hillwood Estates. Tours are available. Check the website for further details.
-  **Dumbarton House**
<http://dumbartonhouse.org/>
Girls can visit the East Garden and the Herb Garden. The East Garden features native plants to the Washington, DC area. Self-guided tours are available.
-  **Summers Farm**
<http://summersfarm.com/>
Girls have the opportunity to explore agriculture at a real working farm. They will meet the farmers and learn how a pumpkin develops from seed to fruit; understand what role bees play in growing food; view a real beehive; visit farm animals; and learn what food products are made from the crops grown on the farm.
-  When preparing for a Girl Scout activity, always begin with the Safety Activity Checkpoints to determine if the activity is appropriate for your level of girls.