

Girl Scout Week Activity Resources

March 9th - 15th, 2025

Sunday March 9th

Spirit Sunday

Girl Scout Week is a time when we shout our Girl Scout pride from the rooftops! The first day of GS Week is all about showing your Girl Scout Spirit!



Monday March 10th

Affirmation Monday

Kick off Girl Scout Week with a focus on positivity and self-confidence! It's a day to celebrate the power of words—uplifting yourself and others through affirmations that inspire courage, kindness, and resilience. Affirmation Monday is all about spreading encouragement and Girl Scout spirit!



Tuesday March 11th

Troop Tuesday

Troop Tuesday is all about celebrating the heart of Girl Scouting—your troop! It's the perfect time to reflect on the adventures you've shared, show appreciation for your troop leaders, and strengthen the friendships that make your Girl Scout journey unforgettable.



Wednesday March 12th

Girl Scout Birthday

Join us in celebrating and honoring the Girl Scout Movement. We observe Girl Scouts' birthday on March 12th. Girl Scouts' birthday commemorates the day in 1912 when Juliette Gordon Low officially registered the first 18 Girl Scouts in Savannah, Georgia.



Thursday March 13th

Thankful Thursday

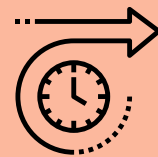
Thankful Thursday is a day to reflect on gratitude and show appreciation for the people who support and inspire you. Let's spread the spirit of thankfulness and celebrate the connections that make Girl Scouting so special.



Friday March 14th

Flash Forward Friday

Flash Forward Friday is all about dreaming big and looking ahead to the future! Take time to set goals, envision the impact you want to make, and reflect on how your Girl Scout journey prepares you for what's next. Today is about celebrating your potential and the bright future ahead.



Saturday March 15th

Service Sunday

Wrap Up Girl Scout Week with a focus on giving back and making the world a better place. It's a day to put the Girl Scout Promise and Law into action through acts of kindness and community service. Service Sunday is all about showing how even small actions can make a big difference.



Submit your
completed Girl Scout
Week Challenge Cards!



Spirit Sunday



Complete one of the three activities' listed to be eligible for the Girl Scout Week 2025 commemorative Patch

Invite a friend who is not currently a Girl Scout to your next Girl Scout event

Everything is better with friends, especially Girl Scouts! Invite your friends to attend a Girl Scout with you that they might be interested in. Whether it's a overnight camp out, STEM experiment or service project sharing the fun with friends makes it even better!

Host a Girl Scout Birthday party and decorate to highlight your favorite things about Girl Scouts

Celebrate with birthday cake, party games, and more. Invite your sister Girl Scouts and friends who are not yet Girl Scouts. Ask guests to bring a birthday gift to donate to a local charity.

Make SWAPs to share (also known as Special Whatchamacallits Affectionately Pinned Somewhere)

These are small tokens of friendship that Girl Scouts exchange with one another, and each SWAP uniquely reflects a fellow Girl Scout, their troop, or a memory of a special event. They're a great way to share stories and get to know Girl Scouts from across the country and the world.

Affirmation Monday



Complete one of the three activities' listed to be eligible for the Girl Scout Week 2025 commemorative Patch

Give a compliment share a smile and say thank you throughout your day

Sounds too simple, right? But sometimes the simple gestures that cost you nothing to give away have the biggest impacts. Simply making it a point to smile is an easy way to pass on a bit of kindness and friendliness in your troop meetings, on field trips, and beyond.

Do a good turn and encourage others in your community to do the same

The Girl Scout slogan is "Do a good turn daily." The slogan, which has been used since 1912, is a reminder that Girl Scouts can make a difference in big and small ways. That can be as big as making a sustainable change through a highest award project or as small as keeping a bedroom clean,

Make an Affirmation Jar

Start by finding a jar or container and decorating it with colors, stickers, or designs that make you smile. Then, cut pieces of paper into small slips and write uplifting affirmations on each one—these can be words of encouragement, inspiring quotes, or positive reminders. Fold the slips and place them in the jar. Whenever you or a family member need a boost, simply pull out an affirmation to brighten your day!

Troop Tuesday



Complete one of the three activities' listed to be eligible for the Girl Scout Week 2025 commemorative Patch

Host a Girl Scouts Celebrate Faith Event to highlight your Troop's faith connections

Girl Scout Week is a time when we shout our Girl Scout pride from the rooftops! It's also a time when many troops celebrate the connections between Girl Scouting and their faith, learn more about other faiths, and thank faith partners for their support throughout the year. Girls can join in the festivities on three specially designated dates (or a day of your choosing): Girl Scout Sunday: Sunday, March 9, 2025
Girl Scout Jummah: Friday, March 14, 2025
Girl Scout Sabbath/Shabbat: Friday, March 14 – Saturday, March 15, 2025

Learn more about the first Girl Scout Troop, formed on this day in 1912 in Savannah Georgia

At a time when women in the United States couldn't yet vote and were expected to stick to strict social norms, encouraging girls to embrace their unique strengths and create their own opportunities was game-changing. That small gathering of girls over 100 years ago ignited a movement across America where every girl could unlock her full potential, find lifelong friends, and make the world a better place.

Make Friendship/Troop Bracelets to celebrate the special bonds within your Girl Scout troop!

Gather colorful beads, embroidery floss, or yarn in your favorite colors. Choose a simple pattern like braiding, knotting, or stringing beads to create unique designs. As you craft, think about the friendships you've built and the memories you've shared. You can even personalize each bracelet with colors or charms that represent your troop. Once finished, exchange bracelets with your troopmates as a symbol of your connection and Girl Scout sisterhood!

Birthday Wednesday



Complete one of the three activities' listed to be eligible for the Girl Scout Week 2025 commemorative Patch

Show your Girl Scout Pride by wearing your uniform or Girl Scout shirt to School or work

Take a picture of your Girl Scout Outfit and tag GSCNC on social media. Who knows, maybe you will be chosen to be featured on one of GSCNCs social media channels!



Share your favorite Girl Scout Memory on Social Media with the #gsbday2024

Reduce, reuse, recycle, as the saying goes. Recycling is often the first thing that comes to mind when people think about going green. However, different localities have different rules for recycling - research the rules in your community and get to work!

Research historical Girl Scout Badges utilize the Council's archival and historical resources

Girl Scouts has a rich history and that includes the many badges that Girl Scouts have earned over the years. Learn more about GSCNC's history with the Time Traveler patch or the Girl Scout History Project.

Thankful Thursday



Complete one of the three activities' listed to be eligible for the Girl Scout Week 2025 commemorative Patch

Work towards your My Faith My Promise Pin as you explore the Girl Scout Law and its connection to faith

The My Promise, My Faith pin invites Girl Scouts to experience a faith journey by exploring the connections between the Girl Scout Law and teachings from their faith. This pin can be earned each year. Requirements for this pin are included in The Girl's Guide to Girl Scouting for all levels. Resources are available for both younger and older Girl Scouts.

Get Outside and complete an activity from the Girl Scouts Love the Outdoors Challenge

You don't need access to a national park or the woods to enjoy the outdoors! It doesn't matter if you're becoming a rockstar at rock climbing or making a splash in the puddles around your neighborhood - just get outside and have fun!

Celebrate Thankful Thursday by sharing what you're grateful for on social media!

Think about a person, experience, or moment that has made a positive impact on your Girl Scout journey. Snap a photo or write a heartfelt post, and don't forget to include the hashtag #GSBDAY2025 to join Girl Scouts everywhere in spreading gratitude. Your post might inspire others to reflect on what they're thankful for, too!

Flash Forward Friday



Complete one of the three activities' listed to be eligible for the Girl Scout Week 2025 commemorative Patch

Write a letter to your elected local official about an issue you care about

Think about something you'd like to see changed. Once you have an idea, you need to identify who can help you make the change! Once you know who can help, write a letter that details the problem and outlines a potential solution. Be specific and explain why this issue is important to you.

Pursue the Mental Wellness Patch Program and learn more about mental health

Mental health encompasses emotional and psychological health—it impacts how we think, feel, and act. Everyone has a state of mental health, just as everyone has a state of physical health. Learn how you can stay mentally healthy.

Learn more about the United Nation's Global Goals and how to earn your Girl Scout Global Action award

The United Nations has identified 17 important global problems to work on. By learning more about them, connecting with others who care, and then taking action in your community and beyond, you can play an important role in healing our world and creating a better tomorrow for all of us. Plus? You'll earn a special award.

Service Saturday



Complete one of the three activities' listed to be eligible for the Girl Scout Week 2025 commemorative Patch

Plan a Take Action or Community Service Project that addresses an issue within your local community

Community service projects make the world a better place right now. Whether your girls engage in a short-term community service project, their work fills an immediate need in the community. Take Action projects —also called service learning—take community service to the next level as a Take Action project addresses the root of an issue and creates a lasting effect.

Gather birthday party supplies, like boxed cake mix and decorations, and donate them to your local food pantry

Everyone enjoys celebrating their birthday but they might not always have what they need to do so. Collect supplies like cake mix, frosting, candles, a disposable cake pan, a tablecloth, plates, cups and utensils, party hats and favors, balloons, a Happy Birthday banner, invitations and thank you cards - so someone in need can have a birthday bash!

Collect recyclable materials in your community and deliver them to a drop off center

Reduce, reuse, recycle, as the saying goes. Recycling is often the first thing that comes to mind when people think about going green. However, different localities have different rules for recycling - research the rules in your community and get to work!

Resource Links

Troop Thursday - March 11th

Activity 1

<https://www.girlscouts.org/en/footer/faith/celebrate-faith-event.html>

Activity 2

<https://www.girlscouts.org/en/discover/about-us/history.html>

<https://www.girlscouts.org/en/discover/about-us/history/juliette-gordon-low.html>

<https://www.gscnc.org/content/dam/gscnc-redesign/documents/Time%20Traveler%20Patch%20Program.pdf>

Birthday Wednesday - March 12th

Activity 3

<https://www.gscnc.org/content/dam/gscnc-redesign/documents/Time%20Traveler%20Patch%20Program.pdf>

<https://gshistory.com/category/badges/>

Thankful Thursday - March 14th

Activity 1

https://www.girlscouts.org/content/dam/girlscouts-gsusa/forms-and-documents/about-girl-scouts/gs-and-faith/Faith_Handout_EnglishDescription.pdf

Activity 2

<https://www.girlscouts.org/en/activities-for-girls/for-every-girl/girl-scouts-love-the-outdoors-challenge.html>

Flash Forward Friday - March 15th

Activity 2

<https://www.girlscouts.org/en/activities-for-girls/for-every-girl/mental-wellness-patches.html#unlock>

https://www.girlscouts.org/content/dam/gsusa/forms-and-documents/activity-zone/all-ages-levels/GSUSA_Resilient-Ready-Strong_Activity-Guide.pdf

https://www.girlscouts.org/content/dam/gsusa/forms-and-documents/activity-zone/all-ages-levels/23_GSUSA_MentalWellness_Knowing-My-Emotions-Facilitator-Guide.pdf

https://www.girlscouts.org/content/dam/gsusa/forms-and-documents/activity-zone/all-ages-levels/23_GSUSA_MentalWellness_Finding-My-Voice-Facilitator-Guide.pdf

https://www.girlscouts.org/content/dam/gsusa/forms-and-documents/activity-zone/all-ages-levels/23_GSUSA_MentalWellness_Showing-Up-For-Me-and-You-Facilitator-Guide.pdf

Activity 3

https://www.girlscouts.org/content/dam/gsusa/forms-and-documents/members/global/documents/GSUSA_Global-Action-Award-2023-Activity-Guide-DBJ.pdf

<https://www.girlscouts.org/en/members/for-girl-scouts/ways-to-participate/global-girl-scouts/global-action-award.html>

Service Sunday - March 16th

Activity 1

<https://www.girlscouts.org/en/activity-zone/national-service-projects.html>

Activity 2

<https://www.triedandtruebytrista.com/girl-scout-service-project/>

<https://www.pioneertribune.com/articles/girl-scouts-create-birthday-kit-donations/>

<https://www.cbsnews.com/colorado/news/girl-scout-troop-birthday-kits-food-pantry/>

Activity 3

<https://www.girlscouts.org/en/our-stories/girl-scouts/gold-award/gold-award-girl-scout-breaking-the-cycle-of-improper-recycling.html>

https://dpw.dc.gov/sites/default/files/dc/sites/dpw/page_content/attachments/DC%20Recycling%20Fact%20Sheet.pdf