

girl scouts
nation's capital



Journey Planner

Brownie
GRADES
2-3





Wonders of Water Journey Planner for Leaders

The following booklet is a guide to help troops complete a Journey while still participating in traditional Girl Scout events and earning badges. These activities are categorized by:

Traditions—Combine Girl Scout traditions throughout the year with Journey activities.

Earn It!—Earn the Journey awards by completing these activities.

Badge Connections—These badges complement the theme and lessons of the Journey.

Enrichment—These particular activities add value to the experience.

Healthy Habits—Use the Healthy Habits Journey companion booklet to help girls lead an active, healthy lifestyle while completing the Journey. Booklets can be downloaded from www.gscnc.org.

This information is divided into seasons to help you plan out your year. Read through the entire booklet before you mark your calendars. Some activities may take longer than one meeting, and some activities are to be done outside of the troop meeting. Check with your girls as you get ready for each activity to see if they have already done something similar in school. If they have, encourage them to reflect on it with the troop, count it towards their requirements, and move on to the next part of the Journey.

On this Journey, girls will explore the wonders of water by discovering the importance of water and how it is used around the world.

The best tools for girls and adults on their Journey adventure are *How to Guide Girl Scout Brownies Through WOW! Wonders of Water** (referred to as the adult guide) and *It's Your Planet—Love It! A Leadership Journey WOW! Wonders of Water** (referred to as the Journey book). The adult guide has prompts to help leaders guide their troop, and the Journey book has stories, activities, and space for girls to add their reflections as they progress along the Journey.

To complete the *Wonders of Water* Journey, girls must earn four awards: LOVE Water; SAVE Water; SHARE Water; WOW! The SAVE Water and SHARE Water Awards are the Take Action Project. The requirements for each award can be found on pp. 10-11 in the adult guide. Girls can record their progress using the Award Tracker found on pp. 107-108 in the Journey book.

In this booklet, you will find the requirements for each award on the following pages:

LOVE Water Award—p. 3

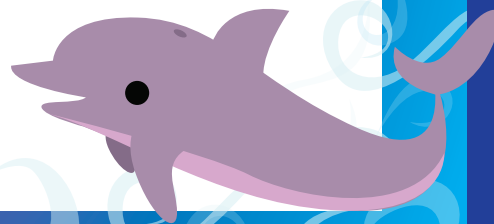
SAVE Water Award—p. 5

SHARE Water Award—p. 6

WOW! Award—p. 6

Be sure to attend your monthly service unit meetings. These meetings are an opportunity to learn how other troops use the Journeys. Consider celebrating Girl Scout traditions together as a service unit.

Have a wonderful Journey!



*Girl Scouts of the USA on an ongoing basis reviews the content of the Journey books. Please check the GSUSA Program Section online (<http://www.girlscouts.org/program/journeys/>) and select the Journey series to see if there are any updates. Corrections or changes will be noted in the "Resource Box" located on the right side of the page. Please note that the majority of Journey books have no corrections.

Fall



Introducing the Journey's Theme

On this Journey, girls will explore the wonders of water by discovering the importance of water and how it is used around the world. To start this Journey, leaders can refer to the activities found on pp. 43-45 in the adult guide. This is a good time to learn/review the Girl Scout Law. Focus on the line "use resources wisely." Ask girls what this means and if everyone does it. Point out any other lines from the Girl Scout Law that might be important as the girls explore the wonders of water.

At this time, you should introduce the Healthy Habits booklet that can be used with the Journey. Introduce the girls to the concepts Energy Balance, Energy In, and Energy Out. A more detailed explanation for these concepts can be found on p. 4 in the Healthy Habits booklet.



Household Elf ***Badge Connection/Earn It!***

To earn this badge, girls will learn how to make their homes clean and green. Girls will discover ways to save energy and water, and learn how to use water to make natural cleaning products. Girls will also learn the benefits of recycling. As girls complete the badge, have them identify how water is affected by not having a green home. Consider picking up trash along a river or lake in your community. At this time, girls can also make a water promise that meets the requirements for the **LOVE Water Award**.

Investiture or Rededication Ceremony

Tradition/Earn It!

Usually held in October or November, this ceremony is a time to welcome new members, girls or adults, into the Girl Scout family for the first time, and to allow current members to renew their commitment to the Girl Scout Promise and Law. New members receive their Girl Scout pin at this time.

During this ceremony, girls can incorporate what they have learned about the importance of water and how its use is connected to the Girl Scout Law. For example, girls could create a poster sharing two things they know and love about water, or each girl could share her information out loud. Girls can also incorporate the water promise they made while working on the Household Elf badge. By including these elements into the ceremony girls can earn the **LOVE Water Award**.

Attend a service unit meeting and talk with other leaders about how they did an investiture or rededication ceremony. Consider planning a service unit-wide ceremony. Read p. 21 in the adult guide to learn more about Girl Scout traditions and ceremonies.



Fall

Fall Product Sale Program

Tradition

The Fall Product Sale program is a Council-sponsored program that combines educational activities with money-earning opportunities for troops. The Fall Product Sale program is directed toward family and friends and enables troops to earn startup money by selling magazine subscriptions, nuts, and candy. The program runs from mid-September to mid-October.

Girls can consider conducting a survey of their customers to find out their favorite water activity and how they conserve water in their homes. Girls could also ask their customers their ideas for keeping water safe. This could give the troop inspiration for their **Take Action Project**.

Encampment or Fall

Camping Trip Tradition

Wrap up the fall with a troop camping trip or an encampment with other troops in your service unit. Check with your fellow leaders or service unit manager to see if an encampment is planned in your area. If not, consider teaming up with other troops to plan one. Camping trips are a great opportunity to work on Journeys and badges.

If you plan on working on the Journey at camp make the theme of your weekend "Building Awareness of Water in the World." To help you plan, use pp. 65-67 in the adult guide. If your troop has not already decided on a **Take Action Project**, do so at camp. Plan how you will carry out your efforts to save water and how you will inspire others to do the same. Use pp. 70-74 in the adult guide to get started.

Making Rainbows

Enrichment/Healthy Habits

Camp is the perfect place to play with water without making a big mess. Have girls read "One Sparkly Drop" found on pp. 6-11 in the Journey book. Girls can then make their own rainbows using the directions on pp. 46-47 in the adult guide. This activity can be combined with Activity 2 on p. 5 in the Healthy Habits booklet. Girls can make a rainbow salad by using fruits and vegetables for each color of the rainbow. Eating colorful fruits and vegetables is one way to get Energy In.



Founder's Day

Tradition (October 31)

Juliette Gordon Low's Birthday

The founder of Girl Scouts, Juliette Gordon Low, was born on October 31. Troops often choose to celebrate her birthday. Read one of the many stories about Juliette Gordon Low in the *Brownie Girl's Guide to Girl Scouting* on pp. 10-12. Point out how Low was an advocate for

girls and how she took a positive risk in starting an organization just for girls. Connect her story to the "LOVE, SAVE, SHARE" story found on pp. 72-73 in the adult guide. Encourage girls to be advocates for water and to think of ways their troop can save water. If your troop does not have time to make this a standalone event, you could do this during your troop meeting closest to the birthday. Consider having a celebration with other troops in your service unit.

Hiker Badge Connection

If your campsite is near a body of water, plan a hike along the shore. Using a map key girls can locate the body of water and plan how they will get there. Girls will also need to plan what to wear, pack a healthy snack, and bring plenty of water. As girls hike along the shore, have them identify all the things that rely on water to survive.

Encourage girls to pick up any trash along the way to help keep pollutants out of the water.



Winter



Preparing to **SAVE** Earn It!

Hold a Brownie brainstorm to help the girls choose a **SAVE** project. To start the discussion, use the questions on p. 70 in the adult guide. To plan the project, the girls should read “Saving and Protecting Water” found on pp. 56–59 in the Journey book. Then fill out the project description template on p. 71 of the adult guide.



Cookie Program Tradition

The Cookie program takes off in the winter and is a wonderful opportunity for girls to make their Journey efforts public. Not only does good customer service mean girls are interacting with new people, it also means that girls develop their leadership skills by learning about their products and making decisions about customizing their sale. Cookie booth sales can be a time for girls to share how they will use cookie proceeds to support their Journey **Take Action Project**.

See if there's a *Cookie College* or *Cookie Rally* event happening in your area. These events are a fun way to get together with other troops in the community to practice sales scenarios and build excitement and confidence.

To prepare girls for the Cookie program use the activity “Communicate It!” found on pp. 78–79 and 81 in the adult guide.

World Thinking Day

Tradition (February 22)

Team up with your service unit to celebrate World Thinking Day together. Have girls read pp. 48–53 in the Journey book which talks about how we use water. Girls can choose a country and research how the people there get their water, what they use it for, and if there are any issues concerning their water sources. Girls can create a display showing what they discovered. Girls can also do Activity 2 found on p. 9 in the Healthy Habits book.



DC Step Showcase Tradition

Tell your story through the art form of step. Your troop could choreograph a show demonstrating the water cycle, the importance of water in our world, or showing all the ways we can protect water. Though the DC Step Showcase is usually held in the late winter or early spring, be sure to sign up and start practicing early. If you would like to learn more about the style of step and get some ideas for routines, check out videos from past years' shows on the Girl Scouts Nation's Capital YouTube channel at <https://www.youtube.com/user/GSCNC>.

Let It Snow Enrichment

On p. 15 of the Journey book, girls learn about the water cycle. Review the water cycle again with the girls and ask them about their favorite form of precipitation—perhaps it is snow! Take the girls outside when it is snowing or there is a decent amount of snow on the ground and make snow angels, snowmen, or forts. After their fun, explain that working to save water means they are also working to save snow.

Meet My Customers

Badge Connection

To earn this badge, girls will identify potential customers and role-play selling products to them. They will also practice handling money, brainstorming ways to say thank you to the customers, and sharing information about their **Take Action Project**.



Spring

Snacks Badge Connection/ Healthy Habits

To earn this badge, girls will practice making healthy snacks. They will have the opportunity to make savory and sweet snacks. Additional snack ideas can be found in the Healthy Habits booklet on p. 6 and in the Journey book on pp. 55, 87, and 111.



Healthy Habits and the Journey Enrichment

Girls have been working hard over the winter so now is the time to spring into some fun and healthy living. You have already done some of the activities from the Healthy Habits booklet, but there are still a lot of healthy snacks and fun activities you can complete at your troop meetings.



Pass It On Earn It!

As your troop finishes the **SAVE Water Award** girls should begin working towards the **SHARE Water** and **WOW! Awards**. The requirements for the **SHARE Water Award** can be found on pp. 88-89 and 92 in the adult guide. Girls will decide who to share their newly learned water conservation tactics with and how to tell others about their **Take Action Project**. They can create a poster, flyers, or put on a puppet show to express their commitment to save water. To get them started, have them read pp. 95-98 in the Journey book.



Bridging Earn It!/Tradition

As your year comes to an end, it is time to celebrate all of your troop's accomplishments. By combining a bridging ceremony with a Journey award ceremony, girls will be able to share with friends and family members the hard work they have done throughout the year. Check with your service unit team to see if other troops would be interested in

having a joint awards ceremony.



A bridging ceremony celebrates the transition from one

level in Girl Scouting to the next. Requirements for the Bridge to Girl Scout Junior award can be found in the *Brownie Girl's Guide to Girl Scouting* on pp. 40-41.

If you have not already shared your **Take Action Project** consider incorporating it into the bridging ceremony. Girls can also earn the last award, **WOW!**,

by creating a painting of their favorite water activity or something they have learned about water on their Journey. Art work can be displayed at the ceremony or girls can describe their art work to show what they have learned. Directions for this activity can be found in the Healthy Habits booklet on p. 12 and in the adult guide on p. 84.



Take pictures of your celebration. You can submit your photos and a short description to our Public Relations department at www.gscnc.org.picturesearch.html, or post on www.facebook.com/GSCNC.

Girl Scout Week Tradition

Girl Scout Week is celebrated each March, starting with Girl Scout Sunday and ending with Girl Scout Sabbath on Saturday. The week always includes the Girl Scout Birthday, March 12. Girl Scout Sunday and Girl Scout Sabbath give girls an opportunity to attend their place of worship and be recognized as Girl Scouts. Girls can host an informational table and talk about Girl Scouts and their Journey. Girls can earn the My Promise, My Faith pin by completing the steps listed on p. 37 in the *Brownie Girl's Guide to Girl Scouting*. Other religious recognitions can be earned through faith-based programs.

Visit http://www.praypub.org/partner_gsusa.htm for a list of programs that correspond with each girls' faith.

Girl Scout Day at the National Air and Space Museum Tradition

This program is usually held in March, and has an emphasis on STEM (science, technology, engineering, and mathematics). There are many women role models who present and host activity booths. This event can be a great opportunity to find out how water is used in air and space.



Summer



Sleep-Away Camps and Day Camps Tradition

Our Council offers many opportunities for girls to attend sleep-away camp and day camps. Camp registration usually opens in January so let your troop parents know about the option early! While at camp, girls can earn badges, learn songs and games, and discover new stories to tell. Find out what girls did at camp to see how they grew as leaders, and compare their completed camp activities with those in the Journey. Have them talk about their experiences at your first troop meeting in the fall.

Getting girls together over the summer can be tricky. But if you are able to meet consider working on a badge and other activities from the Journey.

Talking About Tea

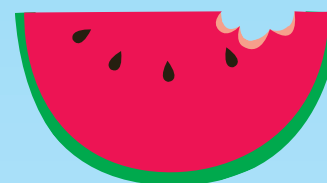
Healthy Habits

Directions for this activity can be found on pp. 54-57 in the adult guide and p. 6 in the Healthy Habits booklet. For this activity, girls can have a tea party and discover the many different types of tea consumed around the world. Discuss how some teas have healing properties. Many people around the world drink tea everyday, which requires clean water. Remind girls to follow their water promise and maybe add a new one to the list.

Gathering Water

Enrichment

The hot summer months have a way of making us really appreciate water. Learn about saving water and role-play the effort it takes to gather water. Have girls read "A Wide World of Water Vessels" and "No More Heavy Lifting" on pp. 49-50 in the Journey book. Then follow the instructions for the water carrying activity on p. 65 of the adult guide.



Potter

Badge Connection

To earn this badge, girls will learn about clay and how to make it into pottery. Girls can visit the Smithsonian National Museum of the



American Indian to see many examples of pottery, and how clay vessels were used to carry and store water. Girls can also visit a potter's studio and learn about the tools needed to create elaborate pottery pieces.



WOW!

Community Journey Resources for *Wonders of Water*

Smithsonian National Museum of the American Indian

<http://nmai.si.edu/>

Visit this museum to help earn the Potter badge and learn about different vessels used to carry water.

CraftWorks at Cool Springs

<http://www.wvcraftworks.org/>

To learn more about water, attend a program at CraftWorks at Cool Springs. This Program Partner has a unique Shenandoah Wet Prairie Marsh with 18 rare West Virginia plants.

Lincoln Caverns

<http://lincolncaverns.com/>

Work on your *Wonders of Water* Journey... underground! Girls can explore how powerful water can be when it shapes our Earth.

Schooner Woodwind

<http://www.schoonerwoodwind.com/>

Explore and learn about the Chesapeake Bay while earning this Journey. While on a classic wooden schooner, girls learn how the Chesapeake impacts the local area.

The Franklin Institute

<https://www.fi.edu/>

The *Changing Earth* exhibit shows girls how everything we use takes water to make it. The exhibit also shows water in its many cycles.

Kenilworth Aquatic Gardens

<http://www.nps.gov/keaq/>

In this Journey, you learned about wetlands and water eco-systems. Visit the Kenilworth Aquatic Gardens in Washington, DC to see unique water plants and animals.

Calleva*

<http://www.calleva.org/>

Adventures on the river, trail, or farm can found at Calleva. Consider visiting Calleva to learn more about river ecology and even go on a rafting trip.

Terrapin Adventures*

<http://www.terrapinadventures.com/>

Terrapin Adventures offers girls the opportunity to participate in kayaking and river tubing which gives girls the opportunity to get up close and personal with water around them.

Water Utility

Tour a water utility to learn how wastewater is treated. Contact your local water utility for more options and exciting events for your troop to explore while completing this journey!

