

Girl Scout Week Activity Resources

March 8th-14th 2026

Sunday March 8th

Spirit Sunday

Girl Scout Week is a time when we shout our Girl Scout pride from the rooftops! The first day of GS Week is all about showing your Girl Scout Spirit!



Monday March 9th

Affirmation Monday

Kick off Girl Scout Week with a focus on positivity and self-confidence! It's a day to celebrate the power of words—uplifting yourself and others through affirmations that inspire courage, kindness, and resilience. Affirmation Monday is all about spreading encouragement and Girl Scout spirit!



Tuesday March 10th

Troop Tuesday

Troop Tuesday is all about celebrating the heart of Girl Scouting—your troop! It's the perfect time to reflect on the adventures you've shared, show appreciation for your troop leaders, and strengthen the friendships that make your Girl Scout journey unforgettable.



Wednesday March 11th

Wisdom Wednesday

From building new skills to life-changing discoveries, share something useful or meaningful you learned from a Girl Scout adventure—and how it shaped the way you see yourself or the world around you.



Thursday March 12th

Girl Scout Birthday

Join us in celebrating and honoring the Girl Scout Movement. We observe Girl Scouts' birthday on March 12th. Girl Scouts' birthday commemorates the day in 1912 when Juliette Gordon Low officially registered the first 18 Girl Scouts in Savannah, Georgia.



Friday March 13th

Flash Forward Friday

Flash Forward Friday is all about dreaming big and looking ahead to the future! Take time to set goals, envision the impact you want to make, and reflect on how your Girl Scout journey prepares you for what's next. Today is about celebrating your potential and the bright future ahead.



Saturday March 14th

Service Saturday

Wrap Up Girl Scout Week with a focus on giving back and making the world a better place. It's a day to put the Girl Scout Promise and Law into action through acts of kindness and community service. Service Sunday is all about showing how even small actions can make a big difference.



Submit your
completed Girl Scout
Week Challenge Cards!



Contact: rmurphy@gscnc.org or jhadsell@gscnc.org

Spirit Sunday



Complete one of the three activities listed to be eligible for the Girl Scout Week 2026 commemorative Patch

Kind Words in the Wild

Write a short, genuine compliment on a sticky note (or say it out loud) to someone you don't know well—like a cashier, bus driver, teacher, or custodian—and notice how it shifts the moment.

Small Help, Big Impact

Offer a quick helping hand to someone nearby: hold a door, help carry bags, shovel a short walkway, or help a neighbor bring in groceries—no big commitment, just showing up.

Gratitude Drop

Leave a thank-you note or send a short message to someone in your community (librarian, crossing guard, coach, or neighbor) to acknowledge something they do that often goes unnoticed.

Affirmation Monday



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Monday Motivation Share

Choose a favorite quote about confidence, kindness, or perseverance and post it online or write it down to share with someone who might need it.

One-Friend Boost

Send a quick text to a friend telling them something specific you appreciate about them or wishing them luck for the week ahead.

Positive Notes Chain

Write down one positive thought and pass it along—leave it on a desk, in a backpack, or share it in a group chat to keep the good vibes going.

Troop Tuesday



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Buddy Check-In

Text, call, or message another Girl Scout to ask how their week is going and if there's one small way you can support them.

Digital Cookie Cheer

If you're in season, send a 'cheer' through Digital Cookie to encourage a fellow Girl Scout and celebrate their efforts.

Support Swap

Pair up and each share one goal for the week—then check back in at the end of the week to offer encouragement or celebrate progress together.

Subheading

Wisdom Wednesday



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Adventure Reflection

Think about a Girl Scout experience—trip, project, event, or challenge—that taught you something useful or meaningful. Write a few sentences or share out loud what you learned and why it mattered.

Skill to Real Life

Choose one skill you learned through a Girl Scout adventure (problem-solving, teamwork, confidence, planning, etc.). Share one way you've used—or could use—that skill in your everyday life.

Then & Now

Reflect on how you felt before a Girl Scout adventure and how you felt afterward. Share one way the experience helped you grow, change your perspective, or try something new.

Girl Scout Day



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Gear Up & Share

Wear your favorite Girl Scout gear (vest, sash, troop tee, hoodie, pins, or patches) and talk with your troop, family, or friends about why it's meaningful to you.

Patch Story

Choose one patch, pin, or piece of Girl Scout gear you're wearing and share the story behind it—how you earned it or what it represents.

Celebrate Your Pride

Take a photo or draw a picture of yourself in your Girl Scout gear and write one sentence about what being a Girl Scout means to you. (Sharing on social media is optional.)

Flash Forward Friday



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Goal Chat

Pick one goal—big or small—that excites you and tell a friend about it. Ask them what goals they're working on too!

Write It Down

Write your goal on a sticky note or in a journal and share it with a friend. Bonus: let them write one of their own goals too.

Goal Support Swap

Share your goal with a friend and ask how they might cheer you on. Offer to do the same for their goal to help each other stay motivated.

Service Saturday



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Shelter Support

Volunteer at a local animal shelter, food pantry, or community center for an hour and help out with tasks like organizing, cleaning, or serving.



Neighborhood Help

Offer to help a neighbor with yard work, carrying groceries, or small household tasks—simple acts make a big difference.



Kindness Project

Collect items to donate (clothes, food, books, or toys) and deliver them to a local shelter or organization in need.

Submission Details



After completing one activity from everyday of the week, use this JotForm to submit your challenge sheet no later than April 15th, 2026.



<https://gscnc.jotform.com/program/girl-scout-week-commemorative-patch>