

# Congressional Aide FAQ



## The Application

- **When does the application open?**
  - January 5, 2026
  - <https://gscnc.jotform.com/program/2026-congressional-aide-shadowing-p>
- **When is my application due?**
  - April 10, 2026 at 11:59PM
- **What does the application look like?**
  - It's a survey with short response and informational questions.
  - You will also need to upload your resume and two letters of recommendation.
- **What can I do to prepare?**
  - You should also start working on your resume and letters of recommendation. Ask people to write your letters far in advance so that you'll have them in time.
  - When working on your resume, ask for help! College/career counselors at your school can help you get started or look over what you already have.
- **Who can apply?**
  - GSCNC Girl Scouts in grades 10-12 .
- **Does everyone who applies get to participate in the program?**
  - No. This is a competitive process - we have a limited number of placements, and we get more applicants than we can place.
  - However, we make an effort to engage all Girl Scouts who are interested in the legislative process. If you apply and aren't selected, we may contact you with other opportunities to get involved!
- **How do you decide who is selected?**
  - We take into account your whole application, including your short answers, your resume, and your letters of recommendation.
  - Once all of the applications are scored, if there is a tie in points, the tie will go to the Girl Scout in the higher grade. 10th and 11th graders can apply again, whereas a 12th grade would only be able to participate this year.
- **I have very limited availability in the summer. Will that hurt my chances?**

We don't count it against you in your application. There's always a possibility of a scheduling issue, but it's easiest to avoid that by listing your availability honestly in the application. That way, we're better able to find the right placement for you.

If we cannot place you because of a scheduling issue, apply again next year! You will have priority in getting a placement.

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## The Program

- **What is Congressional Aide?**
  - It's a week-long internship in a congressional office for Ambassador Girl Scouts from GSCNC. This opportunity is exclusive to our council, and it's a great chance to learn first-hand about our nation's political process.
- **When is Congressional Aide?**
  - Summer - Each Girl Scout who is selected spends one week in the program. Offices participate in various weeks throughout the summer - we work with your schedule.
- **Where will I be working?**
  - In a House or Senate office. After you are selected, we'll let you know which office you'll be working in.
- **Can I choose which party I will work with?**
  - Congressional Aide is a non-partisan program. In accepting a placement, you agree that you may be placed in any congressional office, regardless of your political beliefs.
- **Who will I work with?**
  - The other people in your office! You will work closely with your office's intern coordinator. Many participants also meet the Senator or Representative they are working for.
- **What kind of work will I be doing?**
  - There's plenty of work to get done in Congress, so you could do anything! A lot of the work is administrative - answering phones or emails, filing papers, sorting through mail, and the like. Some offices will have you taking notes or writing letters and speeches. You might also get the chance to attend policy meetings, lectures, and hearings.
- **I'm working on my Silver Trefoil. Does Congressional Aide give me hours?**
  - Yes! Congressional Aide counts as federal hours for the Silver Trefoil Award.
- **I've been selected, but my program doesn't start until summer. What do I do now?**
  - First, you'll attend a mandatory orientation for Congressional Aide. We'll talk more about what to expect during your time on Capital Hill.
  - At orientation, you'll receive your placement information. We'll tell you what office you're working with and give you their contact information.
  - After orientation, send an email to the contact for your office. Ask them any questions you want to know and find out what to expect on your first day.
  - Congratulate yourself! This isn't always an easy process, so be proud of what you've accomplished and get excited for your placement!
- **I have another question not listed here. Who do I ask?**
  - Contact [congressionalaide@gscnc.org](mailto:congressionalaide@gscnc.org)