Be bold. Be brave.

RAISE *YOUR* HAND

When Girl Scout Junior Alice noticed that boys were aggressively participating in activities at a school fair, she started to worry that girls were fading into the background. Now, Alice has a message for girls everywhere to help them have more confidence, step up and become leaders: Girl Scouts Raise Your Hand. Here's how you can get involved:

1 Sign **the pledge below** to commit to raising your hand in class.

2 **Recruit three girls** (they don't have to be Girl Scouts!) to take the pledge.

3 Tell us how raising your hand **made you feel.** Take a picture showing us how you raise your hand, and email it to programaa@gscnc.org.

4 Visit our Girl Scout shop and purchase a Raise Your Hand **participation patch.**

Girls are typically called on less in class than boys–so it's important to teach them to get their hands up!
American Association of University Women 1992

The confidence gap starts between elementary school and high school, girls' self-esteem drops 3.4 times more than boys'.
American Association of University Women 1991

How do I incorporate Raise Your Hand into my troop meeting?

The Raise Your Hand campaign can be a great way to help your girls empower themselves to succeed in school and in life. Try using the following discussion questions to start a conversation on confidence, and close by having your girls read out loud and sign the Raise Your Hand pledge on the back of this flyer. And, there is a participation patch available in the Girl Scout shop.

🌀 Do you think girls tend to be more quiet than boys in school? If so, why do you think that is?

🌀 Has there been a time when you were afraid to raise your hand in class because you weren't sure you had the right answer?

🌀 Did you know that in co-ed learning environments, boys receive more praise than girls when they call out in class? How does this make you feel?

🌀 What are some ways we can work on feeling confident in school?

girl scouts
nation's capital

I pledge...

to be

BOLD

*to be **brave***

and to

RAISE MY
HAND

in class

sign here