



girl scouts nation's capital

Journey Planner

IT'S YOUR WORLD—CHANGE IT!
A LEADERSHIP JOURNEY

WELCOME
to the

DAISY

Flower Garden

DAISY
GRADES
K-1



The
Girl
Scout
Daisy
Experience

Enjoy
your
travels
along a
Leadership
Journey—
add
on all the
side trips
you want!



Welcome to the Daisy Flower Garden Journey Planner for Leaders

This booklet is a guide to help troop leaders complete a Journey while still participating in traditional Girl Scout events and earning petals and leaves. These activities are categorized by:

Traditions—Combine Girl Scout traditions throughout the year with Journey activities.

Earn It!—Earn the Journey awards by completing these activities.

Petal/Leaf Connections—Complement the theme and lessons of the Journey.

Enrichment—Add value to the experience.

This information is divided into seasons to help you plan your year. Read through the entire booklet before you mark your calendars. Some activities may take longer than one meeting, and some activities are to be done outside of the troop meeting. Check with your girls as you get ready for each activity. See if they have already done something similar in school. If they have, encourage them to reflect on it with the troop, count it towards their requirements, and move on to the next part of the Journey.

The best tools for girls and adults on their Journey adventure are *How to Guide Girl Scout Daisies Through Welcome to the Daisy Flower Garden** (adult guide) and *It's Your World-Change It! A Leadership Journey Welcome to the Daisy Flower Garden** (Journey book). The adult guide has prompts to help leaders guide their troop, and the Journey book has stories, activities, and space for girls to add their reflections as they progress along the Journey.

To complete the *Welcome to the Daisy Flower Garden Journey*, girls must earn three awards: Watering Can, Golden Honey Bee, and Amazing Daisy. The Watering Can Award prepares girls for their Take Action Project, which leads to the Golden Honey Bee Award. The final award is the Amazing Daisy Award. The requirements for each award can be found on pp. 10-11 in the adult guide.

In this booklet you will find the requirements for each award on the following pages:

Watering Can Award—p. 2

Golden Honey Bee Award—p. 4

Amazing Daisy Award—p. 5

Be sure to attend your monthly service unit meetings. These meetings are an opportunity to learn how other troops use the Journeys. Consider celebrating Girl Scout traditions together as a service unit.

*Girl Scouts of the USA on an ongoing basis reviews the content of the Journey books. Please check the GSUSA Program Section online (<http://www.girlscouts.org/program/journeys/>) and select the Journey series to see if there are any updates. Corrections or changes will be noted in the "Resource Box." Please note that the majority of Journey books have no corrections.

Have a
wonderful
Journey!

FALL

Introducing the Journey's Theme

On this Journey, girls explore planting, growing, and the positive values of the Girl Scout Law.

To start this Journey, refer to p. 36-37 in the adult guide.

Daisies spend the year earning petals that represent the Girl Scout Law. Learning the Promise is a big component.

Start your first meeting learning the Girl Scout Promise.

Requirements for earning the Promise Center can be found on p. 8 in the *Daisy Girl's Guide to Girl Scouting*.

This is a good time to introduce the Girl Scout Law. On this Journey girls learn to be "responsible for what they say and do" and "make the world a better place" through their

Take Action Project.

Investiture or Rededication Ceremony

Tradition

This ceremony, held in October or November, is a time to welcome new members, girls or adults, into the Girl Scout family for the first time, and to allow current members to renew their commitment to the Girl Scout Promise and Law. New members receive their Girl Scout pin at this time.

For the ceremony, focus on any laws the girls have learned. Girls could act out the laws or draw pictures of themselves practicing the laws. At this time, girls can earn the Promise Center by reciting the Girl Scout Promise and stating what that means to them. Requirements for earning the Promise Center can be found on p. 8 in the *Daisy Girl's Guide to Girl Scouting*.

Attend a service unit meeting and talk with other leaders about how they did an investiture or rededication ceremony. Consider planning a service unit-wide ceremony. Read p. 24-25 in the adult guide to learn more about Girl Scout traditions and ceremonies.

Use Resources Wisely Petal Connection

If you plan on using recycled materials in the mini gardens, consider working on this petal before you start! Read Clover's Story and consider visiting a local garden or farmer's market. Ask how they recycle or reuse things from the summer to get ready for fall and winter plantings. For example, do they reuse pots, do old plants get thrown out or composted, etc.? Ask if they would be willing to donate any items they no longer need (pots, soil, etc.).

Responsible for What I Say and Do

Petal Connection

Once girls have planted their mini gardens discuss ways to be responsible for their plants (watering the plants, making sure they get enough sun). Read Mari's story found in the *Daisy Girl's Guide to Girl Scouting* and discuss how girls are going to be responsible for their mini gardens.



Turn Up the Drama Enrichment

Daisies love to move around while they learn. As you read each chapter in the Journey book have girls act out the story. Directions for this activity can be found on p. 41 in the adult guide.

Fall Product Sale Program *Tradition*

The Fall Product Sale program is a Council-sponsored program that combines educational activities with money-earning opportunities for troops. Directed toward family and friends, this program helps troops earn startup money by selling magazine subscriptions, nuts, and candy. The program runs from mid-September to mid-October.

Making Choices *Leaf Connection*

To earn this leaf, girls learn the difference between things they want and things they need. Girls set a goal and plan how to save money for the things they need or want. This is a good opportunity to discuss saving money in order to help others through a **Take Action Project**.

Encampment or Fall Camping Trip

Tradition/Petal Connection

Under the leadership of a camp certified adult, a Daisy troop may participate in an occasional overnight camping experience. Check with your fellow leaders or service unit manager to see if an encampment is planned in your area. If not, consider teaming up with other Daisy troops to plan one. Camping trips are a great opportunity to work on Journeys.

If your girls are not ready to camp overnight, consider going to a Girl Scout camp or a local park for an afternoon. This first step in the progression of outdoor skills will prepare girls for longer camping adventures!

While at camp or a park, girls can work on the Honest and Fair petal. A fun way to work on this petal is through games. Refer to pp. 46-47 in the adult guide for game ideas related to the Journey. As the girls play, encourage them to be honest and fair so that everyone has a good time.



Founder's Day *Tradition/Enrichment*

Juliette Gordon Low's Birthday (October 31)

The founder of Girl Scouts, Juliette Gordon Low, was born on October 31. Troops often celebrate her birthday. Read the story about Juliette Gordon Low in the *Daisy Girl's Guide to Girl Scouting* on p. 12 and p. 6 in the Journey book. Juliette enjoyed climbing trees and swinging from vines. She also liked all kinds of animals. Play the game found on p. 44 in the adult guide. Girls will pretend to be critters found in a garden. If your troop does not have time to make this a standalone event, you could do this during your troop meeting closest to the birthday. Consider having a celebration with other troops in your service unit.

WINTER

Cookie Program *Tradition*

The Cookie program takes off in the winter and is a wonderful opportunity for girls to make their Journey efforts public. Not only does good customer service mean girls are interacting with new people, it also means that girls develop leadership skills by learning about their products and making decisions about customizing their sale. Cookie booth sales can be a time for girls to share how their cookie proceeds can support their Journey

Take Action Project.

See if there's a *Cookie College* or *Cookie Rally* event happening in your area. These events are a fun way to get together with other troops in the community to practice sales scenarios and build excitement and confidence.

Talk It Up *Leaf Connection*

To earn this leaf, girls decide how to use their cookie money and plan accordingly. As girls meet customers during the Cookie program, they can tell them about their **Take Action Project**, or other Girl Scout activities, and how the money they earn will go back to the community.

Take Action Project

Brainstorm *Earn It!*

To earn the **Golden Honey Bee Award**, girls will take action through a gardening project. To prepare girls for brainstorming ideas, read Chapter 4 in "Amazing Daisy and the Daisy Flower Garden." Use p. 67 in the adult guide to get started. Ideas for a **Take Action Project** can be found on pp. 62-63 in the adult guide.

Make the World a Better Place

Petal Connection

Consider working on this petal to help brainstorm ideas for the **Take Action Project**. Discuss different things the girls could do to make the world a better place. Then focus their attention on things they could do with flowers and plants to make the world a better place.

Great Gardens Take Time *Enrichment*

Directions for this activity can be found on p. 45 in the adult guide and pp. 62-63 in the Journey book. Throughout the Journey girls can design their own gardens based on gardens they see in their communities or their homes. Encourage girls to look through books and magazines for ideas. These works of art can be shared at your next ceremony.

DC Step Showcase *Tradition*

Show off your new skills through the art form of step. Your troop could choreograph a show highlighting new skills your girls have learned through their Journey. The DC Step Showcase is held in late winter or early spring; be sure to sign up and start practicing early. If you would like to learn more about the style of step and get some ideas for routines, check out videos from past years' shows on the Girl Scouts Nation's Capital YouTube page—<https://www.youtube.com/user/GSCNC>.

World Thinking Day (February 22) *Tradition*

Team up with your service unit to celebrate World Thinking Day together. The Daisy story features characters from around the world. Invite a teen or adult who grew up in another country to speak to your troop about her childhood and what Girl Scouting is like in her country. Refer to p. 38 in the adult guide for additional ideas and activities.



SPRING

Healthy Habits and the Journey

Spring into some fun and healthy living!

There are many ways to introduce healthy living into your troop meetings and Journey. Providing healthy snacks and playing active games with the girls is already part of *Welcome to the Daisy Flower Garden*. Read p. 27 in the adult guide for some additional healthy snack ideas.

What's in the Bag? *Enrichment*

Directions for this activity can be found on p. 68 in the adult guide. Girls are blindfolded and attempt to identify things that live in a garden. For a challenge, consider including some tools you would use in the garden.

Imitating Nature *Enrichment*

Directions for this activity can be found on p. 60 in the adult guide. Girls name some natural objects and describe characteristics of the object. Using their new knowledge girls attempt to imitate the object by either acting like the object or trying to look like the object. For a challenge, have girls play a game of charades where girls try to guess what object one of their fellow Girl Scouts is imitating.

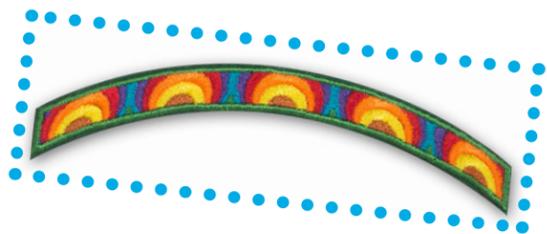
Secret Garden Stuff *Enrichment*

Directions for this activity can be found on p. 73 in the adult guide. This is a relay game that involves memory and language skills as well as running. Girls will describe a garden object for their teammates to guess.

Girl Scout Week *Tradition*

Girl Scout Week is celebrated each March, starting with Girl Scout Sunday and ending with Girl Scout Sabbath on Saturday. The week includes the Girl Scout Birthday, March 12. Girl Scout Sunday and Girl Scout Sabbath give girls an opportunity to attend their place of worship and be recognized as Girl Scouts. Girls can host an informational table and talk about Girl Scouts and their Journey. Girls can earn the My Promise, My Faith pin by completing the steps listed on p. 20 in the *Daisy Girl's Guide to Girl Scouting*. Other religious recognitions can be earned through faith-based programs.

Visit http://www.praypub.org/partner_gsusa.htm for a list of programs that correspond with each girls' faith.



Bridging *Tradition/Earn It!*

As your Girl Scout year comes to an end, it is time to celebrate all of your troop's accomplishments. By combining a bridging ceremony with a Journey award ceremony, girls share with friends and family members their Journey experiences from the year. Check with your service unit team to see if other troops would be interested in having a joint awards ceremony.

A bridging ceremony celebrates the progress from one level in Girl Scouts to the next. Daisies who have completed first grade can Bridge to Brownies. Requirements for the Bridge to Girl Scout Brownie award can be found in the *Daisy Girl's Guide to Girl Scouting* on pp. 22-23.

Consider presenting your **Take Action Project** as part of the bridging ceremony. Ideas for sharing the Journey can be found on p. 74 in the adult guide. Girls can also earn the last award, **Amazing Daisy**, by reciting the full Girl Scout Law. Be sure to read Chapter 6 in "Amazing Daisy and the Daisy Flower Garden" to complete the Journey.

Take pictures of your celebration. You can post your photos and a short description on Girl Scout Nation's Capital Facebook page: [Facebook.com/GSCNC](https://www.facebook.com/GSCNC).



SUMMER

Sleep-Away Camps and Day Camps *Tradition*

Our Council offers many opportunities for girls to enjoy sleep-away camp and day camps. Camp registration opens up in January, so let your troop parents know about the option early. Daisies who have completed kindergarten may independently participate at day camp and in sleepaway camp experiences lasting up to three nights. Daisies who have completed first grade may independently participate in sleepaway camp experiences lasting four or more nights.

While at camp, girls can earn petals, learn songs and games, and discover new stories and friends. Find out what girls did at camp to see how they grew as leaders, and compare their completed camp activities with those in the Journey. Have them talk about their experiences at your first troop meeting in the fall.

Getting girls together over the summer can be tricky. But if you are able to meet consider working on a petal and other activities from the Journey.

Garden Scamper *Enrichment*

Get outside and enjoy the sunshine as you keep the momentum of the Journey going. This activity allows girls to pretend to be animals. Start with animals that can be found in a garden and then challenge your girls with animals from other parts of the world such as lions, elephants, and kangaroos. Directions for this activity can be found on p. 53 in the adult guide.

The Daisies' Garden Party *Enrichment*

Girls can continue to learn about the different flowers they met in "Amazing Daisy and the Daisy Flower Garden." Consider hosting a garden party and decorating with real flowers, or make flowers from tissue paper and other supplies you find around the house. Encourage girls to use resources wisely as they decorate. Refer to p. 69 in the adult guide for a visual guide of how your garden party could look. If you plan on serving tea, look for some varieties that are made from flowers such as Chamomile, Hibiscus, and Clover.

Community Journey Resources for Welcome to the Daisy Flower Garden:

-  **National Cherry Blossom Festival**
<http://www.nationalcherryblossomfestival.org/>
In the spring consider attending the National Cherry Blossom Festival to connect girls with Japanese culture as well as the friendship between Japan and the United States. This is a great opportunity to learn about trees that are not native and how they survive out of their natural habitat.
-  **Smithsonian National Museum of Natural History**
<http://www.mnh.si.edu/>
Girls can explore live butterflies and plants year-round.
-  **United States Botanic Garden**
<http://www.usbg.gov/>
This indoor facility allows girls to observe plants from around the world year-round. Learn about their special properties and their many uses to people.
-  **Fairfax County Park Authority**
<http://www.fairfaxcounty.gov/parks/>
Girl can visit a park for a day hike to explore different plants and their shapes and textures. If you do not live in Fairfax County, check your county's park system for parks and trails near you.
-  **Rock Creek Park**
<http://www.nps.gov/rocr/index.htm>
Rock Creek Park offers many hiking trails and picnic areas for visitors to enjoy the outdoors.
-  **Rock Creek Conservancy**
<http://www.loc.gov/bookfest/>
This organization protects and revitalizes Rock Creek Park. Several times a year they plan volunteer working days to help get rid of invasive plants and clean up trash. Be sure to check their calendar to see when and where the next work day is.
-  **Hillwood Estate, Museum and Gardens**
<http://www.hillwoodmuseum.org/>
Girls can see something growing year-round at Hillwood Estates. Tours are available. Check the website for further details.
-  **Dumbarton House**
<http://dumbartonhouse.org/>
Girls can visit the East Garden and the Herb Garden. The East Garden features native plants to the Washington, DC area. Self-guided tours are available.
-  **Summers Farm**
<http://summersfarm.com/>
Girls have the opportunity to explore agriculture at a real working farm. They will meet the farmers and learn how a pumpkin develops from seed to fruit; understand what role bees play in growing food; view a real beehive; visit farm animals; and learn what food products are made from the crops grown on the farm.
-  When preparing for a Girl Scout activity, always begin with the Safety Activity Checkpoints to determine if the activity is appropriate for your level of girls.